



Mi Universidad

DAILY PLANNER

Nombre del Alumno: Daniel Al. Marquez Perez

Nombre del tema:

Parcial;1^a

Nombre de la Materia: Ingles V

Nombre del profesor: RAFAEL IVAN GUILLEN ALCALA

Nombre de la Licenciatura : recursos humanos

Cuatrimestre:5^a

Monday to Thursday:

7:00 am - 2:00 pm: Classes. Students have to attend classes during this time. 2:00 pm - 3:00 pm: Lunch and break. During this time, students can eat and take a break. 3:00 pm - 5:00 pm: Strength exercises. Students have to engage in strength exercises. After the exercises:

5:00 pm - 8:00 pm: Time dedicated to doing schoolwork. Students have to complete their schoolwork during this time. 8:00 pm - 9:00 pm: Dinner. Students have to have dinner.

9:00 pm - 10:00 pm: Household chores. Students have to do household chores. Rest of the night (starting from 10:00 pm):

10:00 pm - 11:30 pm: Free time to rest, relax, or engage in recreational activities. Students can use this time as they wish. 11:30 pm: Prepare for sleep. Students have to start preparing for sleep at this time.

Weekends

Friday, Saturday and Sunday: Morning: Sleep and relax. Students can sleep and relax in the morning. Afternoon: Try new recipes for the next day's meals. Students can experiment with new recipes for the following day's meals. Night: Free time for recreational activities