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# BY NURSE CECILIA

## COUGH



### home remedy

- if you have cough you need to take this suggestions
- you should drink a ginger tea
- you should drink lot of liquid
- you should take some honey candies

### Drugs

- you should take ambroxol
- you should benzonato



## FEVER

### home remedy

- you should water compresses
- you should rest
- you should take a warm shower



### Drugs

1. if you have fever you need to take this suggestions
2. you should take paracetamol pill
3. you should take naproxeno an ibuprofenos



# BY NURSE CECILIA

## FLU

### home remedy

- if you have cough you need to take this suggestions
- you should drink apple tea with cinnaman
- you should eat a chicken soup
- you should drink warm water



### Drugs

- you should take dextrometorfano
- you should take doxilamina succinato
- you should take futox

## STOMACHACHE.

### home remedy

- you should drink Chamomile tea
- you should take hot water bottle



### Drugs

- you should drink buscapina
- you should take loperamida

**BY NURSE CECILIA**

# HEADACHE!



## home remedy

- you should get some rest
- You should put on a warm water towel
- You should listen to relaxing music
- you should drink apple tea with cinnaman



## Drugs

- you should take ibuprofeno
- you should take paracetamol pill
- you should take aspirina

