



**NUTRICION Y SU RELACION CON OTRAS CIENCIAS**

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## NUTRITION AND ITS RELATIONSH IP WITH OTHER SCIENCES



### BROMATOLOGY

food science is the science that studies in depth everything related to food, and is also responsible for the study of characteristics and behavior in terms of production, handling and conservation.

### DIETARY NUTRITION

studies the fundamental processes to achieve the comprehensive well-being of human beings at different stages of life, at the individual and community levels.

### SPORT NUTRITION

sports nutrition is a specialized branch of human nutrition applied to people who practice intense sports, such as weightlifting, those that require prolonged efforts over time, which are called endurance sports, such as marathon, cycling or triathlon. depending on the final objectives of the sport performed and its training, nutrition emphasizes one or foods.

### CLINICAL NUTRITION

clinical nutrition is the part of medicine that deals with caring for patients who suffer from diseases in which adequate nutrition is part of their treatment.

### FOOD TECHNOLOGY

food technology is the science that is responsible for studying and guaranteeing the microbiological, physical and chemical quality of food; products in all parts of production, which are: process, packaging and shipping, as well as during the "Food and nutrition policies".

### BIOLOGY

biology refers to the nutrients that make up food, and involves the processes that happen in your body after you eat food, that is, the obtaining, assimilation and digestion of nutrients by the body.