

COUNTRIES



THAILAND AND PERU



LEYDI CRUZ
LUCERO BASTARD





PERU

NATIONALITY

PERUVIAN

LANGUAGE

SPANISH



TYPICAL FOOD

CEVICHE

MADE WITH FISH AND, DEPENDING ON TASTE, SEAFOOD, IT IS BATHED IN CITRUS DRESSINGS THAT ONLY BRING OUT THE FLAVOR.



AJÍ DE GALLINA

A DISH THAT CONSISTS OF A CREAM WITH SHREDDED CHICKEN BREAST AND ACCOMPANIED BY BOILED POTATOES OR WHITE RICE.

LIMEÑA CASE

THIS DISH IS MADE FROM YELLOW POTATOES (ONE OF THE MORE THAN 3,000 TYPES OF POTATOES THAT EXIST IN PERU) AND ITS LAYERED PRESENTATION ATTRACTS ATTENTION.



TYPICAL FOOD

PACHAMANCA

THE NAME COMES FROM THE QUECHUA WORDS "PACHA" WHICH MEANS "EARTH" AND "MANKA" WHICH MEANS "POT", WHICH LEADS US TO UNDERSTAND THAT ITS MEANING WOULD BE THAT OF "POT OF EARTH". AND IT DESCRIBES VERY WELL THE WAY THIS DISH IS COOKED.



TACU TACU

CREOLE DISH CONSISTING OF COOKED RICE, STEWS AND STIR-FRY BASED ON YELLOW PEPPER. THESE ARE MIXED UNTIL A DOUGH IS OBTAINED UNDER THE HEAT OF THE PAN

NOODLES A LA HUANCAINA

PASTA BATHED IN HUANCAÍNA SAUCE, WHICH IS PREPARED WITH FRESH CHEESE AND YELLOW CHILI PEPPER



DRESS

WOMEN

PERUVIAN WOMEN TRADITIONALLY WEAR LONG SKIRTS (KNOWN AS POLLERAS) AND COLORFUL SHAWLS (KNOWN AS MANTAS)



BOTH MEN AND WOMEN USUALLY WEAR WIDE-BRIMMED HATS TO PROTECT THEMSELVES FROM THE SUN

MEN

MEN USUALLY WEAR PANTS (KNOWN AS BLOOMERS) AND PONCHOS.



IMPORTANT HERITAGES/ TOURIST ATTRACTIONS



MACHU PICHU

HISTORIC SANCTUARY OF MACHU PICCHU LOCATED AT AN ALTITUDE OF 2,430 METERS IN A PLACE OF GREAT BEAUTY, IN THE MIDDLE OF A TROPICAL MOUNTAIN FOREST, THE SANCTUARY OF MACHU PICCHU WAS PROBABLY THE MOST ASTONISHING ARCHITECTURAL ACHIEVEMENT OF THE INCA EMPIRE AT ITS PEAK.

CITY OF CUZCO

CITY OF CUZCO LOCATED IN THE HEART OF THE ANDES, THIS CITY BECAME UNDER THE RULE OF THE INCA PACHACUTEC A COMPLEX URBAN CENTER WITH DIFFERENTIATED RELIGIOUS AND ADMINISTRATIVE FUNCTIONS.



IMPORTANT HERITAGES/ TOURIST ATTRACTIONS



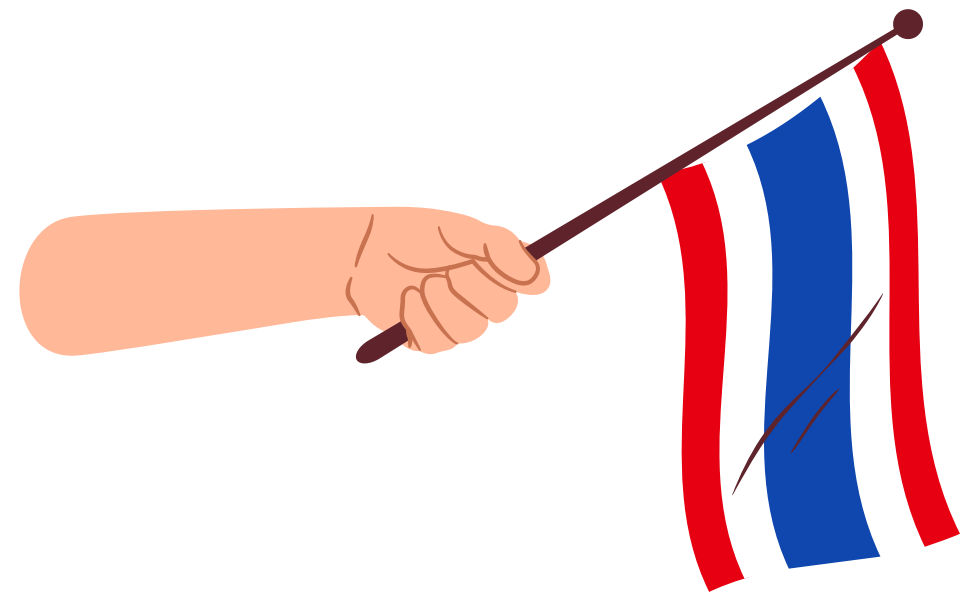
CHAVIN ARCHAEOLOGICAL SITE

THE ARCHAEOLOGICAL SITE OF CHAVIN HAS GIVEN ITS NAME TO THE CULTURE THAT DEVELOPED BETWEEN 1500 AND 300 B.C. IN THE HIGH VALLEY OF THE PERUVIAN ANDES IN WHICH IT IS LOCATED.

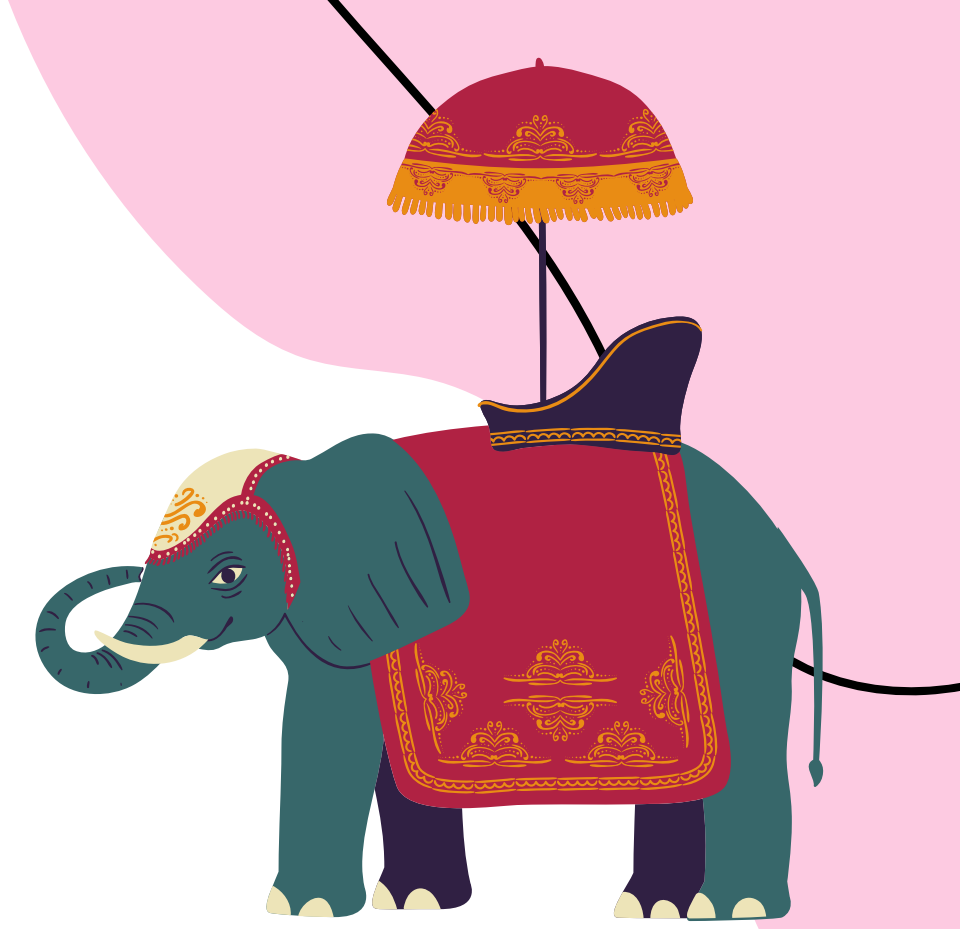
HUASCARAN NATIONAL PARK

IN THE CORDILLERA BLANCA, THE HIGHEST TROPICAL MOUNTAIN RANGE IN THE WORLD, MOUNT HUASCARAN RISES 6,768 METERS ABOVE SEA LEVEL, WHICH GIVES THIS PARK ITS NAME





THAILAN



NATIONALITY

THAI

LANGUAGE

EL TAILANDÉS, TAMBIÉN CONOCIDO
COMO SIAMÉS,



TYPICAL FOOD

PAD THAI

IT CONSISTS OF FRIED RICE NOODLES THAT ARE SAUTÉED WITH SHRIMP, CHICKEN OR TOFU, AND ACCOMPANIED BY SOY AND FISH SAUCE, EGG, CHILI, LIME AND SUGAR.



KAI PAD MED MAMUANG

IT IS MADE UP OF CHICKEN, CASHEWS, ONION, MUSHROOMS AND A SOY SAUCE WITH PEPPER, AND IS USUALLY ACCOMPANIED BY RICE, BOTH WHITE AND BROWN.

KHAO PAD SAPAROD

ALSO WITH RICE AND SHRIMP OR CHICKEN, EGG, PINEAPPLE, RAISINS, CASHEWS AND FISH SAUCE. TO ACHIEVE ITS PARTICULAR TOUCH, CURRY POWDER IS ADDED.



TYPICAL FOOD

SOM TAM

IT IS A PAPAYA SALAD WITH TOMATO, CHILI, PEANUTS AND GARLIC, AND AS USUAL, IT IS DRESSED WITH FISH SAUCE AND ACCOMPANIED BY RICE.



KUAY TEOW LUI SUAN

FRESH THAI-STYLE ROLLS THEY ARE PREPARED WITH RICE PAPER AND FILLED WITH BEAN SPROUTS, VEGETABLES AND LETTUCE.

TOM KHA KAI

IT IS A CHICKEN SOUP WITH COCONUT MILK THAT WILL SUIT YOU WONDERFULLY. MILD AND NOT TOO SPICY





DRESS

CHONG KBEN

BOTH MEN AND WOMEN WEAR THE CHONG KBEN, A SILK GARMENT THAT WRAPS THE LOWER PART OF THE BODY, ADOPTED FROM CAMBODIA. THIS GARMENT, SIMILAR TO LOOSE PANTS, TUCKS BETWEEN THE LEGS.

CHAKKRI

THE CHAKKRI BOASTS AN ELEGANCE APPROPRIATE FOR ANY FORMAL OCCASION. THE SUIT INCLUDES A LONG PENCIL SKIRT WITH TWO FRONT PLEATS AND A SABAI. THE SABAI IS A SILK TOP THAT WRAPS AROUND THE SHOULDERS AND REACHES THE FLOOR ON ONE SIDE.



SINH

A TUBULAR SKIRT THAT SURROUNDS THE WAIST, USUALLY MADE OF THAI SILK.



DRESS

SIWALAI

THE SIWALAI IS USUALLY WORN AT EVENTS SUCH AS CEREMONIES OR ROYAL FUNCTIONS



PHRARATCHATHAN

THE ONLY FORMAL ATTIRE IS THE SUEA PHRARATCHATHAN



IMPORTANT HERITAGES/ TOURIST ATTRACTIONS



1. BANGKOK

BANGKOK IS THE CAPITAL OF THAILAND

2. CHIANG MAI

IT IS HOME TO MANY SPIRITUAL CENTERS IN THAILAND



3. AYUTTHAYA

IT IS AN INCREDIBLE CITY, SOME CALL IT "THE SECOND CAPITAL" OF THAILAND. IT IS A UNESCO WORLD HERITAGE SITE, AND HAS TEMPLES THAT WILL BLOW YOUR MIND!

IMPORTANT HERITAGES/ TOURIST ATTRACTIONS



4. HIN DAENG

IT MEANS "RED ROCK", AND IS KNOWN AS ONE OF THE BEST PLACES IN THAILAND FOR DIVING.

5. THE FLOATING MARKET (EL MERCADO FLOTANTE)

THE FLOATING MARKET IS ONE OF THE MUST-SEE PLACES IN BANGKOK, WHERE YOU CAN SEE HOW LOCALS BUY AND SELL ALL KINDS OF GOODS, ALTHOUGH MOSTLY FOOD.



6. CHIANG RAI

THIS TEMPLE IS LOCATED WELL NORTH OF THAILAND, A FEW KILOMETERS FROM THE BORDER WITH LAOS