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“What does a nurse do in general?”

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## **“What does a nurse do in general?”**

It is very important to know that nursing is one of the most critical and indispensable fields in any society. Working with sick people, the elderly and children requires great passion and professional vocation. Supporting their patients and caring for their health, we must also consider that nurses do several things, various factors, such as what type of environment they work in and what type of patients they regularly care for, although there are many activities that are common. To all people who practice in the discipline of nursing, such as in the administration of medications, in these cases the nurse must be responsible for giving the medication authorized by the doctor to the patient, which must always be administered in a hospital or a clinic. The doctor sends a medication request to the general nurse who will also verify that there are no pharmacological interactions with other medications that the patient is taking at that time and that the indicated dose coincides with the hospital treatment guidelines and thus apply the medication compliance with instructions. The nurse will remain observing the patient, if the patient presents any risk of reaction to the medicine and thus observe if there are any repercussions or if the patient has any adverse effect to this.

The general nurse must always administer all the medications that the patient requires throughout the day and night. Also a general nurse must actively treat patients. In many hospitals and clinics, general nurses play a main role in the patient's primary care. Doctors work with nurses to provide a program of care to patients based on each person's individual response to a specific treatment. Constantly evaluating the patient is an important task for nurses. When a nurse notices that the patient's illness does not improve after starting treatment or a specific therapy, she must communicate it with the doctor who is caring for the patient and above all, recommend viable changes for the patient's well-being and thus the doctor could change the planned medical care program based on the feedback from the general nurse. They must also maintain and update their medical histories or records. Patient records are also very important and fundamental for adequate medical care. These allow health professionals to offer superior quality care, as well as help the change of conditions. The nursing staff's shifts are carried out without setbacks and without harming the patient. Every time the nurse examines the patient, she has to check his or her emotional and physical state, administers medication or helps him with basic hygiene tasks, he must record these activities immediately. This is important, since the patient's history is often the key to identifying the most appropriate treatment and thus not harming the patient's health.

The nurse must monitor and record the patient's vital signs, every time she is in contact with the patient, she must measure and record vital signs such as, for example, blood pressure, temperature and heart rate. If a patient has high blood pressure, outside of normal ranges, it may be an indication that the patient is feeling distressed or in severe pain. Or if a particular patient has an acute fever, it may indicate that the person most likely has an infection. In hospitals, nurses have a set schedule regarding intervals for measuring vital signs and recording them periodically. Nurses also promote emotional support to their patients and the patient's family, because doctors do not always have enough time to sit with patients and comfort them, it is the mission of general nurses to provide them with peace of mind and carefully explain the severity of their problems. diagnoses and must understand the patient's changes, they spend between eight and twelve hours with patients and can observe and understand the small changes that can make a difference in their recovery. Guide the patient and their families so that they know what to do and nurses are also responsible for ensuring that patients clearly understand their health status, diseases, medications and treatments in the best possible way.

After having seen what a general nurse does in the hospital area and in clinics, we know that they do a great job with patients and that it is a great profession, this profession has great values and above all to fulfill it you need kindness and nobility, Because nurses support their patients and always look and make an effort to ensure that their patient is well, nurses always make an effort to make a difference in the patient's life and above all they do many activities that are very common, such as those We have just seen that they are: administering medications, actively treating patients, constantly evaluating patients, maintaining and updating medical records, monitoring and recording the patient's vital signs, providing emotional support, understanding changes in patients and guiding . to the patient and their families, in all these activities the nurse must allocate as much time as necessary to explain to the patient and their family what to do and what to expect when they leave the hospital or medical clinic. The field of nursing is constantly evolving and there is a high demand for general nurses in all areas of medicine. In addition to offering extensive opportunities for meaningful professional development, this is a job that offers many valuable and rewarding benefits, which undoubtedly results in a tremendous sense of satisfaction for these professionals who protect the health of society every day.

## **Bibliografía:**

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