



Mi Universidad

Nombre del Alumno: Tania Elizabeth Vázquez Vázquez

Nombre del tema: Suggestions

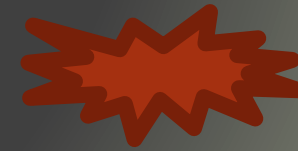
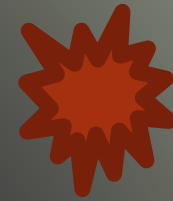
Parcial :I I

Nombre de la Materia: ingles

Nombre del profesor: Georgina Olivia Vidal Alfonso

Nombre de la Licenciatura: Enfermería

Cuatrimestre:4



cough

You should drink a cough syrup
You should drink a chamomile tea
with lemon and honey
You should drink more hot drinks
than cold drinks
Avoid contact with people and
kisses
You should take menthol pills every
8 hours



Fever



Drink plenty of water
You should take a half or full tablet
of paracetamol every 6 hours
Avoid alcohol, tea and coffee as
these drinks can cause slight
dehydration
Avoid taking cold baths or showers.
You should take some rest and
sleep

flu



You should take some rest and
allow
yourself to sleep
1

You should drink lots of fluids
and water 2

You should eat a chicken
soup with lots
of vegetables
4

Get the flu vaccine 3
FLU

You should take an antifu pill
every 8
hours

stomachache



YOU SHOULD AVOID LAYING DOWN
YOU SHOULD DRINK PLENTY WATER
YOU SHOULD DRINK PEPTOBISMOL
YOU SHOULD DRINK GINGER TEA WITH
HONEY
AVOID SMOKING AND DRINKING ALCOHOL

You should take an aspirin
every 8

hours with plenty water

You should put Hot or cold
compresses

to your head or neck

Preventive medications such
as

metoprolol

You should have some tea,
coffee, or

something with a little
caffeine in it

Don

't give aspirin to a child
under age

16

Headache

