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91 years ago, Nurses' Day was instituted to recognize the noble and precious work of nursing staff. Over time, this work has overcome several obstacles, not only in the field of knowledge but also in the technological field, thanks to the advances of emerging technologies. We can remember how in the past in parishes services were provided for the care of sick people, another example is midwives, people dedicated to the service of the arrival and care of the newborn; We can see how we have progressed, now we take health brigades to rural communities where we serve the most marginalized population and far from public health institutions.

"In this way, the nurses of Mexico have been present, providing care for generations, always firm, with the commitment and passion for their daily dedication in every community or medical center and hospital in the country"¹

Nurses have played an important role in Mexico's wars, to mention Refugio Estevez Reyes, also known as the cuca mother, who was shot in the neck while fulfilling her duty during the Mexican revolution, or more recently, all the nurses who gave their lives during the COVID-19 pandemic. Its purpose is to ensure healthy lives and promote well-being for all at all ages, so it is clear that nursing has a great responsibility in relation to this goal, as well as other goals related to education and poverty, as social determinants of health (SDH)."⁶ Another of the primary objectives, of course, is the progress of the patient's well-being, being objective and under the protocol to be followed. Take note of the patient's actual and potential needs, establish the patient's care plans.

Nursing is a profession that has developed throughout history. In Mexico, research on the history of nursing is a recent field of study that began to be published about twenty years ago¹. Nursing, like many other professions, is deeply linked to its history. Often, this story is expressed as a story that seeks to highlight the transcendence of institutions and people related to the practice of care in Mexico throughout different eras.

"A nurse is a person who has completed a general basic education programme in nursing and is authorised by the relevant regulatory authority to practise nursing in his or her country."³ Dr. Eduardo Liceaga, being director of the Medical Services of the Hospice, Maternity and Clinic in 1900, asked President Díaz for authorization to establish a School of Nursing in Mexico. The School was inaugurated on February 9, 1907, thanks to the efforts of Dr. Fernando López."⁴ "Of course, nursing seeks to ensure that your state of health remains as good as possible, a task that other professions in the world of medicine also do"⁵, However, the special care and attention received by a patient "x" always goes hand in hand with the trained nursing staff.

We can mention some important norms of social interest:

Official Mexican Standard NOM-032-SSA3-2010, Social Assistance.

It establishes the criteria, objectives, and obligations for the provision of social assistance services for children and adolescents at risk and vulnerability in Mexico.¹²³⁴ This regulation aims to guarantee the right to the protection of the health and well-being of minors at risk and vulnerability.

Official Mexican Standard NOM-004-SSA3-2012, of the Clinical Record.

It establishes the criteria, objectives and obligations of the clinical record in Mexico for all providers of public, social and private health services. The aim of this regulation is to standardize the management of the clinical record, which is the mandatory tool for the sectors of the National Health System

Official Mexican Standard NOM-019-SSA3-2013, For Nursing Practice in the National Health System.⁷ This standard establishes the minimum requirements for nursing practice in the National Health System. In addition, the General Labour Law also governs nursing practice in terms of collective agreements and internal institutional work regulations

"The International Council of Nurses (ICN) is a federation of more than 130 National Nurses Associations (NNAs), representing the more than 13 million nurses worldwide. Founded in 1899, ICN is the first and largest international organization of health professionals from around the world." There are other nursing associations in Mexico, for example: Nurses and Technicians in Endoscopy, another to cite would be the Association of Mexican Patients in Nephrology.

Nowadays, nursing associations are not only emerging as private institutions of large proportions, but on the contrary, associations are formed between graduates of nursing education institutions, who undertake on their own and decide to provide their services with a quality and human warmth to community service, and those who go further forge their path through training and certifications that demonstrate the quality of the service provided. Without talent, there is no greatness. Nursing is one of the areas of health most chosen by those with a great vocation for human well-being, as well as a high sense of responsibility to patients. Nurses have become increasingly numerous and important in the care and protection of people's health, they are also responsible for providing special care of the highest quality. The areas of work will always be there, the available vacancies will depend to a large extent on the personal skills and professions of the nurse that there may well be an opportunity in the private or private sector; Let's take into account that this field of work is very competitive, so having good references that are sustainable and current will make us face such job offers. We can say that with the support of information technologies, services are now no longer enough to be face-to-face, but on the contrary, digital assistance can be offered through special platforms that allow direct and indirect communication in order to control, guide and care bedridden people who require this service. In a future in which we are immersed and growing, we are adapting to changes in technological infrastructure and with them we improve the expectations of our patients and their families.

- Hospitals
- Clinical
- Clinics
- Laboratories
- Schools
- Enterprises
- Nursing homes
- Children's stays
- Attention partic

Nursing education in Mexico began with midwifery schools, women died mainly from complications in pregnancy, childbirth, and the postpartum period. In colonial times, various religious orders provided care for the sick, and there were nurses who performed the first cures in hospitals and prisons. In summary, nursing in Mexico has played an important role in healthcare and has evolved throughout history. Currently, nursing is a growing profession and plays a critical role in Mexico's healthcare system.

¹ <https://insp.mx/avisos/4866-dia-enfermeria-historia.html>

² <https://cancercentertec100.com/informacion-sobre-el-cancer/historia-de-la-enfermeria-en-mexico/>

³ <https://www.icn.ch/es/recursos/definiciones-de-enfermeria>

⁴ <http://www.aesculapseguridaddelpaciente.org.mx/docs/articulos/HISTORIA-DE-LA-ENFERMERIA-EN-MEXICO.pdf>

⁵ <https://www.unbosque.edu.co/blog-universidad-el-bosque/Enfermeria-importancia-en-sector-salud#:~:text=Es%20un%20trabajo%20que%20ayuda,y%20opt%C3%B3metras%2C%20entre%20muchos%20otros.>

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[http://revistaenfermeria.imss.gob.mx/editorial/index.php/revista_enfermeria/article/view/388/406#:~:text=Su%20finalidad%20es%20garantizar%20una,de%20la%20salud%20\(DSS\).](http://revistaenfermeria.imss.gob.mx/editorial/index.php/revista_enfermeria/article/view/388/406#:~:text=Su%20finalidad%20es%20garantizar%20una,de%20la%20salud%20(DSS).)

⁷ <http://sitios.dif.gob.mx/normateca/disposiciones-generales/normas-oficiales/>