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# WORKBOOK

1

Write the names of the foods.

## Fruit

1. lemons
2. Oranges
3. Apples
4. Bananas

## Vegetables

5. lettuce
6. broccoli
7. Potatoes
8. carrots

## Grains

9. rice
10. cereal
11. Bread
12. integral cookies

## Fats and oils

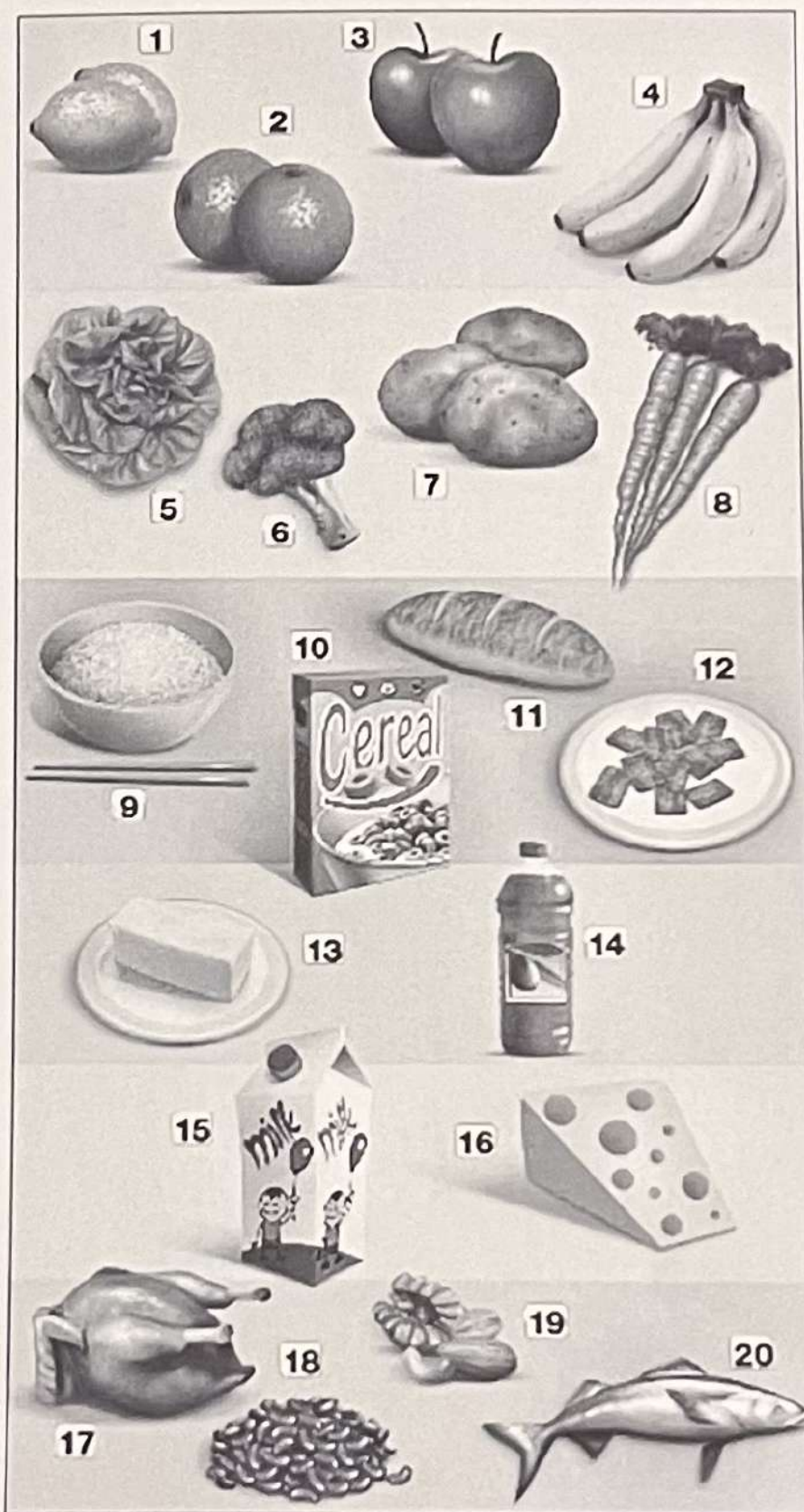
13. Butter
14. oil

## Dairy

15. milk
16. cheese

## Meat and other proteins

17. Chicken
18. Beans
19. nuts
20. Fish





2

Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is a pasta.



3. This is an egg.



4. This is an apple.



5. This is an ice cream.



6. This is a kiwi.

3

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apples, grapes and bananas. I don't like avocados.

3. vegetables

I like potatoes and carrots. I don't like squash.

4. meat and other proteins

I like fish and chicken. I don't like pork meat.

5. dairy

I like milk and cheese. I don't like cream.

6. grains

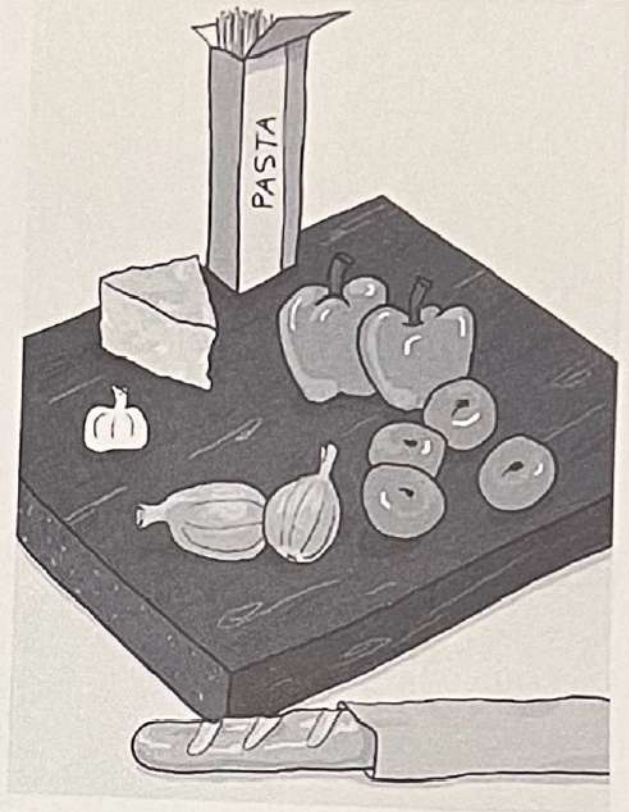
I like nuts and almonds. I don't like raisins.



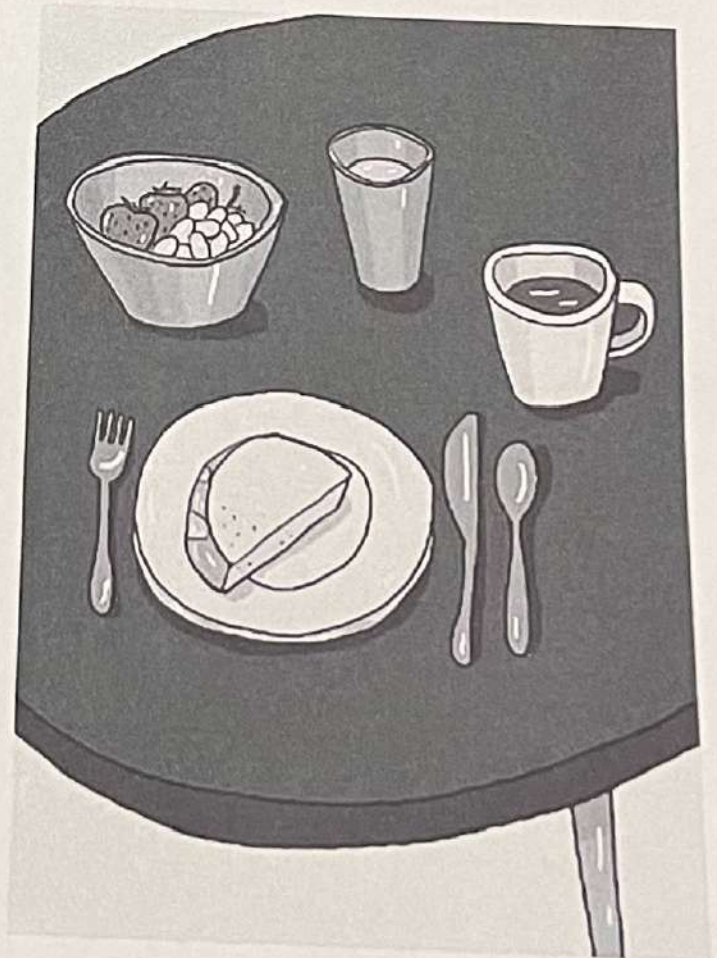
4

Complete the conversations with *some* or *any*.

1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.

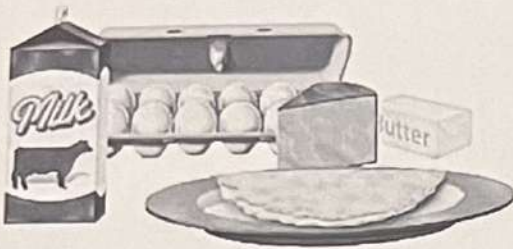


2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit - some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.





5 What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,  
and cheese. You don't need  
any lemons.



2. a chicken sandwich

you need some mayonnaise, bread, jam,  
chicken, lettuce. You don't need  
any milk



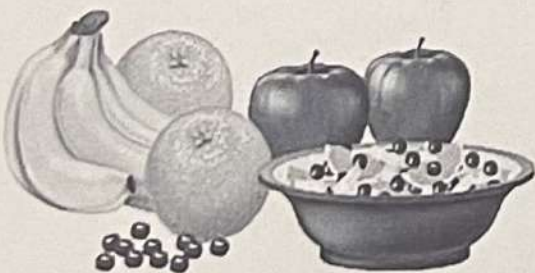
3. chicken soup

you need some chicken, pasta,  
carrots, onion. You don't need  
any soda



4. a vegetable salad

you need some tomatoes, broccoli,  
peppers, carrots. You don't  
need any meat



5. a fruit salad

you need some apples, bananas,  
oranges, blueberries. You don't  
need any salt



6. your favorite food

you need some pasta, peppers,  
cheese, cream. You don't  
need any egg



## 6 Food habits

**A** Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people never eat pasta in Mexico

3. In China, people put sugar in their tea. (hardly ever)

In China people hardly ever put sugar  
in their tea

4. In England, people put milk in their tea. (usually)

In England people usually put milk  
in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan people sometimes have fish  
for breakfast

6. Americans put cream in their coffee. (often)

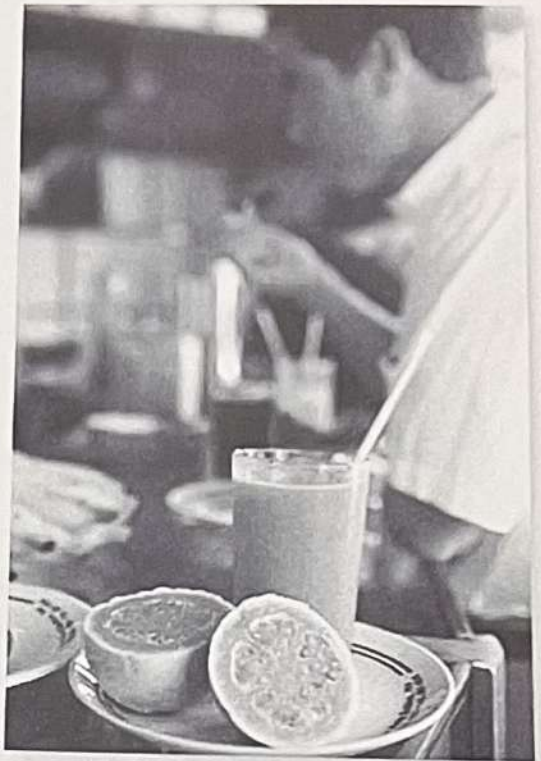
Americans often put cream in their coffee

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada people hardly ever have  
salad for breakfast

8. Some people in South Korea eat pickled vegetables  
for breakfast. (always)

Some people always eat pickled  
vegetables for breakfast in South Korea



**B** Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I always eat pasta in Mexico

3. I sometimes put sugar in my tea

4. I never put milk in my tea

5. I usually have fish for lunch

6. I hardly ever put cream in my coffee

7. I often have salad for breakfast

8. I never eat pickled vegetables  
for dinner





**7**

Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never    hardly ever    sometimes    often    usually    always

- |           |  |
|-----------|--|
| 1. cheese | <u>I hardly ever have cheese for dinner.</u> |
| 2. milk   | <u>I usually have milk for hotcakes</u>      |
| 3. coffee | <u>I often have coffee for dinner</u>        |
| 4. eggs   | <u>I always have eggs for omelet</u>         |
| 5. beef   | <u>I sometimes have beef for pasta</u>       |
| 6. rice   | <u>I usually have rice for lunch</u>         |
| 7. beans  | <u>I sometimes have beans for lunch</u>      |
| 8. cereal | <u>I hardly ever eat cereal in the night</u> |

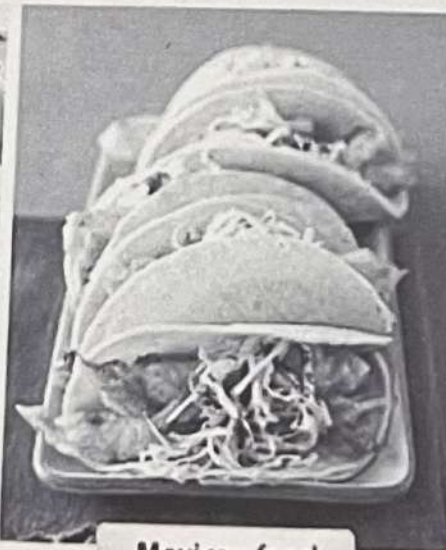
**8**

Answer the questions with your own information.

- What's your favorite kind of food?  
Mexican food
- What's your favorite restaurant?  
my favorite restaurant is chili's
- What do you usually have at your favorite restaurant?  
twice a month
- Do you ever cook?  
I don't
- What's your favorite snack?  
my favorite snack is french fries



Chinese food



Mexican food



Italian food