



Administración de Programas y Archivos

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Ingles I

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RELATION OF NUTRITION WITH OTHER DISCIPLINES

CHEMISTRY

Nutrition and chemistry are related in chemicals and chemical reactions such as those of digestion. And thanks to chemistry we will be able to understand the processes and chemical reactions that occur with food and in our bodies.

BIOLOGY

It studies the process that the body carries out when it assimilates food for its correct functioning, achieving a balance in essential nutrients naturally.

PSYCHOLOGY

studies how nutrients participate in the synthesis of compounds, in the structure of tissues, in the mechanisms of cellular communication, in the way in which they are used from the moment they are ingested as food,...

MEDICINE

It is responsible for caring for those patients who suffer from diseases in which adequate nutrition is part of their treatment.

MATH

calculate quantities of healthy fruits and vegetables, make data graphs and tables on health-related aspects.

GENETICS

studies how our genes influence our response to the foods we eat, how they increase or decrease the probability of suffering from some diseases.

EPIDEMIOLOGY

It studies how dietary patterns can influence the health of certain populations or, for example, the prevalence of a certain disorder.

Link-ografía

<https://www.centrojuliafarre.es/psiconutricion/#:~:text=La%20Psiconutrici%C3%B3n%20o%20Psicolog%C3%ADa%20de%20la%20Alimentaci%C3%B3n%2C%20es%20la%20ciencia,nuestro%20contexto%20social%20y%20relaciones.>

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