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Recursos Humanos

English

Unit 1

19/01/2024

My daily Planner



Monday

First I have to go to training at 6 am, then at 7:40 I always have to get ready to go to school, I shower, change and arrive at school at 8:20 am, I have a break until 9:40 to have breakfast and relax a little, then I leave school at 2:00 pm, I always go home to eat with my family and then I go to the gym at 5:00 pm to do a little extra exercise, that's how my first day of the week ends

Tuesday

I always have to go to train at 6:00 am and then go to school at 8:20 am, in the afternoon sometimes I go to the gym again or do schoolwork to stay up to date on everything

Wednesday

I have to go to train at 6:00 am and then I have to go to school, in the afternoon I don't go to the gym and I help my uncles in their stores, sometimes I accommodate or attend to people who arrive, at night I always I have a light dinner to always be well for training the other day.

Thursday

I have to go to training at 6:00 and after this I have to go to school at 8:20 am, in the afternoon I always go to the gym and train again more specific goalkeeping things with a friend, we finish a little late but I get home for dinner and then go to sleep since it is one of the most tiring days.

Friday

Fridays are much quieter since I only have to go to train in the morning and I almost always don't have classes so we go to have breakfast with friends tacos or empanas then the rest of the day I rest until the afternoon because if I have homework I do it and it's the calmest day of all