



Mi Universidad

Cuadro sinóptico

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Nombre del tema: Diseases and solutions

Parcial: 4

Nombre de la Materia: Ingles

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Nombre de la Licenciatura: Enfermería

Cuatrimestre: 4to

DISEASES AND SOLUTIONS

FEVER

You should

- Drink plenty of fluids to stay hydrated.
- Wear light clothing.
- take a shower

TOOTHACHE

You should

- Use cold water or ice compresses.
- Rinses with saline water.
- Medicines for tooth pain.

STOMACHACHE

You should

- Drinking water.
- Avoid smoking and drinking alcohol.
- Drink a chamomile tea.

DIABETES

You should

- Lose weight and keep it off.
- Exercise regularly.
- Do not smoke.

DIARRHEA

You should

- Stay hydrated.
- Take an antacid.
- Avoid greasy foods

EAR ACHE

You should

- Put ear drops.
- Put on hot compresses.
- Put on hydrogen peroxide.

COLD

You should

- Take sips of hot liquids.
- Take a break.
- Cold medicine.

FLU

You should

- eat chicken soup.
- Take paracetamol.
- Drink a spearmint tea

SKIN DISEASE

You should

- Use medicated creams and ointments.
- Vitamin injections.
- medications prescribed by a doctor

BROKEN ARM

You should

- Go to the doctor.
- Put on a sling and ice
- Take pain medication.