



UNIVERSIDAD DEL SURESTE

ESSAY "WHAT DOES A GENERAL NURSE DO"

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UNIT I

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WHAT DOES A GENERAL NURSE DO

Nurses undoubtedly play an extremely important role in the health sector. In the field of nursing, you work with sick people, and it's not just about helping them physically. A nurse has to get involved, have a nurse-patient relationship. All this requires great passion and professional vocation. Nursing encompasses the autonomous and collaborative care of people of all ages, families, groups and communities, sick or well and in all settings. Nurses are at the forefront of service delivery and play an important role in person-centred care. The work carried out by nurses can be considered vital for the treatment and recovery of patients. Nurses perform not just one, but several activities in their work. They administer medications, constantly treat patients, update their histories, check their vital signs, support them emotionally; them as well as their families, and they guide them. They always try to do all this ethically and with the best attention. Nurses must provide humanized care, that is, not only heal wounds or treat physical illnesses, but they must also give the patient human care in the social, emotional and spiritual spheres. The nurse must empathize and connect with the patient to be able to help them in any aspect. Any care will always be done with the best disposition in order to achieve the patient's improvement. We will address several points to learn more about what nurses do; with what responsibility and for what purpose. All activities and/or tasks are performed by nurses regularly to keep the healthcare system functioning optimally. General nurses are those who have the most contact with patients and those who perform various tasks to help the patient improve their condition. The activities that correspond to them must be carried out regularly to ensure that the health system functions optimally.

One of the many functions that nurses perform is the administration of medications. According to Indeed's article on what a general nurse does, it says that in the administration of medications the specialist doctor prescribes some type of medication that the patient must take or that must be administered in a hospital or clinic and that the general nurse is responsible for that. The nurse will be in charge of checking that there are no drug interactions with other medications that the patient is taking at that time and that the indicated dose coincides with the hospital's treatment guidelines, and then will be able to apply the medication. The nurse must stay to observe if there is any reaction to the medication and if the patient is hospitalized, the nurse must administer the medications that the patient requires according to his or her schedule to guarantee the health and comfort of the patient. Nurses are in charge of administering the medications that the doctor prescribes to patients, but this must always be done by taking measurements and verifying that the dose or medication is correct. Another task that a nurse

performs according to the Indeed article is to actively treat patients. At this point, general nurses will assume the comprehensive care of patients in their area of care. Nurses will be the ones who will be in constant contact with patients since they are the ones who give them the attention and care necessary for their improvement. General nurses will also constantly evaluate patients; This in order to observe or verify if the patient is improving and if not, the nurse must let the doctor know so that he or she can change the treatment and care that the patient needs to truly improve. One of the tasks that the patient must also perform is maintaining and updating medical records or records. Indeed's article tells us that patient records are critical to proper medical care. Thorough and clear records enable healthcare professionals to provide superior quality care. Likewise, they help the changing of nursing staff shifts to be carried out without setbacks and without harming the patient. When general nurses do their job: administer medication, take vital signs, perform hygiene on patients... they must record it in the medical records or in the history. This is of utmost importance since the patient's history is often the key to identifying the most appropriate treatment and intolerances that could harm the patient's health.

Another task performed by general nurses is to monitor and record vital signs. Every time a nurse is in contact with the patient, they must measure their vital signs; your body temperature, pressure and heart rate. By constantly checking the vital signs of the patients, the nurses will be able to realize the condition they are in and when this is an unfavorable condition, the nurse must notify the doctor so that something can be provided to regulate their condition. Another no less important task that a nurse performs is providing emotional support. Patients may feel frightened when they have a serious or degenerative condition. The nurses are the ones who give them peace of mind and carefully explain the severity of their diagnoses. According to the Indeed article, it tells us that general nurses are those who accompany a patient after having been diagnosed with a serious condition or one that could be fatal if not treated in time. General nurses are those who hold patients' hands during a painful medical procedure and who reassure patients who refuse to be treated. For this, general nurses must have the emotional strength to offer empathy and solidarity to patients and their families. Another task performed by a general nurse is to understand changes in patients. Indeed's article mentions that nurses spend between eight and twelve hours with patients and are able to observe and understand the small changes that can make a difference in their recovery. The time that nurses spend with patients helps them observe the changes they present. The last and no less important task that general nurses perform is to guide patients and their families. Nurses are responsible for ensuring that discharged patients continue their correct treatment and care at home. Therefore,

it must guide the patient and family on how to perform care and the measures that must be taken so that the patient maintains his or her condition in good condition.

Without a doubt, general nurses perform an endless number of tasks that are essential for the care of a patient. The nurse's participation in the administration of medications is very important since she is the one in charge of administering it to the patient, but before this she must ensure that the medication is correct, as well as the dose. Their participation is also important since they are in constant contact with the patient. And it is through this means that they realize the patient's condition, whether it improves or not, and that is when they create a nurse-patient relationship. As part of the job of a general nurse there is also the task of evaluating the patient; which implies constantly checking their condition. Every time the general nurse checks the patient and takes vital signs or administers some medication and if he had reactions to any, he must record it in the patient's history so that in the future there is a prior record of the person and it can be done. better your diagnosis. Nurses constantly monitor patients' vital signs. The time that nurses spend with their patients leads to the need to provide emotional support and understand changes in patients. Nurses must also educate the patient and family on how to care for them when it is time for the patient to go home. All the tasks that general nurses perform have a purpose, which is to achieve the patient's improvement, which is why these tasks must be performed with great responsibility and regularity.

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