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WORKBOOK

1

Write the names of the foods.

Fruit

1. lemons
2. Oranges
3. apples
4. bannana

Vegetables

5. lettuce
6. broccoli
7. potatoes
8. carrots

Grains

9. rice
10. cereal
11. bread
12. integral cookies

Fats and oils

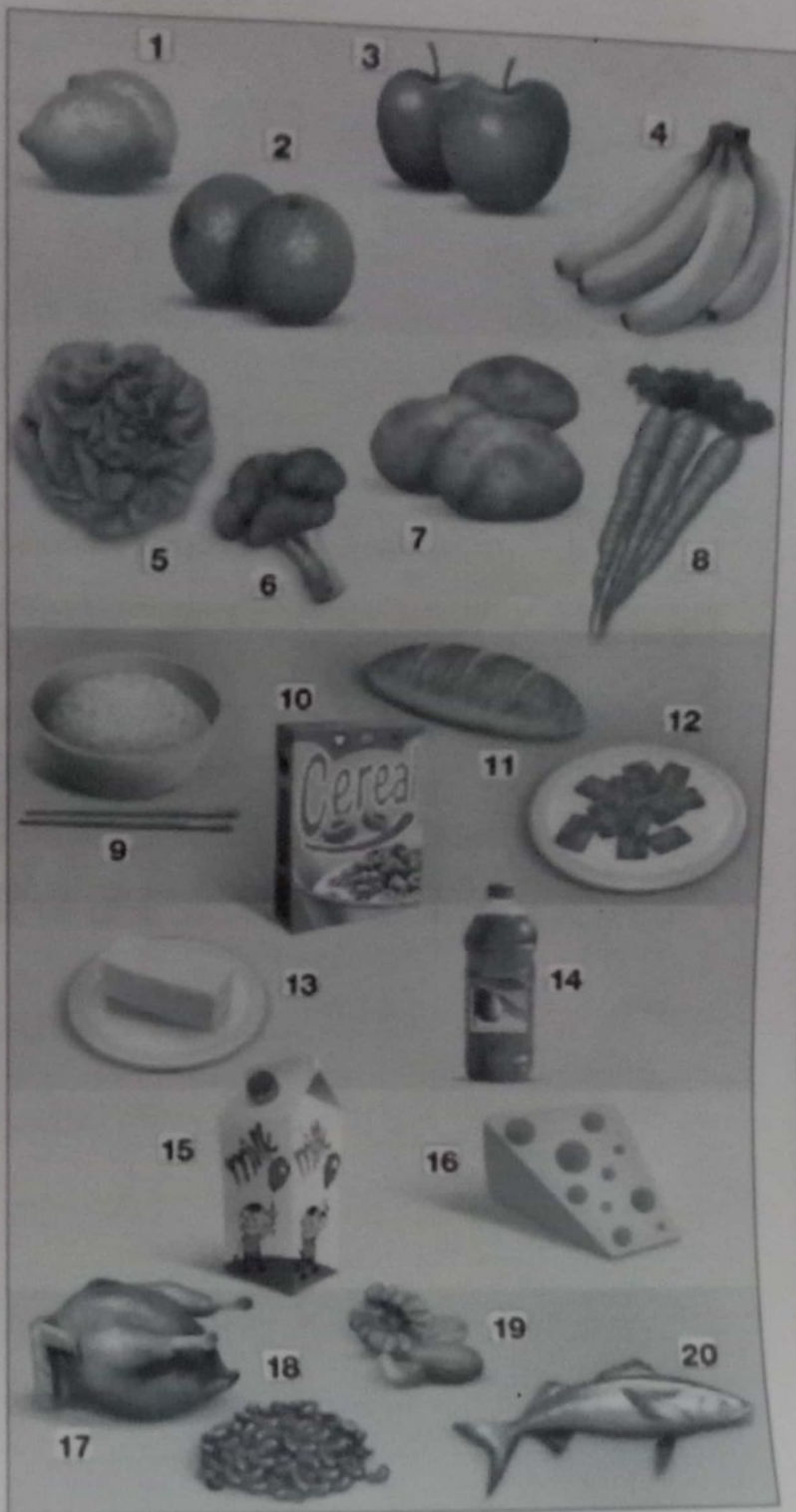
13. butter
14. oil

Dairy

15. Milk
16. Cheesse

Meat and other proteins

17. chiken
18. Beans
19. nuds
20. fish



2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is a pasta.



3. This is an egg.



4. This is an apple.



5. This is an ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apple, orange, watermelon, pineapple.

3. vegetables

I like broccoli, carrots, potatoes, cucumber

4. meat and other proteins

I only like chicken, and I dislike pork meat

5. dairy

I like cheese, and milk, I dislike

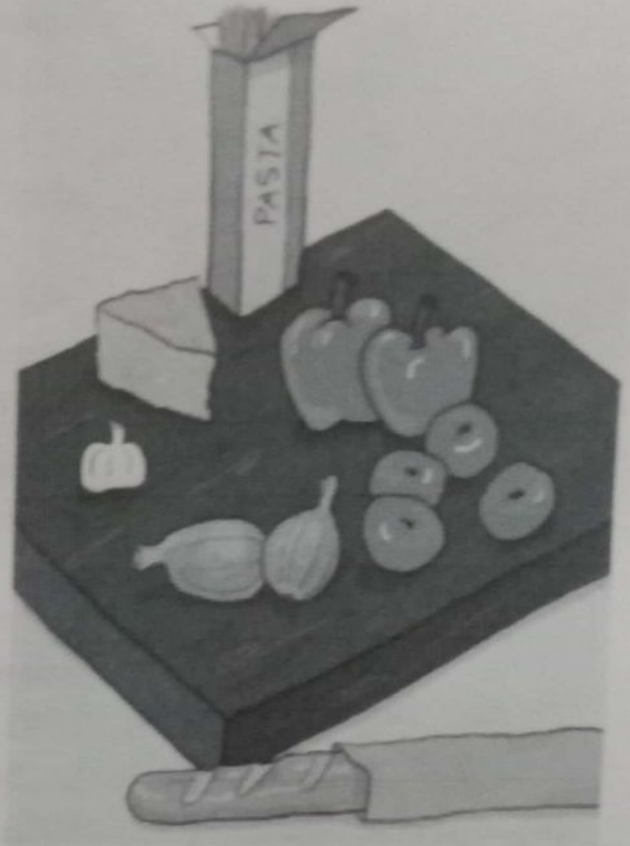
6. grains

I like nuts

4

Complete the conversations with *some* or *any*.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.





1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

you need some mayonnaise, bread,
tomatoes, lettuce. you don't need
any soup



3. chicken soup

you need chicken, pasta, carrots,
onion you don't need any
soda



4. a vegetable salad

you need some lettuce, tomato,
carrots, nuts you don't need
any eggs



5. a fruit salad

you need some banana, apples,
oranges, you don't need
bread



6. your favorite food lasagna

you need some pasta, meat
vegetables, cheese you don't
need cereal

6

Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

In Mexico never eat pasta

3. In China, people put sugar in their tea. (hardly ever)

In China people hardly ever put sugar in

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffee

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have salad

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

In South Korea always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I sometimes eat pasta

3. I always put sugar in my coffee

4. I never put milk in my tea

5. I never eat fish in the morning

6. I often eat hot cakes

7. I hardly ever eat eggs

8. I always eat vegetables



1 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never ~~hardly ever~~ sometimes often ~~usually~~ ~~always~~

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I usually drink milk in the morning
- 3. coffee I always drink coffee
- 4. eggs I never eat eggs
- 5. beef I sometimes eat ground beef
- 6. rice I often eat rice
- 7. beans I hardly ever eat beans
- 8. cereal I often eat cereal

8 Answer the questions with your own information.

- 1. What's your favorite kind of food?
my favorite food is the Italian food
- 2. What's your favorite restaurant?
I don't have a favorite restaurant
- 3. What do you usually have at your favorite restaurant?
alfredo's pasta
- 4. Do you ever cook?
I hardly ever cook
- 5. What's your favorite snack?
I like nuts



Chinese food



Mexican food



Italian food