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WORKBOOK

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1 Write the names of the foods.

Fruit

- 1. lemons
- 2. oranges
- 3. apples
- 4. bananas

Vegetables

- 5. lettuce
- 6. broccoli
- 7. potatoes
- 8. carrots

Grains

- 9. rice
- 10. cereal
- 11. bread
- 12. integral cookies

Fats and oils

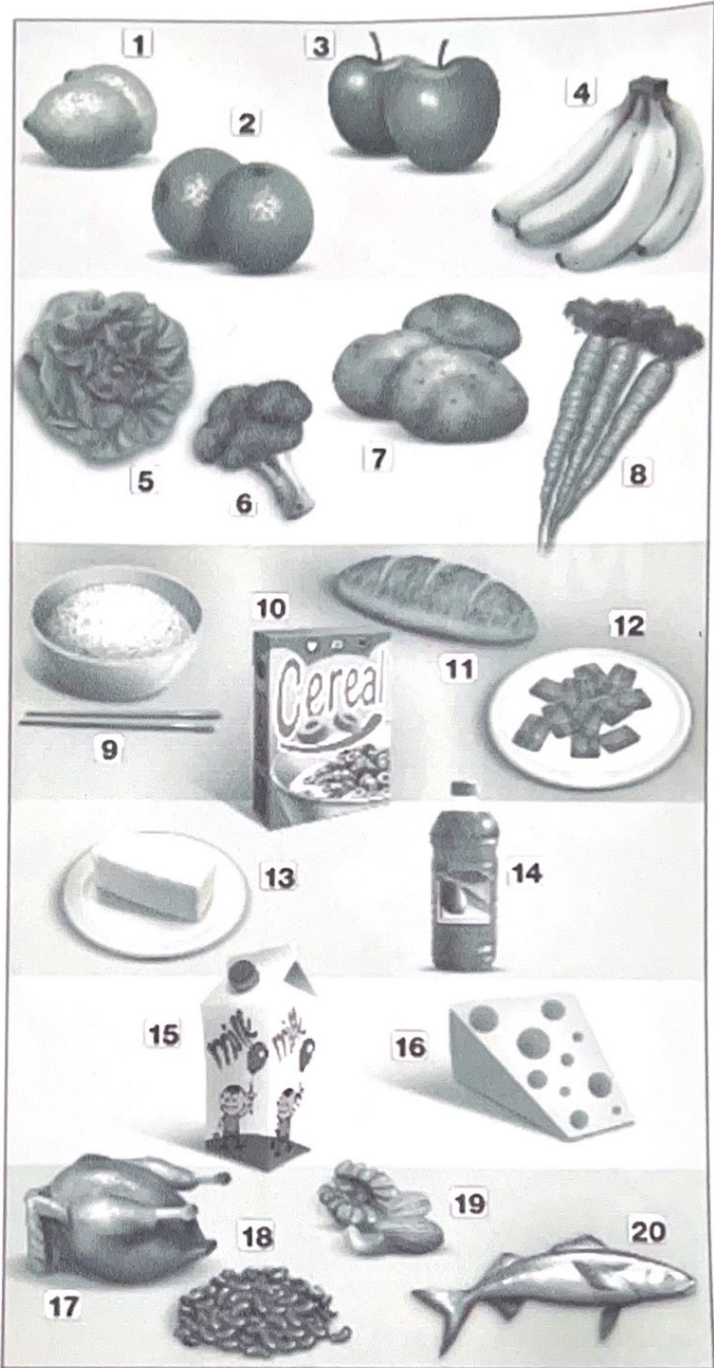
- 13. butter
- 14. oil

Dairy

- 15. milk
- 16. cheese

Meat and other proteins

- 17. chicken
- 18. beans
- 19. nuts
- 20. fish



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2

Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is some pasta.



3. This is an egg.



4. This is an apple.



5. This is some ice cream.



6. This is a kiwi.

3

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like banana, apple, lemon. I don't like melon

3. vegetables

I like lettuce, carrot, I dislike broccoli

4. meat and other proteins

I like chicken, fish. I dislike beans

5. dairy

I like milk, cheese, I don't like cream

6. grains

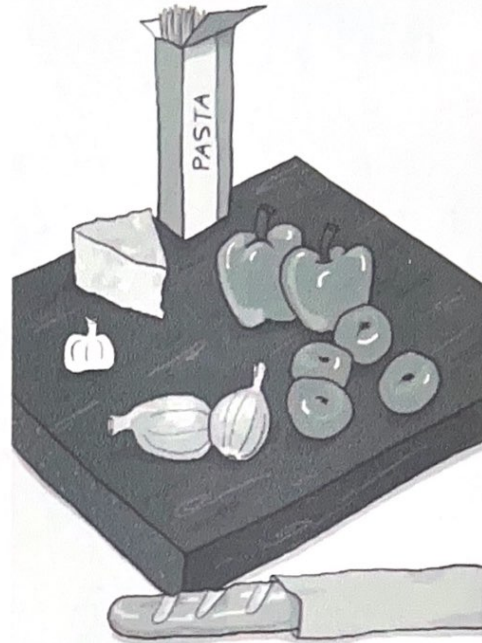
I like rice, cereal, I don't like integral cookies

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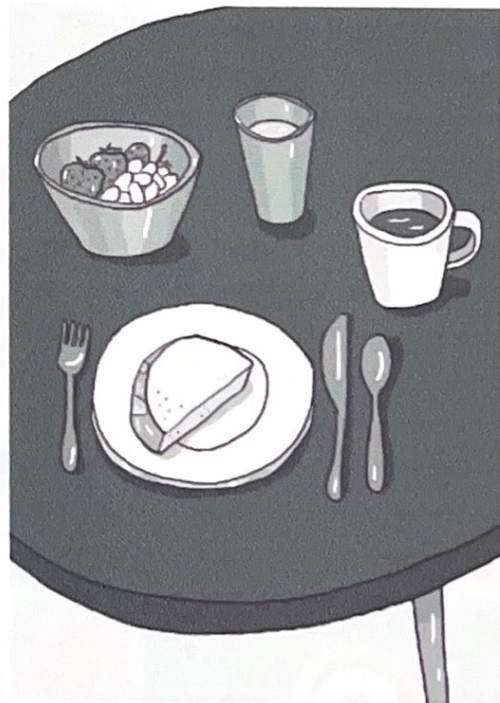
4

Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.

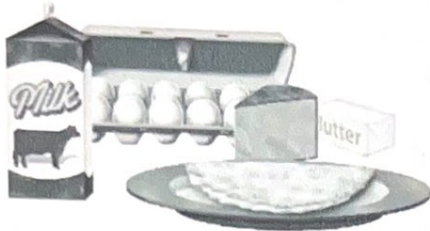


2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

You need bread, mayonnaise
lettuce, tomatoes and chicken.
You don't need pork meat.



3. chicken soup

You need water, chicken,
pasta, some carrots, onions.
You don't need catsup.



4. a vegetable salad

You need some lettuce,
tomatoes, carrots, brocolies.
You don't need butter.



5. a fruit salad

You need some apples,
banana, oranges, yogurt.
You don't need oil.



6. your favorite food

You need chicken, eggs,
oil, milk, ground bread.
You don't need apples.

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6 Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some Mexicans never eat pasta.

3. In China, people put sugar in their tea. (hardly ever)

Chinneses hardly ever put sugar in their tea.

4. In England, people put milk in their tea. (usually)

In England people usually put milk in their tea.

5. In Japan, people have fish for breakfast. (sometimes)

In Japan people sometimes have fish for breakfast.

6. Americans put cream in their coffee. (often)

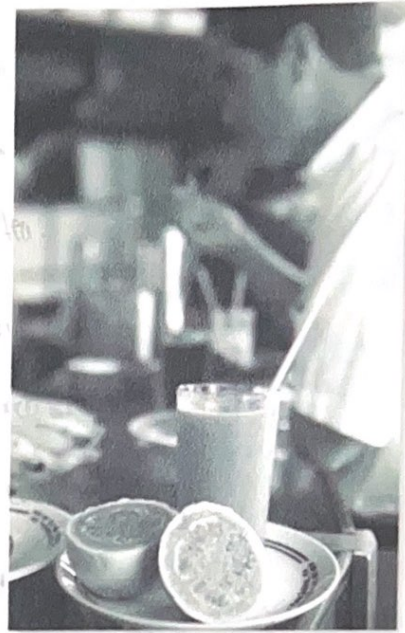
Americans often put cream in their coffee.

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada people hardly ever have salad for breakfast.

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some South Koreans always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I never eat papaya.

3. I hardly ever put lemon on my food.

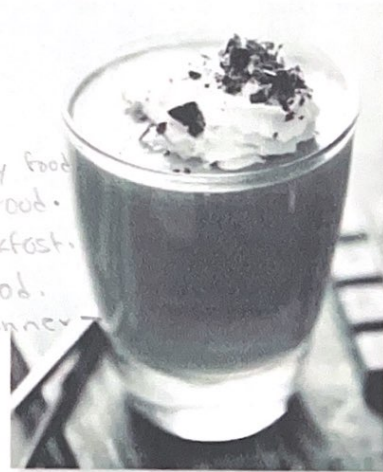
4. I usually put lettuce on my food.

5. I sometimes have beef for breakfast.

6. I often put catsup on my food.

7. I hardly ever have beef for dinner.

8. I always eat chicken.



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7

Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I hardly ever have milk for dinner.
- 3. coffee I often have coffee for dinner.
- 4. eggs I hardly ever have eggs for dinner.
- 5. beef I sometimes have beef for dinner.
- 6. rice I usually have rice for dinner.
- 7. beans I never have beans for dinner.
- 8. cereal I hardly ever have cereal for dinner.

8

Answer the questions with your own information.

- 1. What's your favorite kind of food?
I love chicken in some presentations.
- 2. What's your favorite restaurant?
The kitchen's mom
- 3. What do you usually have at your favorite restaurant?
Almost every day
- 4. Do you ever cook?
I sometimes cook
- 5. What's your favorite snack?
My favorite snack is apple with yogurt or banana.



Chinese food



Mexican food



Italian food