EUDS Mi Universidad

Super Nota

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Topic Should (suggestions)

Unity 2

Subject: English IV

Teacher's name Georgina Olivia Vidal Silba

Carrer: Nursing

Grade 4 Group: A

HEALTY TIPS BY WENDY CARDENAS

THURSDAY 12TH OCTOBER 2023

COUGH



If you have cough, you need to take a this suggestions



- you should drink a tukol-D syrup
- you should drink a bisolvon syrup
- you should drink a orange with honey tea
- you should drink a ginger tea
- you should put vick vaporub in your chest



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FEVER

If you have fever, you need to take a this suggestions

- you should put your feet in alcohol with water
- you should wear little clothes
- you should take a shower with enough hot water
- you should take a ibuprofeno and paracetamol pills
- you should tylenol pills



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FLU

If you have flu, you need to take a this suggestions

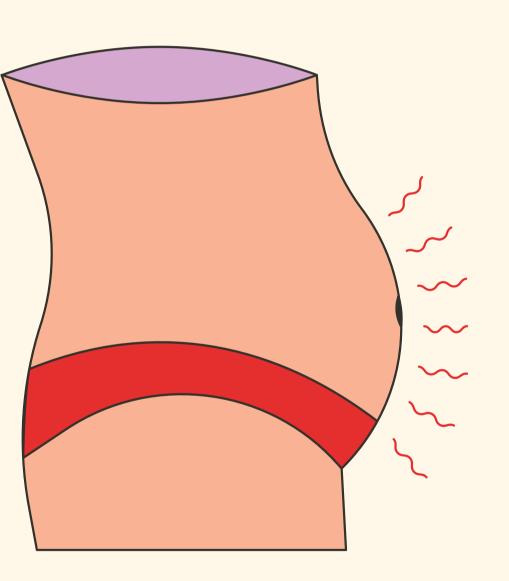


- you should go to the doctor
- you should drink a lemon with garlic and bougainvilled tea
- you should wear your sweater
- you should take ladexgel pills
- you should put vick vaporub in your back

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STOMACHACHE

If you have stomachache, you need to take a this suggestions



- you should go to the restroom
- you should drink a fennel tea
- you should eat apple
- you should take a loperamida pills
- you should put hot clothes in your stomach



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HEADACHE

If you have headache, you need to take a this suggestions



- you should go to the doctor
- you should get a massage in your head
- you should drink a "lavanda" tea
- you should sleep
- you should take a cafiaspirina pills



