

Q Why are healthy food important?

Son importantes para que nuestro cuerpo crezca fuerte y se mantenga saludable

What do fruits and vegetable provide us with?

Vitamins and minerals

How do healthy foods help our bodies?

Helps us have strong bones and teeth

Name some examples of health foods?

Fruits and vegetable



Healthy life

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planning, queries, fat measurement,
subsistence allowance, healthy life play.