



Subject: English

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Grade: fourth semester

Teacher: Miss, Gina

Grade:

Group: Human Resources

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Introduccion

In this unit we learned and practiced using the word "Should"

Super nota

Fever

- You should lower your temperature by using annatto seeds that you can use in a form of an infusion, orally
- You should drink a tea of an infusion of wormwood to lower your temperature
- you should drink an elderberry tea
- you should drink an infusion of lemon grass
- you should take paracetamol or ibuprofen in appropriate doses to help bring your temperature down.



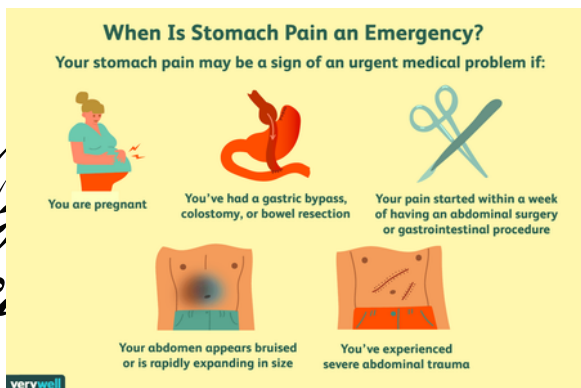
Cough

- You drink a lot of fluids to help thin out any mucus you may have
- you should suck on cough drops
- you should cut a purple onion and have it on your night stand to prevent you from having coughing while sleeping
- You should eat honey to help soothe out your throat
- you should avoid smoking



Flu

- You should stay home and rest
- you should drink many fluids
- you should drink anti-flu every 8 hours
- you should use a humidifier to help your environment be better for you
- you should take antiviral medication



stomach ache

- You should drink a lot of clear fluids
- you should reduce your coffee intake
- you shouldn't drink any alcohol or tea
- you should avoid any greasy food
- you should use a heating pad

Headache

- You should rest in a dark quiet room
- you should use a cold compress
- you should take an ibuprofen
- you shouldn't use any technology like your phone or tv
- you should keep yourself hydrated



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conclusion

**we used the word “should”
to suggest any kind of
remedies for certain
illnesses or pain one may
have**