

UNIVERSIDAD DEL SURESTE

POR: MARCIA SOFIA HERNANDEZ MORALES

PROFESOR: RAFAEL IVAN GUILLEN ALCALA

ASIGNATURA: INGLES

TIPO DE TRABAJO: WEEKLY SCHEDULE

LICENCIATURA EN NUTRICION

1er. CUATRIMESTRE

COMITAN DE DOMINGUEZ, CHIAPAS



DAILY ROUTINE

On Friday mornings I usually get up an hour later, when I get up I wash my face and make my breakfast. I also usually help my mom, she always cleans the house and makes food, so I help her too. Since it's the day I don't attend classes, I take the opportunity to play and take my dog for a walk, he has a lot of fun. When I finish playing I do my homework and then I have the rest of the day free. At 3 in the afternoon my family and I met to eat, my mother serves the food, my sister passes it to the bar and I transfer it to the table, meanwhile my dad and my brother wash their hands. When I finish eating, my sister lifts the dishes, my mother washes them and I clean the table. Usually in the afternoons we go out for a walk or to visit my grandparents, sometimes we eat ice cream or just run errands. When we return home we make dinner and during dinner we have a talk. When we finish dinner we all get together to watch television and at 10 at night everyone goes to their room to go to bed.

BIBLIOGRAFIA

- <https://www.youtube.com/watch?v=FHa0bkHEkHQ>
- <https://www.youtube.com/watch?v=7TMXvhjMMSE&t=761s>
- <https://www.youtube.com/watch?v=hcqJfVhdA5Y>

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