

Suggestions

COUGH: IF YOU HAVE A COUGH YOU SHOULD DRINK LEMONADE WITH HONEY, NOT DRINK COLD THINGS AND TAKE SOME SYRUP.

FEVER :IF YOU HAVE FEVER YOU SHOULD REST, STAY COOL AND TAKE A SHOWER WITH WARM WATER.

FLU : IF YOU HAVE FLU YOU SHOULD DRINK A LOT OF WATER, TAKE AN IBUPROFEN PILL AND GINGER TEA.

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STOMACHACHE : IF YOU HAVE A TUMMY ACHE YOU SHOULD EAT HEALTHY SOUP AND CHICKEN AND STAY HYDRATED.

HEADACHE : IF YOU HAVE HEADACHE YOU SHOULD TAKE A PILL ADVIL AND STAY RELAX