



"What does a nurse do in general?"

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I want to begin by specifying the important work of nurses in the different areas of medicine. Nursing is a totally indispensable area for the area of health, let's say it is the first combat position, in this case of diseases and the care of patients and the treatment or communication with family members. It is a very beautiful area, in which the nurse must have a vocation, practically love this area. General nurses are essential for the doctor's support, and below we will talk in more detail about what a general nurse does.

When talking about what a nurse does in general nursing practice, we have thought that they are only dedicated to administering medications and assisting the doctor, but this goes beyond that, if it is true that we We are the ones who administer the medications, but we are also responsible for ensuring that it does not have any adverse effects. The nurse has total responsibility when administering the appropriate dose or treatment to the patient, whether in a hospital, or even in private care. The nurse must follow to the letter the care and medications to be applied to the patient, in this way we can maintain the health, comfort and compliance of the patient. It should also be noted that the nurse plays an important role in primary patient care, that is, the nurse is in direct contact with the doctors to propose the care that must be given to each of the patients. patients in charge, each patient must have a totally specific and unique treatment and care, which is why general nurses are completely in charge of the comprehensive care of patients in the area they are allocating for their proper care. Likewise, we have to be aware of the patient and constantly evaluate them to know if there is improvement or if we have to report to the doctor and change the types of treatments and care for the patient. The doctor has the responsibility of changing the care according to the patient's feedback. the nurse. Medical notes are also essential in-patient care, they allow us as professionals to provide adequate care to the patient, and also helps to monitor when there are shift changes. Each procedure performed on the patient must be written in the medical note so that there is control and protection. Currently these records are made electronically, this helps so that if the patient wishes, he can seek a second opinion with another doctor or their attention without losing the control that is applied to the patient, now the nurse must have knowledge of software and applications that are used for medical purposes.

Another of the important things that the nurse must provide as care to the patient are the ECPs and vital signs. Among the vital signs are respiratory rate and heart rate, and temperature, these will help us determine what state of health the patient is in. If the patient has high blood pressure, it is a sign of severe pain or distress. If you have a high fever, it is usually an indicator that you have a very strong infection. Now, in hospitals, nurses have specific steps to perform vital signs, within these steps we can also find the visual evaluation of the state in which the patient is, as nurses we are trained for the level of health that the patient has, this allows the nurses to alert the doctor of any anomaly, symptom or sign that the patient has. Moving on to another important point of patient care, the nurse is also in charge of emotional support to the patient when he or she requires and needs it, and not only to the patient, but also to the family members, since the doctor often does not have the time of emotional support, the nurses take care of that part, especially when it comes to a terminal, degenerative or serious illness, we provide that support to both the family and the patient and provide the appropriate explanation about the illness and the process that the patient will undergo, as nurses we have to have that emotional affection to be able to provide that support to family members and patients, practically we are that fundamental support in the process that the patient will have, in this way we must give peace of mind to both the family, like the patient. We have to guide the patient and family members in the clearest way about the patient's health status. It is often essential when the patient is discharged from a clinic or hospital and needs control of their medications. All of this is essential that the nurse provides to the patient.

General nurses carry an enormous responsibility, both with doctors, but above all with patients and their families, we must have that love for this profession, to provide palliative care to the patient, we must have that vocation and good medical communication. nurse and patient nurse. I feel that as long as we provide this service with that dedication and love for the nursing area, all these aspects that come with being a general nurse will not be difficult for us. It is also important to recognize that thanks to this work we are rewarded in a good way, and this has to be a good motivation to provide emotional support, quality care and correct attention to the patient.

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