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Essay on (what does general nursing do)

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In nursing, there are many areas of work. For example, nurses might be involved in cancer treatment, intensive care, recovery after surgery, or geriatric care. They work in hospitals, and in many other settings, including public health centers, doctor's offices, specialists, clinics, penitentiary centers and private companies. Some nurses visit patients in their own homes. In any case, nurses are part of a multidisciplinary team, which may include other nurses, medical psychiatrists, physical therapists, and many other professionals. When a patient is admitted to a hospital, the nurse The responsible person works closely with other members of the care team to assess the patient's needs and develop a plan of care. He or she then uses his or her clinical knowledge and observation skills, and his close relationship of trust with the patient, to evaluate the effectiveness of applied planning. Your focus is on caring for the person you care for, not just their health care needs. This means that they have to think about an approach that also meets the patient's other needs, including emotional needs, and that takes into account any social or personal problems the patient may have. They must listen and talk to the patient, respond and cope with problems or problems. concerns that may cause anxiety to the patient. Nurses often must also speak with the patient's family or caregiver, to update them on the patient's progress or explain the treatment.

The development of the job description is structured in a single chapter, starting with definitions, analysis objectives and job description. Category, profile, dependency within the institution, more specific functions for the performance and nursing interventions in the hospital in all areas, as well as authority according to its organic structure, are described. It is important to know some of the characteristics described, since currently trained personnel are required to cover their functions and achieve optimal organization and efficiency of the nursing department. The design of jobs must balance the harmony of the worker with the competitiveness of the institution, so it is necessary to find an optimal coupling between employee and job. Raising awareness about the correct execution of the tasks of supervisors and workers is part of organizational growth, however, to solve the functional problem, all workers must be involved. Role of the nursing professional in the hospital setting: The care offered by the nursing professional focuses on the person and their interaction with the environment; the objective of the professional must essentially be, for the benefit of the person, a fact that leads to Her work is focused on herself, her family and the community. Within the care activities, authors such as Seguel, Hanna and Villadiego, highlight the physical assessment, referral and control of symptoms, admission of patients to the service, administration of treatments, guidance to relatives about the patients' health, care related to hygiene and nutrition, patient preparation for interventions, updating medical records, review of medical orders, epidemiological surveillance, rehabilitation actions, health promotion activities and disease prevention, all these activities require scientific knowledge and

skill practice to guarantee a good procedure and according to institutional protocols, some are unique to the nursing professional. Additionally, there is the direction of nursing services and medical units where there are interdisciplinary professionals. The nurse will base his actions with the knowledge of his discipline, and will also rely on others that allow a comprehensive approach to the person, family, group or community receiving said care. Autonomy is then related to the possibility of applying knowledge generated through research in practice to change the care provided to individuals, families and communities, according to the best available evidence, and taking responsibility for it. In relation to the autonomy of the nursing professional

In relation to what a general nurse does, there are many things that were previously said but there are many that are important in themselves, such as: **Administering medications** If a specialist doctor prescribes some type of medication that the patient must take or that must be administered in a hospital or clinic, the general nurse is responsible for this. The doctor sends a medication administration request to the general nurse, who, in turn, will verify that there are no drug interactions with other medications that the patient is taking at that time and that the indicated dose coincides with the hospital's treatment guidelines. **Actively Treat Patients** In many hospitals and clinics, general nurses play a leading role in primary patient care. Doctors work with general nurses to plan and implement a program of care for patients based on each person's individual response to a specific treatment. **Constantly evaluate patients** When a general nurse notices that a patient's condition does not improve after starting a specific treatment or therapy, he or she should communicate his or her evaluation to the patient's physician and recommend feasible changes to the care plan. **Maintain and update medical records or records.** Patient records are essential for proper medical care. Thorough and clear records enable healthcare professionals to provide superior quality care. Likewise, they help the changing of nursing staff shifts to be carried out without setbacks and without harming the patient. **Monitor and record vital signs** Every time a nurse is in contact with the patient, he or she must measure and record vital signs such as blood pressure, temperature, and heart rate. These are clear indicators of the patient's condition at that time. If a patient has high blood pressure, outside of normal ranges, it may be an indication that the patient is feeling distressed or in severe pain. Or if a particular patient has an acute fever, it may indicate that the person most likely has an infection. **Provide emotional support** A hospital environment can be frightening for patients and their families, particularly if the condition is severe or degenerative. Because doctors don't always have enough time to sit with patients and comfort them, it is the mission of general nurses to reassure them and carefully explain the severity of their diagnoses. **Understanding changes in patients.** While treating physicians are responsible for performing surgical interventions and medical procedures that a patient requires, general nurses perform vitally important functions in their care.

In conclusion, a general nurse does many things that are very helpful to doctors. They provide attention, care, treatments, etc. The field of nursing is constantly evolving and there is a high demand for general nurses in all areas of medicine. In addition to offering extensive meaningful professional development opportunities. Despite the evidence of the importance of the role that nursing professionals play for the benefit of the person, the family and the community, in health systems, this is not always perceived in an impactful way. It can be inferred that in some institutions the situation arises, among other measures, to reduce the costs of the health system and the care to be provided to people, generating work overload due to administrative issues and relegating the purpose of the profession. . In the hospital setting, the nursing professional is responsible for the care of the person, their family and the community, this does not only refer to meeting their needs but also involves mastery over the administrative and healthcare situations of the service they direct. , it was evident that professionals feel that their efforts to maintain the functioning of the services are not being reflected, since sometimes they feel invisible in their daily work, due to the lack of recognition from their colleagues and patients or even their families.

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