



Mi Universidad

Ensayo

Nombre del Alumno: Jazmin Gómez Diaz

Nombre del tema: Unidad I "It's Nice to meet you"

Parcial: I

Nombre de la Materia: Inglés I

Nombre del profesor: Teresita de Jesús Trejo Pérez

Nombre de la Licenciatura: Lic. Enfermería

Cuatrimestre: I



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PERSONAL DATA

My name is Jazmin, my last name are Gomez Diaz I am twenty one years old, I am from Tapalapa, Chiapas and I currently live in Tapalapa, I have a son named Eydan Giovanni Urquín Gómez who is three years old. My parents are Sara Gomez Diaz and Armando Zaraos Garcia, I have three brothers, the oldest Yair Gomez Diaz is nineteen years old, Samuel Gómez Gómez is fifteen years old and the youngest Rodolfo Gómez Gómez is thirteen years old.

EDUCATIONAL BACKGROUND

Study the preschool in the Municipality of Tapalapa, Chiapas in the school “Jardin de niños Jesùs Agripino Gutierrez Hernandez”, during the three years I learned the colors and the vocals. Study the primary in the school “Bilingüe Reforma Educativa” during the six years I learned a read, to write and the matematics. The graduation study the secondary in the school “Telesecundaria 226” in the three years acquire new knowledge, participate in a spelling and writing contest occupying one of the first places where I received recognition. Start high school with name “José Vasconcelos Calderón”, from this I begin with new learning experiences in different subjects, in the last year I was in the area of mathematics physicists.

WORK EXPERIENC

Upon graduating from high school in the year two thousand nineteen i worked as a teacher at the preschool level at the Conafe in the town of Liquidambar, Tapalapa. I learned about communication skills, active listening with students, good didactic teaching, and to have a leadership capacity with students and parents giving resolution to the problems faced within a classroom. I also leraned how to develop project with parents for the benefit of the school. In the year two thousand twenty-one to two thousand twenty-three I was able to work in the program for the well-being of “Sembrando Vida”. I learned about the cultivation of different plants such as vocado, diferent varieties of peach, pear pineapple and coffe plantation. I also learned the correct way to care for the plants from planting to harvest

time so that the crop can achieve the best yield and provide the plants with the best soil conditions.

MY TASTES

I like to listen to the music of the artists Carlos Rivera, Alexis Ubago, Ha-sh, Rio Roma, Mont Laferte and Enrique Iglesias. I also listen to songs of the regional genre of the artist Angela Aguilar. My favorite music is that of the HA-SH “tenian razon”, it is a music that speaks of the change that can happen in life. My favorite food is steak Mexican style and I love pizza, I like prepared soursop and pineapple juice. My favorite movie is “la vida inmortal de la pareja ideal” it is a film about a couple that despite all obstacles in an dream couple.

I love reading in my free time, one of the books I read is “ Saber Vivir” by Fernando Zabala. The book is about what makes people happy and how positive life is. My favorite sport is soccer, I learned to work as a team and to live together with my teammates. My favorite color is burdeos. I like to wear jeans, short, blouses and love dresses.

MY PERSONAL SKILLS

One of my personal skills is empathy I generally like to understand other people’s feelings and emotions trying to experience what the other person feels. Another skill is organization so that in the work done in teams or with more than one person, they are well coordinated to form an excellent work and obtain propitious results. My other skill is confidence, to feel sure of a behavior to have a good result in the future, always trusting in myself and in my abilities to be able to manage my feelings and archive my goals in life. I also consider that I have the ability of creativity, I love to make my work using different materials and look for different forms of crafts using various colors, drawings and even images in order to develop new ideas and associate relating my activity from the visualization and imagination. I also have the ability to be patient in enduring adverse situations until I achieve a specific goal and purpose, the clear example is when I received a low salary at work, but I had the tolerance in order to have an experience at work or how long I had to wait to complete a procedure. I also consider I have the ability of responsibility by fulfilling all my obligations punctually, nothing that weeks later, as well as making my right rule and being able to answer for my

actions. I am aware of the world around me and I am clear about my objectives. One skill I consider I have is persuasion. I am confident and direct about my ideas without being too aggressive or persistent, I know how to take no for an answer and when to back down. I am not interested in getting others involved. I always try to see my benefit in doing so.

UNIVERSITY ELECTION

I have always thought that studying a career not only allows me to acquire new knowledge and skills, but also helps me to exploit my potential and expand my personal and professional learning. At the beginning I didn't know which profession to choose, I had a hard time deciding between a degree in pedagogy, a degree in nutrition and a degree in nursing. But thanks to a staff examination in which I was able to identify that my attention is drawn to the care of the sick, one of my reasons is my family in the future. I can perform the proper care to them, I also care a lot that people know through talks about the care to prevent diseases and infections that is something that our daily life we face. I chose the bachelor's degree in nursing because working in the practical is what I am really passionate about and allows me to grow personally, increase my knowledge, update my competencies to constitute a way to access opportunities for growth and promotion within a Hospital or to get a satisfactory job.