



**Mi Universidad**

## **Cuadro sinóptico**

*Nombre del Alumno: Eduardo Romeo Barrón Ancheyta*

*Nombre del tema: Enfermedades y soluciones*

*Parcial: 2do*

*Nombre de la Materia: Ingles 4*

*Nombre del profesor: Evani Velasco Urbina*

*Nombre de la Licenciatura: Enfermería*

*Cuatrimestre: 4to*

Enfermedades y soluciones

- Fever
  - You should take a bath
  - You should Drink a hot tea
  - You should take an aspirin and rest
- Headache
  - You should take ibuprofen
  - You should stay hydrated
  - You should dim the lights
- Stomachache
  - You should avoid spicy foods
  - You should take an antacid
  - You should sip on peppermint tea
- Sore Throat
  - You should take acetaminophen
  - You should use throat lozenges
  - You should gargle with warm
- Cough
  - You should use cough syrup or lozenges
  - You should drink warm herbal tea with honey
  - You should rest
- Ear ache
  - You should use ear drops
  - You should apply a warm compress
  - You should take painkillers
- Toothache
  - You should rinse your mouth with warm saltwater
  - You should go to the dentist
  - You should not eat sweets
- Backache
  - You should take a relaxing bath
  - You shouldn't bend down
  - You should apply pain gel
- Injury
  - You should stay lying down
  - You shouldn't get up to walk
  - You should put ice packs
- Diarrhea
  - You should stay hydrated
  - You should eat foods without seasoning
  - You shouldn't drink alcohol