

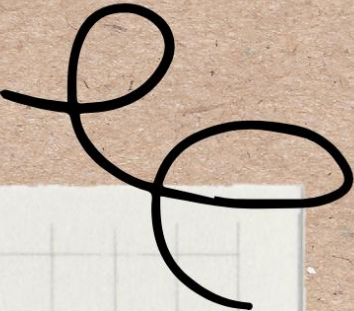




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Unit: II

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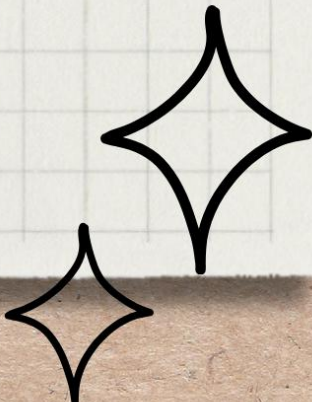

Semester: 4 Group: "A" Date: october 22th



COUGH



YOU SHOULD DRINK A COUGH SYRUP.
YOU SHOULD DRINK A CHAMOMILE TEA.
WITH LEMON AND HONEY YOU SHOULD.
DRINK MORE HOT DRINKS THAN COLD.
DRINKS AVOID CONTACT WITH PEOPLE.
AND KISSES YOU SHOULD TAKE.
MENTHOL PILLS EVERY 8 HOURS.

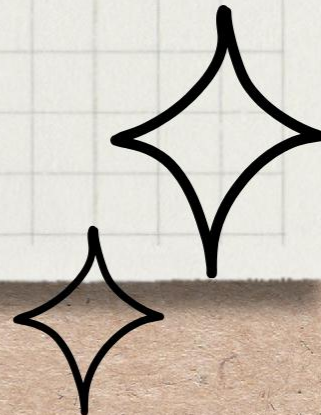




STOMACHACHE



- YOU SHOULD AVOID LAYING DOWN
- YOU SHOULD DRINK PLENTY WATER
- YOU SHOULD DRINK PEPTOBISMOL
- YOU SHOULD DRINK GINGER TEA WITH
- HONEY
- AVOID SMOKING AND DRINKING ALCOHOL





FLU

PROTÉGETE DE LA GRIPE

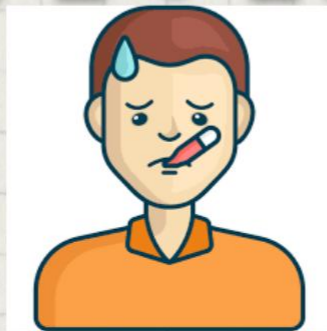


forevenlital




YOU SHOULD TAKE SOME REST AND ALLOW YOURSELF TO SLEEP 1 YOU SHOULD DRINK LOTS OF FLUIDS AND WATER 2 YOU SHOULD EAT A CHICKEN SOUP WITH LOTS OF VEGETABLES 4 GET THE FLU VACCINE 3 FLU YOU SHOULD TAKE AN ANTIFLU PILL EVERY 8 HOURS



FEVER




DRINK PLENTY OF WATER YOU SHOULD
TAKE A HALF OR FULL TABLET OF
PARACETAMOL EVERY 6 HOURS AVOID
ALCOHOL, TEA AND COFFEE AS THESE
DRINKS CAN CAUSE SLIGHT
DEHYDRATION AVOID TAKING COLD
BATHS OR SHOWERS. YOU SHOULD TAKE
SOME REST AND SLEEP





HEADACHE



- YOU SHOULD TAKE AN ASPIRIN EVERY 8 HOURS WITH PLENTY WATER
 - YOU SHOULD PUT HOT OR COLD COMPRESSES TO YOUR HEAD OR NECK
 - PREVENTIVE MEDICATIONS SUCH AS METOPROLOL
 - YOU SHOULD HAVE SOME TEA, COFFEE, OR SOMETHING WITH A LITTLE CAFFEINE IN IT
 - DON'T GIVE ASPIRIN TO A CHILD UNDER AGE 18
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