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PASIÓN POR EDUCAR

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# WORKBOOK

1 Write the names of the foods.

## Fruit

1. lemons
2. orange
3. apples
4. banana

## Vegetables

5. lettuce
6. broccoli
7. potatoes
8. Carrot

## Grains

9. rice
10. Cereal
11. bread
12. Integral cookies

## Fats and oils

13. butter
14. Oil

## Dairy

15. milk
16. Cheese

## Meat and other proteins

17. Chicken
18. beans
19. walnuts
20. fish



2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is a pasta.



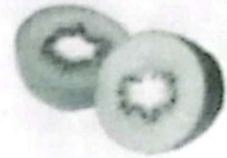
3. This is a egg.



4. This is a apple.



5. This is an ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like banana, Apple, orange, I dislike papaya

3. vegetables

I like potatoes, lettuce, carrot, I dislike broccoli

4. meat and other proteins

I like chicken, walnuts, I dislike fish

5. dairy

I like milk, cheese, yogurt, Chamito

6. grains

I like cereal, rice, cookies, I dislike bread  
red beans,



**Complete the conversations with some or any.**

1. A: What do you want for dinner?

B: Let's make some pasta with tomato sauce.

A: Good idea. Do we have Any meat?

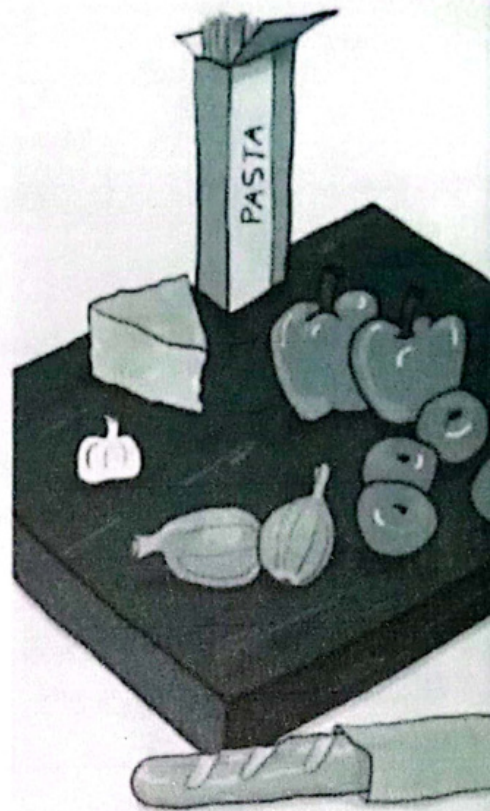
B: Well, we have Some beef, but I don't want Any meat in the sauce. Let's get Some tomatoes and onions.

A: OK. Do we need Any green peppers for the sauce?

B: Yes, let's get Some peppers. Oh, and Some garlic, too. Also

A: Great. We have Some spaghetti, so we don't need any pasta.

B: Yeah, but let's get some bread. And Some cheese, too.



2. A: What do you eat for breakfast?

B: Well, first, I have fruit - Some grapes or strawberries.

A: That sounds good. Do you have Any eggs or meat?

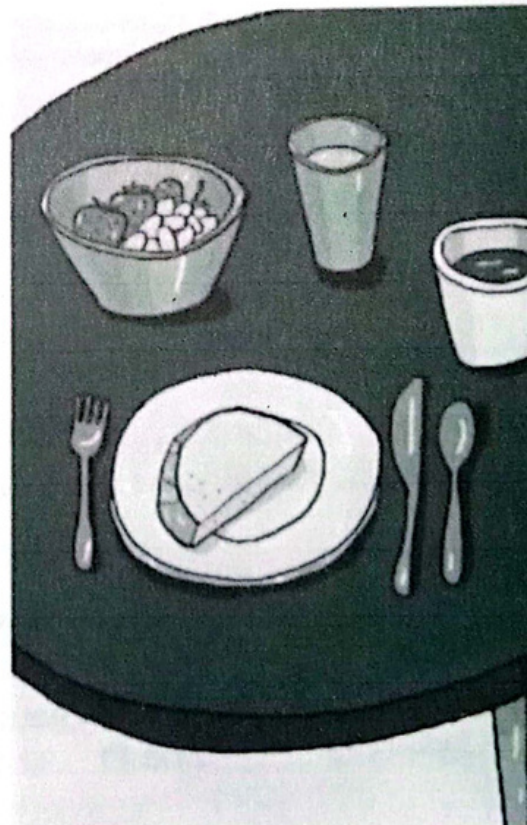
B: No, I don't eat Any eggs or meat in the morning.

A: Really? Do you have anything else?

B: Well, I usually have Some bread, but I don't put Any butter on it.

A: Do you drink anything in the morning?

B: I always have Some juice and coffee. I don't put Any sugar in my coffee, but I like Some milk in it.





What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,  
and cheese. You don't need  
any lemons.



2. a chicken sandwich

You need some bread,  
cheese, chicken, lettuce, mayonnaise  
You don't need milk



3. chicken soup

You need some pasta,  
potatoes, chicken, carrot,  
You don't need soda



4. a vegetable salad

You need some broccoli,  
lettuce, carrot, pimientos, tomatoe  
You don't need integral cookies



5. a fruit salad

You need blue berry, Apple,  
banana, cereal, yogurt,  
You don't need pasta



6. your favorite food

You need pasta, garlic,  
cheese, milk, Jam  
You don't need kiwi

## 6

## Food habits

**A** Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people never in pasta eat Mexico

3. In China, people put sugar in their tea. (hardly ever)

In China people hardly ever put sugar in their tea

4. In England, people put milk in their tea. (usually)

In England people usually put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan people sometimes have fish for breakfast

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffee

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada people hardly ever have salad for breakfast

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people always in South Korea eat pickled vegetables for breakfast

**B** Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit.

I sometimes make drinks with chocolate

2. I never eat pasta in

3. I hardly ever put sugar in their tea

4. I usually put milk in their tea

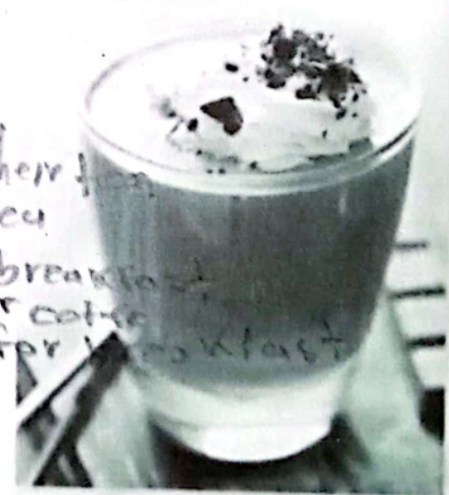
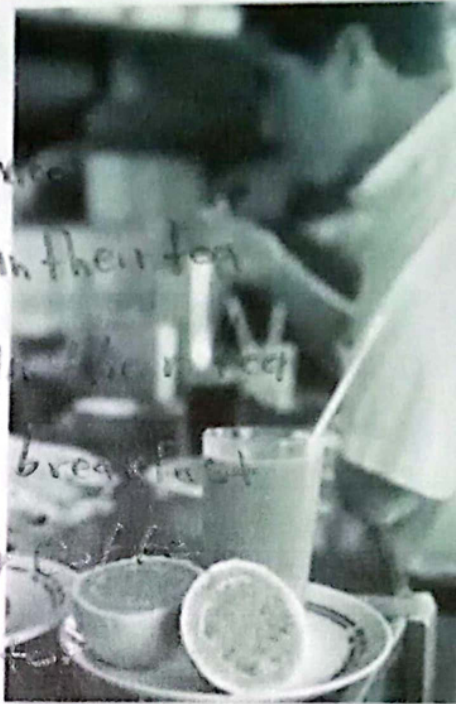
5. I sometimes have fish for breakfast

6. I often put cream in their coffee

7. I hardly ever have salad for breakfast

8. I always eat pickled

vegetables for breakfast





Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never    hardly ever    sometimes    often    usually    always

cheese    I hardly ever have cheese for dinner  
milk    I never drink milk in the morning  
coffee    I sometimes drink coffee in the morning  
eggs    I usually eat eggs in the morning  
beef    I always eat beef on Sundays  
rice    I often eat rice at meals  
beans    I sometimes eat beans  
cereal    I usually eat cereal in the morning

Answer the questions with your own information.

- 1. What's your favorite kind of food?  
my favorite food is pasta
- 2. What's your favorite restaurant?  
my favorite restaurant is Est. Nacional
- 3. What do you usually have at your favorite restaurant?  
wings
- 4. Do you ever cook?  
yes, I do.
- 5. What's your favorite snack?  
pork ribs



Chinese food



Mexican food



Italian food