



**Name of the institution: Universidad Del  
Sureste**

**Student's name : Jesús Alonso Cruz Mérida**

**Subject name: English**

**Teacher Name: Arreola Jiménez Eduardo  
Enrique**

**Name of the activity: English essay**

**Date: 23/09/2023**

Nursing in the United Kingdom is currently based on caring for the whole person, including emotional, social, psychological, spiritual, and physical factors and not just when it comes to illness or injury. Points such as promoting health, providing information and helping people learn about the management of chronic diseases is the goal of nursing in the 21st century. Nursing in the United Kingdom is regulated with a corresponding comprehensive educational system which meets the practical and theoretical needs of a modern system. In the United Kingdom, nursing practice is based on assessment, planning as well as implementation and systematic evaluation of care. But how is all this carried out? It is clearly based on the nursing process, if we make a brief definition it can be described as a systematic method which provides efficient humanistic care focused on achieving expected results in the patient, relying on a scientific model carried out by a nursing professional. It is interesting to note task- care, in which nursing activities were awarded to each practitioner according to their seniority; It should be noted that the most complex activities such as administering medications were carried out by the senior nurses and the simplest activities were carried out by the junior nurses. We can emphasize the distribution of activities in the United Kingdom, how tasks were divided by hierarchies of seniority with respect to nurses, since the most basic jobs were carried out by nursing students or auxiliary nurses and how they performed them. , we will also be able to understand how nursing is regulated in the United Kingdom, what tasks nurses perform, where they work and how they use the nursing process, as well as addressing some details about various professionals.

Nursing, being so important as a health care sector, has to be regulated and of course it is, in this case nursing in the United Kingdom is regulated by the Nursing and Midwifery Council (NMC), likewise All nurses who are already in the workforce must be registered with the NMC in order to practice as qualified nurses in the United Kingdom. It should be noted that this previously mentioned registry is renewed every 3 years. There are some points to highlight that are important to ensure quality and professional care for patients, such as: establishing standards for nursing practice and protecting the public by ensuring that only Nurses who have achieved the minimum standards can become officially registered nurses, in this way we ensure the quality of patient care by prioritizing their professional health service with a high standard. Within this is a code of professional conduct for registered nurses which is sent to each and every nurse practicing in the United Kingdom and any of these nurses who do not respect this code of professional conduct will clearly be accredited to answer for your acts or omissions before the NMC and others, including also the hospital or nursing home where you work, before a court of law or a commissioner of health services even if it is also offering a particular service; Making a parenthesis in this part, I would like to add a premise in nursing and with which most nurses also rely, have you heard the 4 I in nursing before? It consists of very important points and they are the following: I prepare, I administer, I record and I respond, in which we can make a brief comparison with the code of professional conduct applied in the United Kingdom, the British public demands nursing care of high level and nurses are in constant preparation to meet the demands of their work, thus being highly competent to perform in the care of patients. The vast majority of nursing patients and students in the United Kingdom join a professional organization or as we know it here a union, thus justifying that employed nurses are covered for acts or omissions by their employer's indirect liability agreements, it is still part These unions are important in the constant training of nurses since many of them offer continuing education for them through study days, courses and conferences.

The majority of nurses work for the National Health Service, although frankly speaking today nurses work not only in hospitals but also in the community, either offering their private services or doing so without receiving any type of bonus. change in other words for altruism, an interesting fact is that in the United Kingdom more than a third of all nurses work in the community. Nurses in the United Kingdom day by day are performing even more functions that were previously only performed by doctors, as mentioned above, this is beneficial for the patient since in this way they can guarantee a faster and more efficient service for people under your care. An advantage for nurses is that they can decide whether to work for the NHS or for the Private Health Sector, in this case it could be in the care of the elderly although these in turn require a lot of dedication and it is a difficult field to overcome in the Nursing although it is also very rewarding; Nursing is currently considered a respected and valued profession and of course nurses with years of clinical experience can expect to be well remunerated for their practice and experience, although to be so they must also apply the five Cs of good nursing practices which consist on the following points: competent nursing, commitment to nursing, confidence with nursing research, nursing compassion and informed nursing conscience, all of these mentioned concepts were first illustrated by Simone Roach, a Canadian nurse, clearly the five practices are necessary for effective and high-quality nursing care, thus based on three more phases of nursing care that would be evaluation, planning and implementation.

If we clearly have great advances today in the field of nursing, diseases never stop and therefore the learning and preparation of health personnel do not either, although it is good to take into account the role that a nurse plays. In patient care we must also have the concepts of the nursing process where the humanistic care of the patient is integrated. Likewise, let us mention how much the way nurses perform professionally and the tasks that were assigned to them some time ago have advanced. depending on their seniority, thus limiting their performance; The regularization of nursing by the National Nursing Council is extra support for the work of serving people in health since by setting rules on the care of a patient we can provide the expected quality service, changing it continuously every three years ensure the progress and perseverance of health personnel, just as does the code of professional conduct which forces nurses to respond to their actions, we also know that people in all parts of the world and not only in the United Kingdom deserve dignified treatment and excellent health care, which is why the unions are the ones who play a very important role in monitoring the preparation of their nurses. We have nurses not only working in health centers such as hospitals, in the United Kingdom more than a third of nurses are carrying out their work in the community, offering their services to it, currently a nurse is already beginning to carry out activities that were previously He believed that only doctors could perform it. We conclude by reminding that a nurse must always keep in mind the Five Cs, which are competent nursing, commitment to nursing, confidence with nursing research, nurse compassion, and informed nursing conscience.

## BIBLIOGRAPHY:

Everyday English for International Nurses: A guide to working in the UK., Joy Parkinson BA, Author and Lecturer, London, UK; Chris Brooker BSc, MSc, RGN, SCM, RNT, Author and Lecturer, Norfolk, UK.