



Mi Universidad

Super note.

Student's name: Karla Osorio Contreras.

Theme name: Appearance and health.

Partial: One.

Subject name: English four.

Teacher's name: Teresita De Jesús Trejo Pérez.

Degree: General Nursing.

Four-month period: Four.

Appearance and health.

A young man named Esteban Perez, 20 years old. She is 1.80 cm tall and weighs 70 kg, her skin color is white, her hair is black and her eyes are brown, she has black eyebrows, and she has dark circles under her eyes from not sleeping well. He has had the flu for a week, his symptoms are: fever, headache, sore throat, nasal congestion, cough, muscle aches. His mood is sad, irritable and weak and he is at rest until he can move around well. He has a high fever of 38°C, his cheeks and forehead are pink, his blood pressure is low at 100/60 mm Hg, he is taking his medications that the doctor prescribed for his speedy recovery and I have given him care to avoid prolonging the flu.



He has chills due to the high fever he has, and vomits at night, he has no appetite all day, but the doctor prescribed him drink to avoid dehydration.