

WORKBOOK

1 Write the names of the foods.

Fruit

- 1. Lemons
- 2. Oranges
- 3. Apples
- 4. Bananas

Vegetables

- 5. Lettuce
- 6. Broccoli
- 7. Potatoes
- 8. Carrots

Grains

- 9. Rice
- 10. Cereal
- 11. Bread
- 12. Integral Cookie

Fats and oils

- 13. Butter
- 14. Oil

Dairy

- 15. Milk
- 16. Cheese

Meat and other proteins

- 17. Chicken
- 18. Beans
- 19. Nut
- 20. Fish



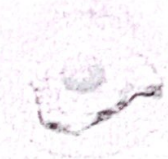
2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



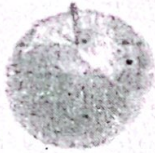
1. This is a banana.



2. This is a pasta.



3. This is an egg.



4. This is an apple.

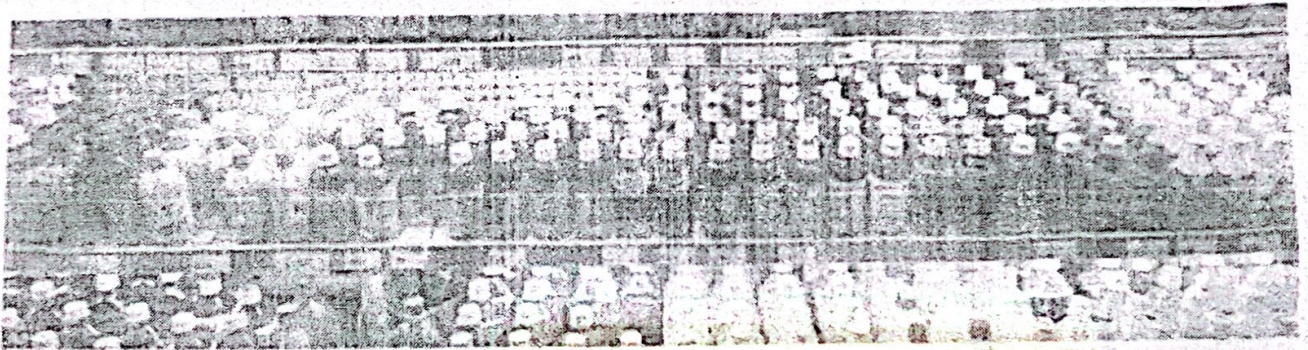


5. This is a ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apples, I like kiwi, I dislike pear

3. vegetables

I like lettuce, I like potatoes, I dislike Broccoli

4. meat and other proteins

I like chicken, I like beans, I dislike fish

5. dairy

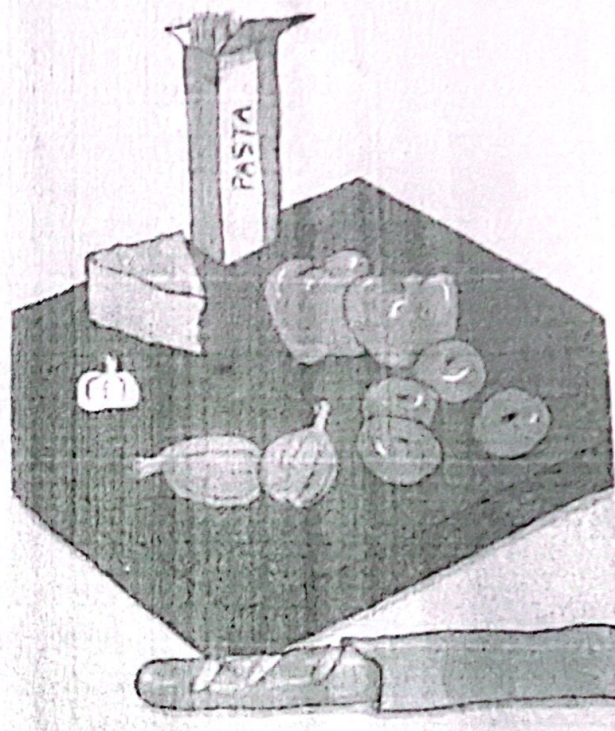
I like milk, I like yogurt, I dislike cheese

6. grains

I like rice, I like cereal, I dislike bread

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too. → Ajo
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.

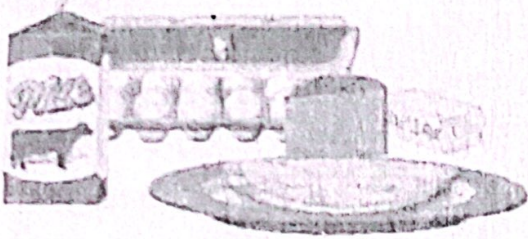


2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs, and cheese. You don't need any lemons.



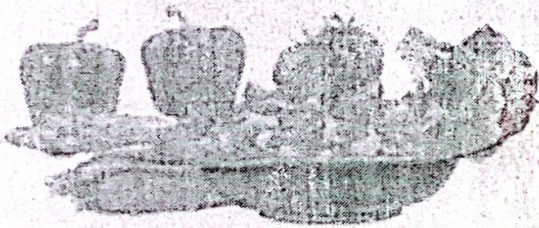
2. a chicken sandwich

You need some chicken, bread, lettuce, chicken, and tomato. You don't need any sausages.



3. chicken soup

You need some chicken, water, pasta, lemon, carrot. Don't need any egg or veg.



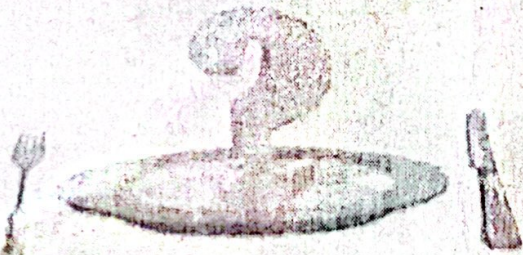
4. a vegetable salad

You need some lettuce, tomato, bread, carrot and chilly pepper. You don't need any chicken.



5. a fruit salad

You need some banana, apple, orange and strawberry. You don't need any tomato. You don't need any fish.



6. your favorite food

You need some peanut butter, and a banana or strawberry. You don't need any lemons.

6 Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people never eat pasta in Mexico.

3. In China, people put sugar in their tea. (hardly ever)

In China, people hardly ever put sugar in their tea.

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their tea.

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for breakfast.

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffee.

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have salad for breakfast.

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people in South Korea always eat pickled vegetables for breakfast.

B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit.

I sometimes make drinks with chocolate.

2. I always make food (such as pasta) (rarely)

I never make tea.

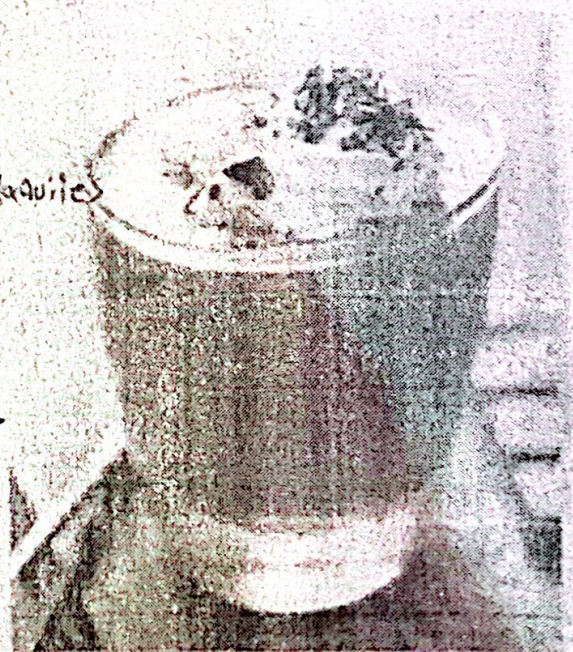
I never put milk in my tea.

I rarely eat fish for breakfast.

I always put cream on my coffee.

I never have salad for breakfast.

I always eat vegetables for breakfast.



7

Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I always have milk in the fridge
- 3. coffee I hardly ever drink coffee
- 4. eggs I usually have eggs for breakfast
- 5. beef I sometimes eat beef
- 6. rice I usually buy rice
- 7. beans I hardly ever eat beans
- 8. cereal I always eat cereal

8

Answer the questions with your own information.

- 1. What's your favorite kind of food?
My favorite food is Mexican
- 2. What's your favorite restaurant?
My favorite restaurant is Papa John's
- 3. What do you usually have at your favorite restaurant?
I usually eat chilaquiles
- 4. Do you ever cook?
Yes, I do
- 5. What's your favorite snack?
My favorite snack is cookies.



Chinese food



Mexican food



Italian food