



**Mi Universidad**

**Super Nota**

*Name: Lesly Vázquez Mazariegos*

*Topic Should*

*Unity 2*

*Subject: English IV*

*Teacher's name Georgina Olivia Vidal Silba*

*Carrer: Nursing*

*Grade 4 Group: A*

The background is a light grey, textured paper with various watercolor-style illustrations. There are orange and pinkish-red shapes, a blue squiggle, a blue spiral, and a blue wavy shape. The text is centered in a yellow rounded rectangle.

# HEALTHY TIPS BY NURSE LESLY

THURSDAY 12TH , 2023

# COUGH

IF YOU HAVE COUGH, YOU NEED TO TAKE THIS SUGGESTIONS

- YOU SHOULD DRINK A LEMON WITH GARLIC AND HONEY TEA
- YOU SHOULD DRINK A BUGAINVILLEA TEA
- YOU SHOULD DRINK A MILK ENOUGH HOT WITH MARSHMALLOWS
- YOU SHOULD TAKE A GRANEODIN PILLS
- YOU SHOULD DRINK A TESALON SYRUP



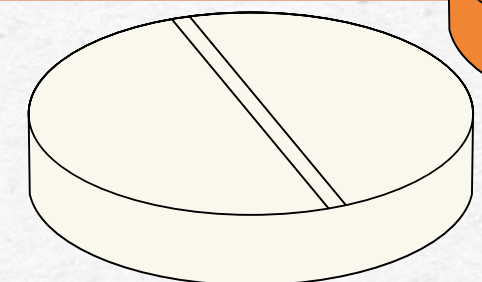
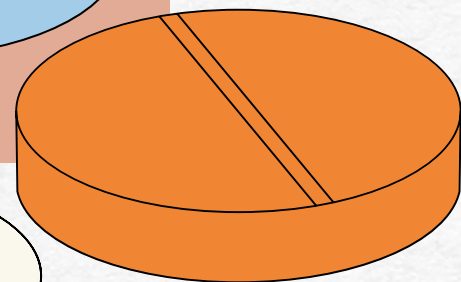
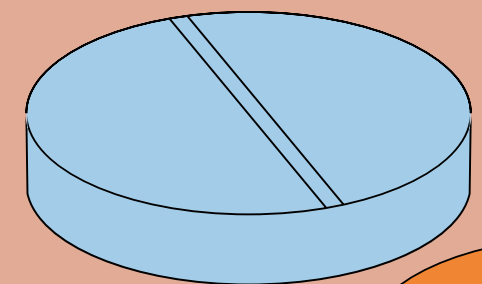
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# FEVER

IF YOU HAVE FEVER, YOU NEED TO TAKE THIS SUGGESTIONS

- YOU SHOULD TAKE A SHOWER WITH ENOUGH HOT WATER
- YOU SHOULD TAKE CONSTANTLY YOUR TEMPERATURE
- YOU SHOULD DRINK TO MUCH WATER
- YOU SHOULD TAKE A TEMPRA PILLS
- YOU SHOULD TAKE ADVIL PILLS



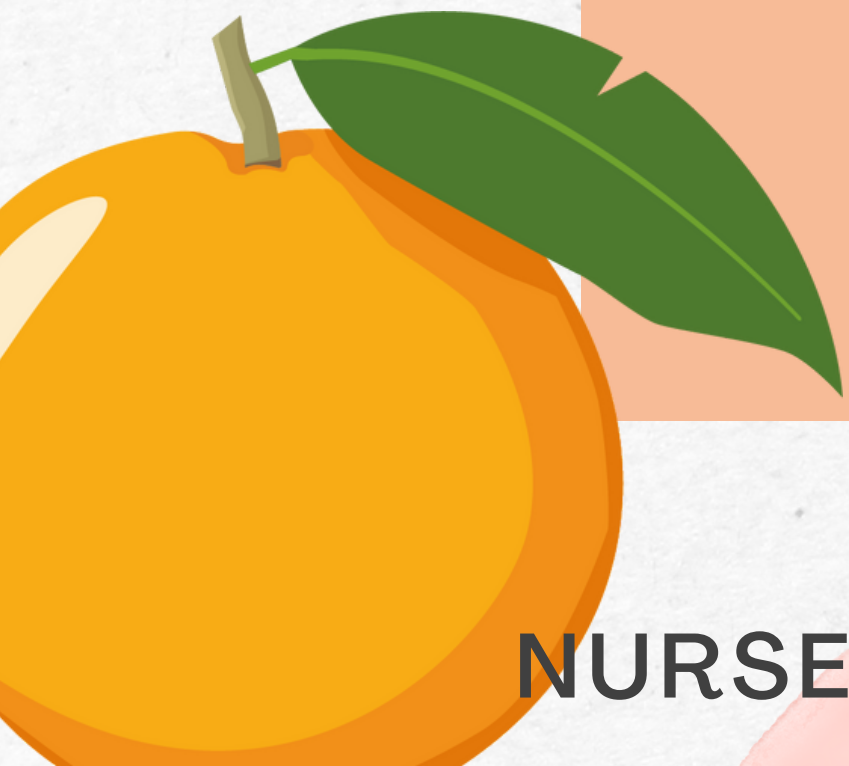
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# FLU

IF YOU HAVE A FLU, YOU NEED TO TAKE THIS SUGGESTIONS

- YOU SHOULD DRINK A ORANGE TEA
- YOU SHOULD TAKE A REST
- YOU SHOULD DRINK TO MUCH WATER
- YOU SHOULD GO TO THE DOCTOR
- YOU SHOULD TAKE A ANTIFLUDES PILLS



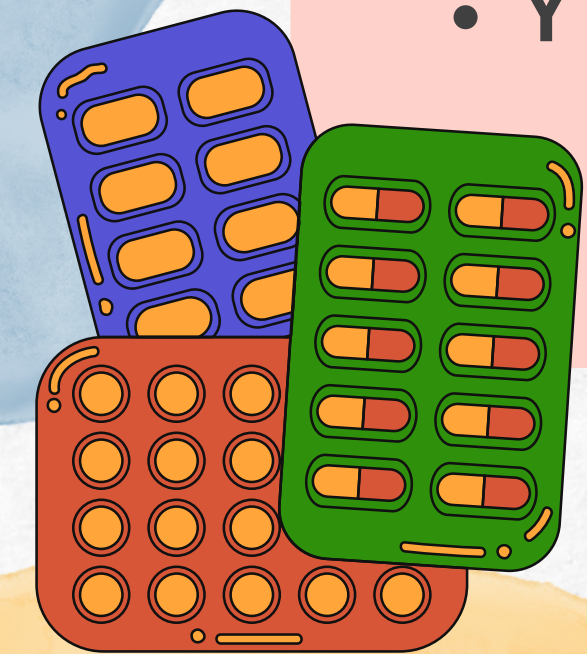
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# STOMACHACHE

IF YOU HAVE STOMACHACHE, YOU NEED TO TAKE THIS SUGGESTIONS

- YOU SHOULD A CINNAMON TEA
- YOU SHOULD EAT PLUM
- YOU SHOULD PUT ALCOHOL IN YOUR STOMACH
- YOU SHOULD TAKE A OMEPRAZOL PILLS
- YOU SHOULD TAKE PEPTO BISMOL SYRUP



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# HEADACHE

IF YOU HAVE HEADACHE, YOU NEED TO TAKE THIS SUGGESTIONS

- YOU SHOULD SLEEP 20 MINUTS
- YOU SHOULD PUT VICK VPORUB IN YOUR FOREHEAD
- YOU SHOULD DRINK A GINGER TEA
- YOU SHOULD TAKE A BIOLECTRO PILLS
- YOU SHOULD TAKE A EXCEDRIN PILLS



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