



# **NURSING AND ITS RELATIONSHIP WITH SCIENCE**

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# Nursing and its relationship with science

## What is ?

Nursing is a science recognized since the middle of the last century and has its own conceptual theoretical body, which supports its principles and objectives, and which is constantly renewed through scientific research; It also has its own scientific method of action - the Nursing Care Process.

## Method

Nursing as a practical human science is an organized set of abstract knowledge, supported by scientific research and logical analysis.

The science of nursing is based on a broad system of theories that are applied to practice in the Nursing Care Process, by providing the mechanism through which the professional

The body of nursing knowledge arises from general theories of application of various sciences, from the foundations of other disciplines and from its own concepts that give it the status of an independent profession.

## Through time

Nursing has been developing the content of its function as medicine and other professions have done, so today its history can give reasons for this evolution, which has become irreverent to become a profession without losing the originality of its essence: care.

For a long time, the English nurse Florence Nightingale (1820-1910) has been considered the initiator of the work and tasks of nurses.

In 1955, Virginia Henderson's Definition of Nursing theory emerged, adopted in 1961 by the International Council of Nursing.

## Relationship with the professional function

Emerged from the 50s an important current of opinion emerged in the 1950s that addresses the philosophy of the profession, and aims to give nursing its own identity within the health professions..

The first Conceptual Model of Nursing was published in 1952 in the work of Hildegarden Peplau, which is titled, Interpersonal Relations in Nursing.

En este mismo año en este mismo año, the Nursing Research magazine appeared, which became a leading dissemination body for research.

# BIBLIOGRAFÍA

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