



Healthy life

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Planning, queries, fat measurement,
subsistence allowance, healthy life play.

Adverbs of frequency



1. Rewrite the complete sentence using the adverb in brackets in its correct position.

He listens to the radio. (often)

He often listens to the radio

They read a book. (sometimes)

They sometimes read a book

Pete gets angry. (never)

Pete never gets angry

Tom is very friendly. (usually)

Tom is usually very friendly

I take sugar in my coffee. (sometimes)

I sometimes take sugar in my coffee

Ramon and Frank are hungry. (often)

Ramon and Frank often are hungry

My grandmother goes for a walk in the evening. (always)

My grandmother always goes for a walk in the evening

Walter helps his father in the kitchen. (usually)

Walter usually helps his father in the kitchen

They watch TV in the afternoon. (never)

They never watch TV in the afternoon

Christine smokes. (never)

Christine never smokes

2. Rewrite the sentences in the correct order

usually - in the morning - reads the newspaper - Tom

Tom usually reads the newspaper in the morning

He - frequently - is - for class - late

He is frequently late for class

always - they - happy - are

They are always happy

help - she - often - does - her mother?

Does she often help her mother?

by 11:30 - is - Ann - generally - in bed.

Ann is generally in bed by 11:30

occasionally - Molly - the museum - visits.

study - you - rarely - for the exam.

Adverbs of Frequency

Where do you have lunch? (usually) >

I go to a restaurant near work often >

I often go to a restaurant near work

Do you eat at your desk? (never) >

Do you ever eat at your desk?

No, I stay in for lunch hardly ever >

No, I hardly ever stay in for lunch

And what do you have? (usually) >

And what do you usually have?

I have soup and a sandwich. (always) >

I always have soup and a sandwich

me, too. I have a big lunch. (never) >

me, too. I never have a big lunch

• Why are healthy foods important? Healthy foods are important for our bodies to grow strong and stay healthy.

• What do fruits and vegetables provide us with? Vitamins and minerals.

• How do healthy foods help our bodies? Helps us have strong bones and teeth.

• Name some examples of healthy foods. Apples, oranges, carrots, and broccoli.

Complete the conversation with some or any.

Amanda: any

Adam: some

Amanda: any

Adam: any some

Amanda: some

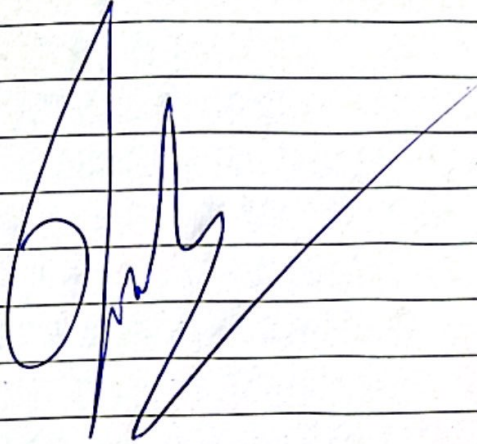
Adam: any

Amanda: some

Adam: any - some

Complete the conversation with some or any.

7. A ✓
B some
A Any
B some - any
A some - any
B some - some
A any - some
B any - some



8. A ✓
B Any
A some - some
B some - any
~~A Any~~
B some
A some
B ✓