



Mi Universidad

TEXTO

Nombre del Alumno: Jatziri Guadalupe Galera Mendoza

Nombre del tema: It's nice to meet you

Parcial: Primer parcial

Nombre de la Materia: Inglés I

Nombre del profesor: Teresita de Jesús Trejo Pérez

Nombre de la Licenciatura: Licenciatura en enfermería

Cuatrimestre: Primer cuatrimestre

It's nice to meet you

Hello, my name is Jatziri Guadalupe Galera Mendoza, I was born in Pichucalco, Chiapas, on March 5, 2005, I am 18 years old; My parents are Mrs. Elsy Mendoza García and Mr. Antonio Galera Pérez, my parents are separated, I have 5 siblings, 4 from my mother's marriage and 1 from my father's marriage; Their names are Daiana Guadalupe Galera Gutiérrez, María José Cantoral Mendoza, Naomi Monserrat Cantoral Mendoza, Mía Paola Cantoral Mendoza and Allan Michelle Cantoral Mendoza;

I currently live with my father and his current marriage, Mrs. Yesenia Gutiérrez López and my sister; I studied at the University of the Southeast, pursuing a degree in nursing.

My studies were carried out at the "Leona Vicario" kindergarten, at the "24 de Febrero" Federal primary school, at the "General Carlos A. Vidal" State secondary school and at the "14 de Septiembre" high school.

I have excelled in various sports disciplines, when I was in kindergarten I participated in every type of sporting event that took place within the same institution, I even won in an obstacle course, in primary school I played soccer in the little ones tournaments held by the institution, our team always winning, in high school I stood out in athletics, being one of the fastest runners in my class, I won in a relay race, I currently practice contact sports: Taekwondo, sanda and Kickboxing, I have been selected state for 2 consecutive years to represent Chiapas in the "National Popular Games"; These sports are something that at first I didn't like but I went because I wasn't doing anything productive in my life. As time went by I started to love them and I liked what I did. I started participating in tournaments getting good results.

In my free spaces I like to write or watch videos, I also really like to eat and sleep, because I practice sports I limit myself to eating sweets and I take care of my diet.

Something that cannot be missing in my daily life is listening to music, I like it a lot, I do it for almost everything, I can listen to any type of music, I don't have a favorite musical

genre, but at a certain point I like old music, I could say that my favorite artist is Taylor Swift; My favorite colors are purple, white and black, I don't like the color pink, my favorite food is red chilaquiles and green spaghetti , although I also love tacos, mainly asada ones, but I also like stewed ones, I really like horchata water, my favorite fruits are mango, banana, apple, green grapes, strawberries, orange, melon, pineapple, papaya, I hardly like vegetables, the only ones I eat are carrots raw, taro, cassava, corn, pumpkin, I really like to eat lettuce with lemon and salt, I don't like onion, tomato, garlic, fish.

I hardly watch movies or series, but the few that I have seen and liked are Elite, Me before you, miracle in cell 7, miracles from heaven, to all the boys I fell in love with; I'm more into watching videos or watching tik tok.

I am a person who tends to be cold and show little affection, I manage avoidant attachment, I do not like someone to hug me without my consent, I am usually affectionate with important people, however it is always difficult for me to have that contact with people, my Social circle is small since I learned to be selective with my friends, I don't let just anyone into my life, I am a trustworthy person, I know how to listen to people, I am good at giving advice, although I don't show it I am too sentimental in various situations , I really like helping people, I am an empathetic person, I don't like interacting with people who don't bring good things to my life, pessimistic and negative people, I don't like people to be hypocritical and double-faced, I tend to be very direct , I do not say what the person wants to hear but the reality of things.

I like to learn new things and when I don't know how to do something I usually look for a way to do it, I tend to be very perfectionist at times, I think one of my defects is that I like things to be done my way and when I say, I hate that They contradict me and it is difficult for me to recognize my mistakes. I am good at observing people and interpreting some situations in them.

I don't usually read much, usually almost nothing, but there are times when it is necessary, I only usually read when I have to do school activities or when I want to know information about a specific topic.

I do not have pets, since my house is not a place suitable for the animal's life and needs, in addition to the fact that I suffer from allergies and the fur is not usually so tolerant for me, however I really like cats.

Why did I choose this career?

Since I was very little I was always interested in studying some area that was related to health, I always wanted to study medicine, but as time went by I saw the work of nurses and it caught my attention more, due to the fact that they are practically the fundamental driving force to save a patient's life, since they are the ones in charge of ensuring the care of their health, of valuing it. In summary, I study nursing for the simple fact of wanting to help people in the field of health.

Even when I finish studying my degree, I plan to specialize in pediatrics or neonatology because I really like babies.