

HEALTHY TIPS.....!!!

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FEVER



If you have fever, You need to take this suggestions He should put cold compress, take some rest and so water drink



COUGH

If You have cough, You need to take this suggestions He should take a lemonade tea, take a histiakil syrup



FLU....



If she have flu, You need to take this suggestions She should take a some rest, She shouldn't beer drink





Stomachache

If You have
stomachache, You
need to take this
suggestions, she should
drink a chamomille tea
and take a Buscapina
pills

If you have a headache, you need to take these suggestions:
She should take a paracetamol pill, take some rest and put a cold compress.



HEADACHE

