



# What does a general nurse do?

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## **What does a general nurse do?**

Nursing is one of the most critical and indispensable fields in any society. Working directly with sick people requires great passion and professional vocation. They support their patients and look after their health. She is in charge of ensuring that every patient does not feel or suffer from pain, she is with the patient at all times. The nurse does what is the administration of medications, actively treats the patient, evaluates the patient's condition, updates the data and condition of the patient, the nurse must treat the patient with kindness since it is an emotional support to the patient and also of the relatives to notify them of the condition of their family member

The nurse will be in charge of administering the medication prescribed by the doctor and will ensure that there is no interaction with other types of medications that could harm the patient's health and a specialist doctor prescribes some type of medication that the patient must take or that must be administered in a hospital or clinic, The general nurse is responsible for this. Check that there are no drug interactions with other medications that the patient is currently taking and that the indicated dose coincides with the hospital's treatment guidelines, and then apply the medication in accordance with the instructions. If the patient has any risk of reaction to the medicine, the general nurse will stay with the patient to observe if there are any repercussions or if the patient has any adverse effects to the medicine. Regarding inpatients, the general nurse administers all medications that the patient requires throughout the day and night, following a strict schedule to ensure timely and accurate dosing to maintain health and ensure patient comfort. To accomplish this, the general nurse must work closely with the attending physician(s) and pharmacy staff of the institution. Actively treating patients In many hospitals and clinics, general nurses play a primary role in the patient's primary care. Doctors work with general nurses to plan and implement a patient care program based on each person's individual response to a specific treatment. Based on this, general nurses will assume the comprehensive care of patients in their area of care. Consistently evaluate patients When a general nurse notices that a patient's condition does not improve after initiating a specific treatment or therapy, she will need to communicate her assessment to the patient's attending physician and recommend feasible changes to the plan of care. As a result, the doctor may change the planned program of care based on the Feedback from the general nurse. Maintain and update medical records or records, Patient records are critical to proper medical care. Thorough and clear records allow healthcare professionals to deliver superior quality care. They also help to ensure that the change of nursing staff's shifts is carried out smoothly

and without harming the patient. Any time a general nurse examines the patient, checks their mood and physical condition, administers medication, or assists with basic hygiene tasks, they should record these activities thoroughly. This is vital, as the patient's history is often the key to identifying the most appropriate treatment and intolerances that could harm the patient's health. Whenever a nurse is in contact with the patient, she should measure and record vital signs such as blood pressure, temperature, and heart rate. These are clear indicators of the patient's condition at the time. If a patient has high blood pressure, outside of normal ranges, it may be an indication that the patient is feeling distressed or in severe pain. Or if a particular patient has an acute fever, it may indicate that the person most likely has an infection. In hospitals, general nurses have a set schedule regarding intervals for measuring vital signs and recording them periodically. These observations may include a visual assessment of the patient's condition. Highly experienced nurses can assess the patient's level of well-being with just a head-to-toe scrutiny, without the patient even knowing about it. This allows them to alert doctors of any signs or symptoms of a serious illness. Providing emotional support in a hospital setting can be frightening for patients and their families, particularly if the condition is severe or degenerative. Because doctors don't always have enough time to sit down with patients and comfort them, it's the mission of general nurses to give them peace of mind and thoroughly explain the severity of their diagnoses.

Nurses are in charge of administering the medication, providing emotional support to the patient, updating the patient's data and giving information to family members about the patient's condition, and a nurse cannot follow the doctor's verbal instructions to administer a medication or do something to it, she is responsible for the patient being well both emotionally and physically so that the patient can leave the hospital well. Nursing is something extremely important and beautiful, you have to take the utmost care not to hurt or do something wrong towards the patient.

## **Bibliografía**

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