



Mi Universidad



HEALTHY

SUGGESTIONS

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DATE: SATURDAY OCTOBER 14TH, 2023

"COUGH"

You should take aspirine every 8 hours



You should drink a lemon and honey tea



You should eat a chicken soup



You should maple syrup fur your cough

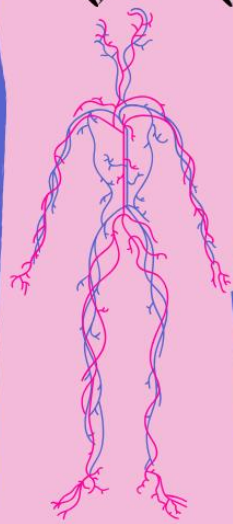
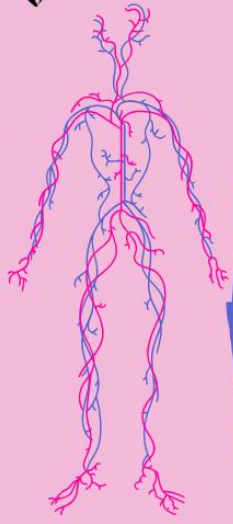


You should drink a lemon and ginger tea



"FEVER"

You should put a warm compress



You should drink a ginger tea



You should drink water



You should take paracetamol every 8 hours



You should drink a lettuce tea



"FLU"

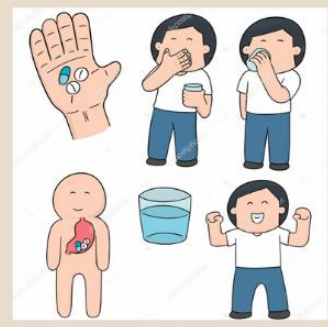
You should eat a chicken soup



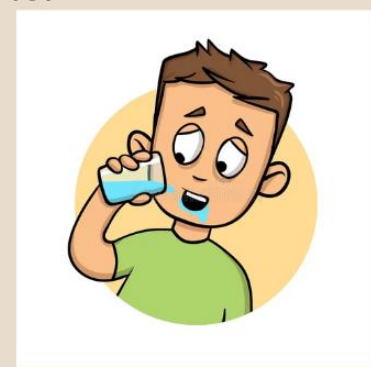
You should eat oranges



You should take ibuprofen every 6 hours



You should drink water



You should drink a lemon and honey tea



"STOMACHACHE"

You should drink an antiacid



You should not coffee



You should drink a chamomile tea



You should take omeprazole every 12 hours



You should drink a cinnamon tea



"HEADACHE"

You should take paracetamol every 8 hours



You should drink water



You should drink a spearmint tea



You should drink a valerian tea



You should drink a cinnamon tea

