



Renato villabos robledo

Ingles

Rutina diaria

Guillen Alcalá Rafael iban

1 cuatrimestre

Comitan de dominguez Chiapas 2 de diciembre del 2023

Time	sunday	monday	tuesday	wednesday	thursday	friday	saturday
5:50	I'm going to train	I'm going to train	I'm going to train	I'm going to train	I'm going to train		
8:30	Getting to school	Getting to school	Getting to school	Getting to school	Getting to school		
9:00	First breakfast	First breakfast	First breakfast	First breakfast	First breakfast	Breakfast	
10:00	I enter my second class	I enter my second class	I enter my second class	I enter my second class	I enter my second class		Breakfast
12:00	Second meal	Second meal	Second meal	Second meal	Second meal	Going out to the countryside	
2:00	I got out of school	I got out of school	I got out of school	I got out of school	I got out of school	Match day	
3:00	I'm going to the gym	I'm going to the gym	I'm going to the gym	I'm going to the gym	I'm going to the gym		Family outing
6:00	I'm starting to work	I'm starting to work	I'm starting to work	I'm starting to work	I'm starting to work	To eat	To eat
10:00	I just got too work	I just got too work	I just got too work	I just got too work	I just got too work		Dinner
10:40	Rest	Rest	Rest	Rest	Rest	rest	Rest

Dayly routine

I train at 5 am. I go to school at 8, I take my first class, I have breakfast at 10, I take my second class at 11, I leave for school at 2, from there I go to the gym after the gym I go to eat, I work all night, by the way I sell wings I close at 10, have dinner a little and go to sleep at 10:30