



DIEGO EDUARDO CRUZ AGUALR

INGLES

PLATAFORMA

UNIDAD 1

5TO CUATRIMESTRE

My daily routine

MONDAY: I get up at 5 in the morning, I have a smoothie and I go to train from 6 am to 7:40, then I have to shower to go to school until 2 in the afternoon, when I leave school I eat, I take a nap and when I wake up I go to the gym, when I return home I take a shower, do my homework, have dinner and go to sleep

TUESDAY: I get up at 5 in the morning, I have a smoothie and I go to train from 6 am to 7:40, then I have to shower to go to school until 2 in the afternoon, when I leave school I eat, and I get ready to take my sister to soccer training, I return to my sister at cssa and I go to the gym, when I return home, I take a bath, I do my homework and I go to sleep

WEDNESDAY: I get up at 5 in the morning, I have a smoothie and I go to train from 6 am to 7:40, then I have to shower to go to school until 2 in the afternoon, when I leave school I eat, and I get ready to take my sister to her dance rehearsals, while my sister is rehearsing I go to the gym, when I leave the gym I pass by my sister and we go home, when I get to poop I take a bath, I do I do my homework, I pack my bags for the next day and I sleep.

THURSDAY I get up at 5 in the morning, I have a smoothie and I go to train from 6 am to 7:40, then I have to shower to go to school until 2 in the afternoon, when I leave school I eat, and I get ready to go to the gym. When I return from the gym, I take a bath, play a little video games and go to sleep.

FRIDAY: I get up at 5 in the morning, I have a smoothie and I go to train from 6 am to 7:40, then I go home, take a bath, have breakfast and pack my bags in case I am called up for the game at 6 in the afternoon I go to the hotel concentration together with the rest of the team, those days around 2 in the afternoon, I arrive at the hotel at 6, they give me dinner at 8, at 10 we have to leave the cell phones and at 10:30 we all have to be asleep, but on the days when it's time to play away and I'm called up I have to wake up at 3 in the morning to go to the clubhouse. We left Comitán at 4 in the morning and arrived in Oaxaca around 6 or 7 at night, arriving we went to the hotel to leave our things and go out to dinner, returning we bathed and slept due to the heavy trip

SATURDAY: On Saturdays when we have a home game we wake up at 9 in the morning, we take a bath and at 9:30 we have to go to breakfast, after breakfast we get all our things ready and we have a little talk, we wait until it's 12 to We go to the CDF, at 2:30 we play and when we finish we all take a bath and then eat, when we finish eating we finally break lines at 6 pm, but when it's a visiting game, we wake up at 8:30 we have breakfast at 9 , and we return to the hotel to fix things so that at 1 we go out to eat and when we finish we go to the stadium where we are supposed to play, we play at 4 and when we finish we go to the hotel to take a shower and be able to go out and enjoy the city

SUNDAY This day is finally my day of rest although when it's time to travel it's a "day of rest" when it's time to play on the CDF on Sunday I sleep late, and I spend it at home resting and going out to eat with my family, but When it's time to go to Oaxaca, I wake up at

4 in the morning to leave there at 5 and arrive at Comitan at 8 at night, arriving at Comitan I only take a bath and sleep until the next day when everything starts again

TRAVEL PLANNER GUIDE

I WOULD LIKE TO VISIT MEXICO CITY

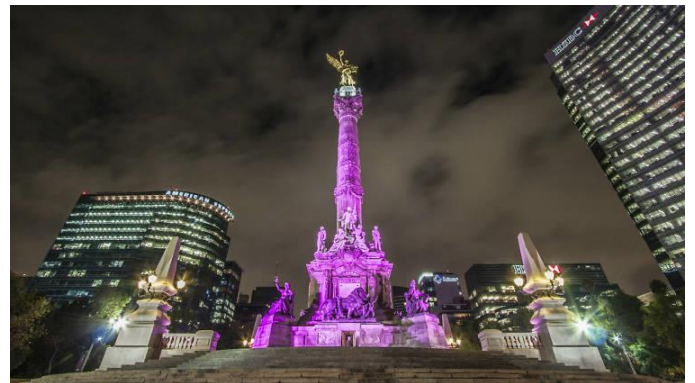
IN MEXICO CITY I COULD GO
AND SEE THE AZTECA
STADIUM, IT IS THE STADIUM
OF MY FAVORITE TEAM AND
ONE OF THE FEW THAT I
STILL DON'T KNOW



I CAN ALSO GO VISIT THE SOUMAYA MUSEUM TO LEARN ABOUT THE WORKS THAT ARE EXHIBITED THERE



I HAVE TO GO AND MEET THE ANGEL OF INDEPENDENCE



I CAN'T LEAVE CDMX WITHOUT KNOWING THE BASILICA OF GUDALUPE

