



NOMBRE DE LA ALUMNA: MERARI ABIGAIL SANCHEZ ALFARO.

NOMBRE DEL PROFESOR (A): EVANI VELASCO URBINA.

MATERIA: INGLES IV.

CUATRIMESTRE:4ºB.

LICENCIATURA: ENFERMERIA.

FECHA:14-OCTUBRE-2023



Asthma disease:

Some quick relief asthma medications that can help and Proventil HFA, Ventolin HFA) levalbuterol (Xopenex HFA) metaproterenol.

A backache:

Some Analgesics anti-inflammatory like ibuprofen for back pain.

A broken leg:

For a broken leg a splint or cast is often used to immobilize the broken bone and you may have to use crutches or a cane to keep weight off the affected leg for at least 6 weeks prescription pain relievers such as acetaminophen (Tylenol and others).

A cold:

Some medications spray to relieve pain diclonin (cepacol), phenol (chloraseptic). Hard candies to coat the throat sucking on candies or throat lozenges can be of great relief.

A cough:

Menthol throat lozenge liquid cough medicines such as dextromethorphan.

An earache:

Some ear drops would be ciprofloxacin and dexamethasone otic (liquid) to place inside the ear. it is usually used twice a day.

A fever:

Take a paracetamol pill another solution that can help reduce fever the application of cloths moistened with fresh, ice water

The flu:

Drink lots of liquids. juice, water, And and soup are great options for taking aspirin pills.

A headache:

You can apply cold to the head take a relaxing shower or bath naproxen sodium pill.

Heartburn:

Resist the urge to overeat or eat quickly be careful with late meals, take esomeprazole pills.

The measles:

Use hot and cold stretching apply an analgesic cream and take baclofen pill.

A rash: Some medications such as cetirizine treatments include moisturizers lotion, baths, cortisone creams that relieve inflammation, and antihistamines, which relieve itching.

A sore throat: Diclonin can help reduce sore throat you can also gargle with warm salt water or use ice chips.

A stomachache: Taking busapine pill and taking ginger can help reduce pain.

Sunbur: Use a sunscreen with a protection factor of 30 or higher use a sunscreen that is broad – spectrum to protect against ultraviolet A and B light.

A toothache: Erythromycin pill and place warm or cold compresses on the area to help relieve discomfort rinse with salt water.