EUDS Mi Universidad

Super Note

Name: Tania Geraldine Ballinas Valdez

Number list: 02

Theme name: SUGGESTIONS

Partial: unity 2

Matter: English

Teacher's name: Georgina Olivia Vidal Alfonzo

Career: Nurse

Curse: 4th cuatrimestre Group: A

Date: Tuesday october 10 th 2023







Tuesday, October 10th.2023

"COUGH"

- -Take cough syrup
- -Take a histiacil pill every 6 hours
- -Eat a chicken soup
- -Drink a lemon tea
- -Put on a sweater

NURSE TANIA'S SUGGESTIONS



Tuesday, October 10th.2023

"FEVER"

- -Take a paracetamol pill every 8 hours
- -Take a metamizol pill every 8 hours
- -You have some rest
- -Drink too much water
- -Put on cold cloths in the head

NURSE TANIA'S SUGGESTIONS



Tuesday, October 10th.2023

"FLU"

- -Take a next pill every 8 hours
- -Take a bactiver pill every 12 hours
- -You have some rest
- -Eat a chicken soup
- -Drink a hot cinnamon tea with lemon





Tuesday, October 10th.2023

"STOMACHACHE"

- -Take a Buscapina pill every 8 hours
- -Drink pepto-bismol every 12 hours
- -You have some rest
- -Drink a ginger tea
- -Drink a chamomille tea





Tuesday October 10th.2023

"HEADACHE""

- -Take a metamizol pill every 8 hours
- -Take a paracetamol pill every 8 hours
- -You have some rest
- -put on cold cloths in the head
- -Drink too much water