

WORKBOOK

1 Write the names of the foods.

Fruit

- 1. lemons
- 2. Oranges
- 3. Apples
- 4. Bananas

Vegetables

- 5. Lettuce
- 6. Broccoli
- 7. Potatoes
- 8. Carrots

Grains

- 9. Rice
- 10. Cereal
- 11. Bread
- 12. Integral cookies

Fats and oils

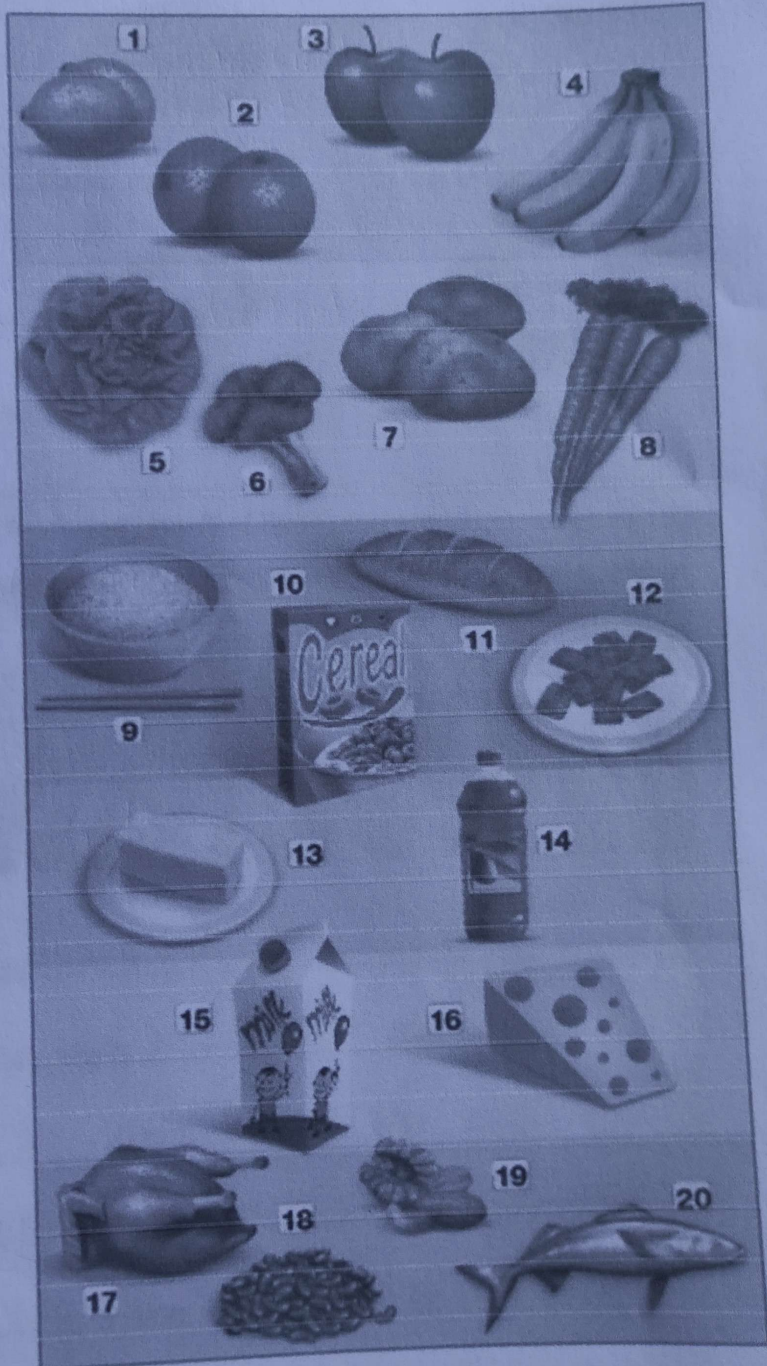
- 13. Butter
- 14. oil

Dairy

- 15. Milk
- 16. chese

Meat and other proteins

- 17. chicken
- 18. Beans
- 19. Nut
- 20. Fish



chi

**2** Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



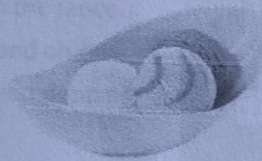
2. This is a pasta.



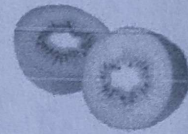
3. This is an egg.



4. This is an apple.

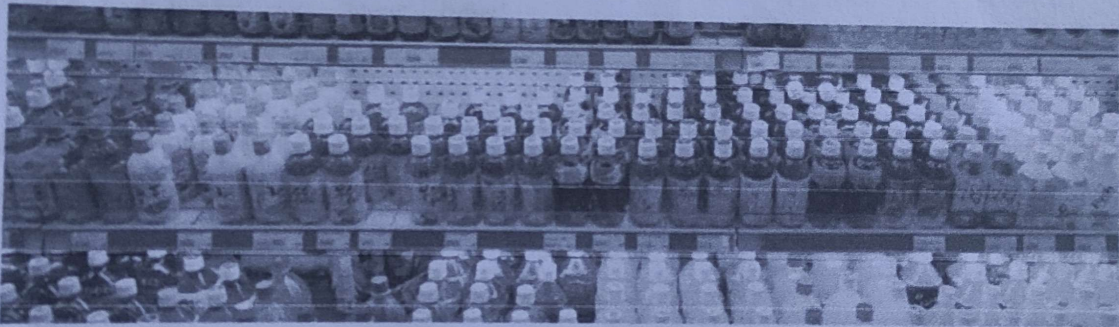


5. This is Ø ice cream.



6. This is a kiwi.

**3** What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like pineapple, I like apple, I don't like Guava

3. vegetables

I like cucumber, I like carrot, I don't like Onion

4. meat and other proteins

I like chicken, I like nut, I don't like fish

5. dairy

I like milk, I like cheese, I don't Bread

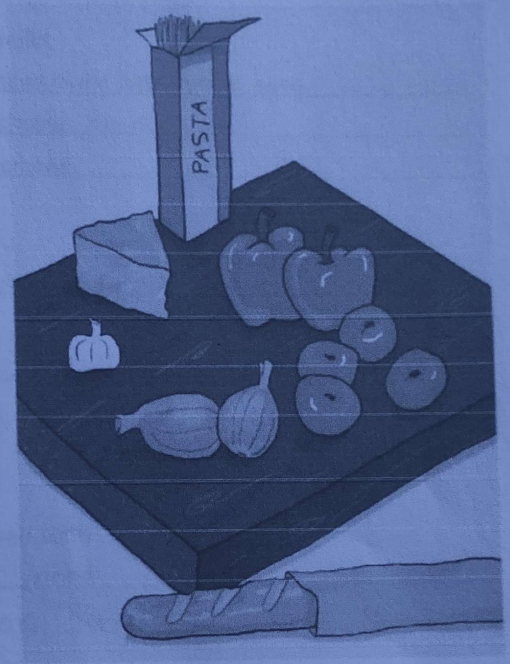
6. grains

I like Rice, I like cookies, I don't like

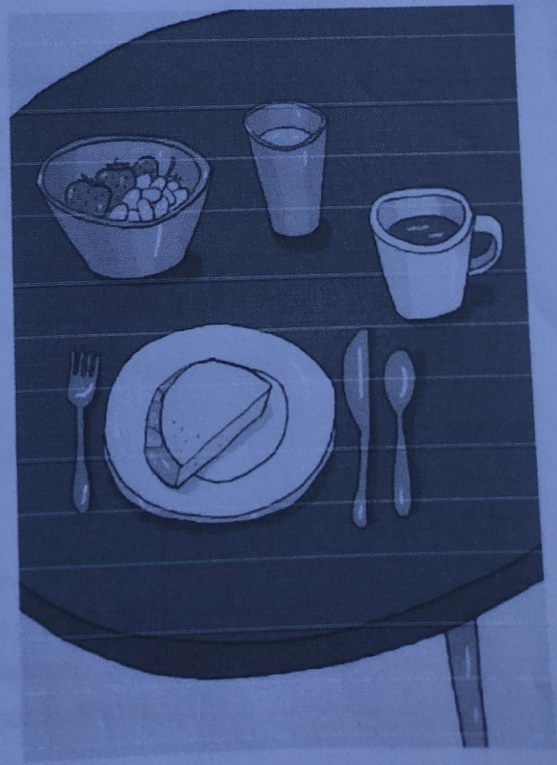
Porc-meal Fish-meal  
 Beef-meal chicken-meal UDS  
 Lamb-cordero

**4** Complete the conversations with some or any.

1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have some beef, but I don't want any meat in the sauce.  
 Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.

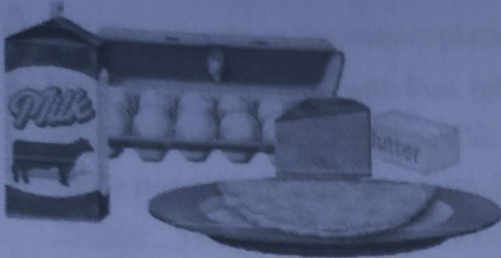


2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit - some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



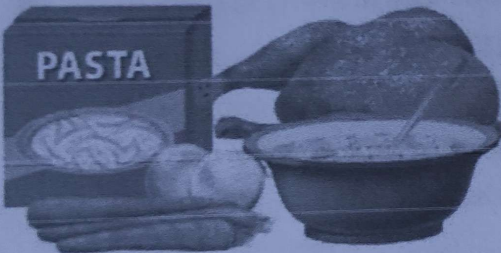
1. an omelet

You need some butter, milk, eggs,  
and cheese. You don't need  
any lemons.



2. a chicken sandwich

you need some chicken, mayonnaise  
bread, lettuce, you don't need  
Milk



3. chicken soup

you need pasta, chicken, carrot  
onion, you don't need Banana



4. a vegetable salad

you need some Bell pepper,  
Carrot, Tomatoes, Broccoli,  
you don't need yogurt



5. a fruit salad

you need some apples, Bananas  
Berries, oranges, you don't  
need Lettuce



6. your favorite food

I need mole, chicken, Rice  
Tomatoes, onion  
I need Milk

**6** Food habits

**A** Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people never eat pasta in Mexico

3. In China, people put sugar in their tea. (hardly ever)

In China people hardly ever put sugar in their tea

4. In England, people put milk in their tea. (usually)

In England people usually put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan people sometime have fish for breakfast

6. Americans put cream in their coffee. (often)

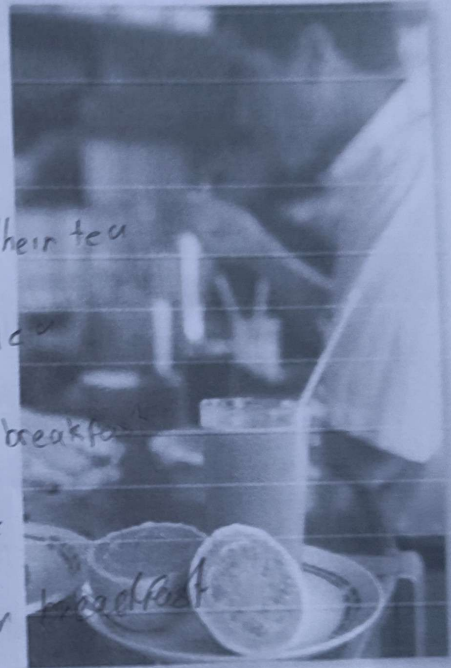
Americans often put cream in their coffee

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada people hardly ever have salad for breakfast

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people in south Korea always eat pickled vegetables for breakfast



**B** Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I usually eat pasta

3. I never make drinks with tea

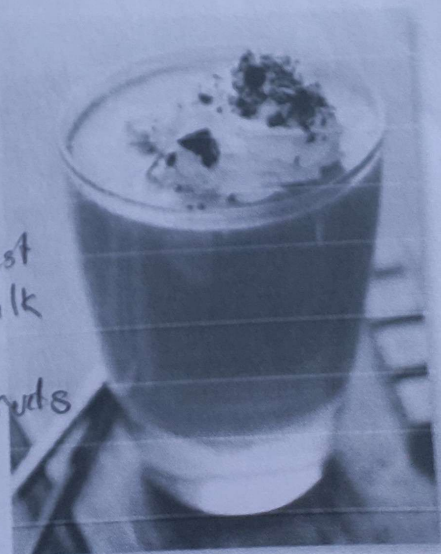
4. I always eat vegetables for breakfast

5. I often make drink coffee with milk

6. I sometimes eat salad

7. I hardly ever make juice with fruits

8. \_\_\_\_\_



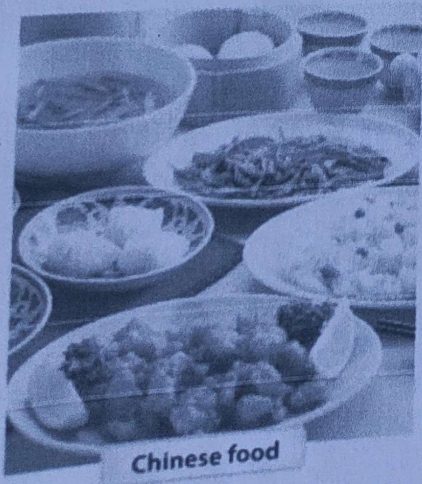
**7** Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never    hardly ever    sometimes    often    usually    always

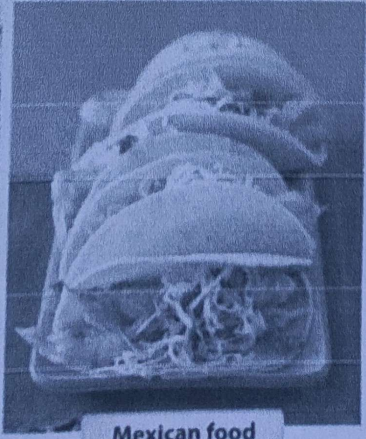
- 1. cheese    I hardly ever have cheese for dinner.
- 2. milk    I sometimes have milks for breakfast
- 3. coffee    I always have coffe for Drink
- 4. eggs    I usually have eggs for dinner
- 5. beef    I usually have beef .
- 6. rice    I alway have rice
- 7. beans    I often have beans
- 8. cereal    I usually have cereal for breakfast

**8** Answer the questions with your own information.

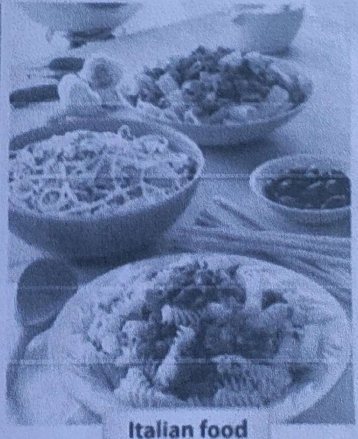
- 1. What's your favorite kind of food?  
My favorite food is Mexican
- 2. What's your favorite restaurant?  
My favorite restaurant is Tacos Tomi
- 3. What do you usually have at your favorite restaurant?  
chicken Milanesa , Hamburg
- 4. Do you ever cook?  
no, i don't
- 5. What's your favorite snack?  
My favorite snack yogurt



Chinese food



Mexican food



Italian food