



# UJDS

## Mi Universidad

### Cuadro Sinóptico

*Nombre del Alumno: Dulce Maria Alvarez López*

*Nombre del tema: Enfermedades y solución de esta.*

*Parcial: 2°*

*Nombre de la Materia: Ingles IV*

*Nombre del profesor: Evaní Velasco Urbina*

*Nombre de la Licenciatura: Enfermería.*

*Cuatrimestre: 4to*



# Disease

It is considered any state where there is a deterioration in the health of the human organism.

Manifested by symptoms and signs.

## Symptoms

They are the subjective sensations that a person experiences.

Example;

- + Pain
- + Fatigue
- + Fever.
- + Nausea.
- + Threw up.
- + Diarrhea.
- + Cough

## Signs

They are clues that doctors collect when observing and examining the patient.

Example:

- Fever.
- Increase of cardiac frequency.
- Inflammation.
- Edema.
- Hemorrhage.

**Conjunctivitis:** Inflammation of the transparent membrane between the eyelid and the eyeball.



Do not expose yourself to the wind or the sun, wash with clean water.

**Earache:** Discomfort in a proximal part shared by the cranial nerves

Cold compresses or the use of pain relievers such as paracetamol are recommended.



**Cough:** Reflex that keeps the throat and always clear.

Drink hot liquids, breathe warm water vapors, ambroxol medical treatment.

**Anorexia:** Eating disorder intense fear of

Wash your hands well after going to the bathroom.



**Hepatitis:** Inflammation of the liver that can cause a number of health problems and can be fatal.

Maintain a balanced diet and acquire psychological help.

**Diabetes:** Chronic disease characterized by high glucose levels.

Avoid drinking sugary drinks eat properly.



**Influenza:** Infectious acute and contagious disease caused by a virus that attacks the respiratory.

Antivirals, pills and liquids.

**Obesity:** Pathological state characterized by an excess or accumulation of fat in the body.

Eat a balanced diet and avoid consuming foods with high flour content.

**Sore throat:** Upper respiratory tract infection caused by a cold.

Drink hot lemon tea or go to the doctor if it is infection.



**Dengue:** Epidemic disease characterized by fever/pain in the limbs.

Drink liquids, so as not to become dehydrated.

