



ORLANDO GAMALIEL MÉNDEZ VELAZCO.

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HIPERTENSIÓN POR MALOS HABITOS

DISEÑO EXPERIMENTAL.

CUARTO SEMESTRE.

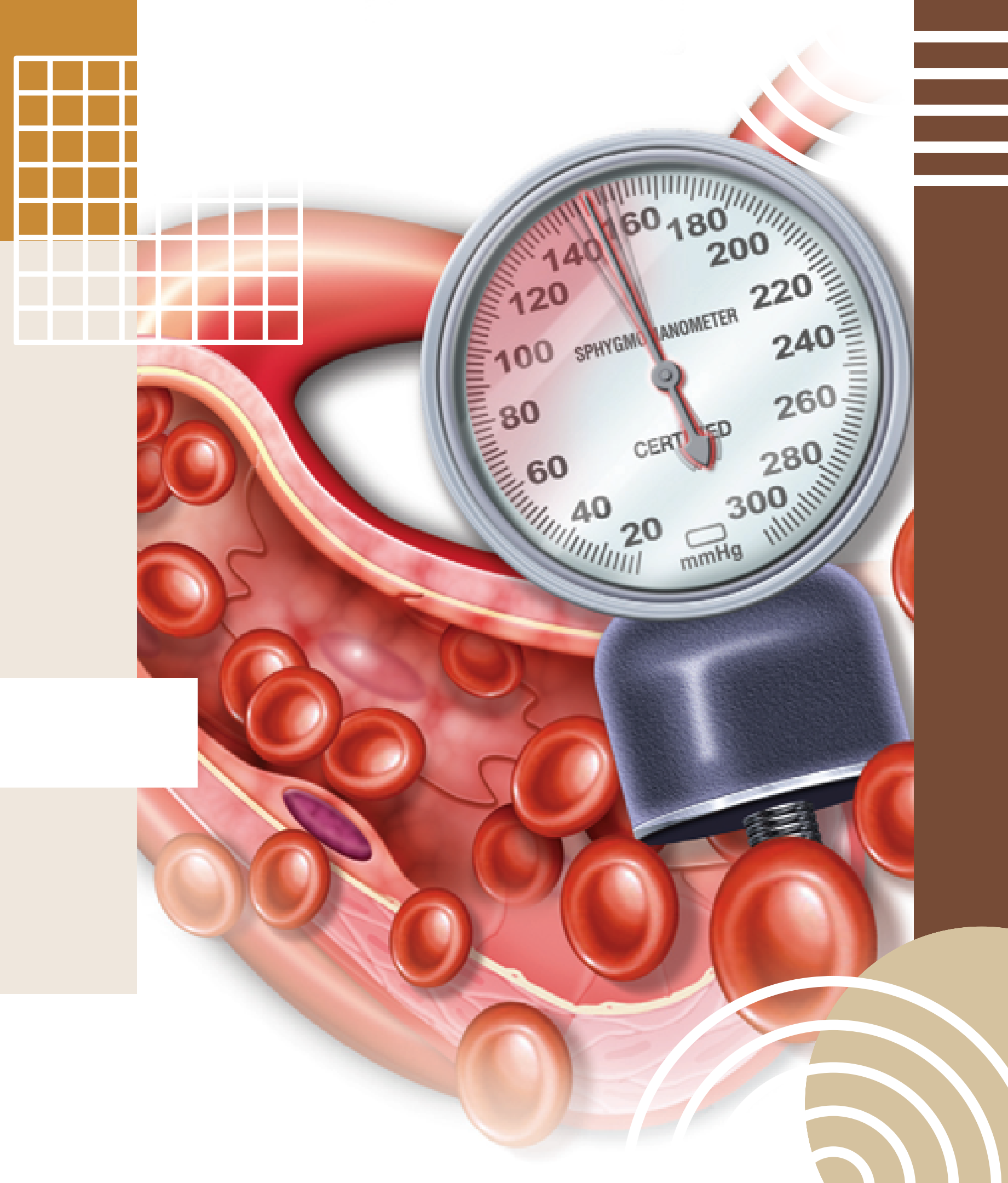
“A”.

PASIÓN POR EDUCAR

COMITÁN DE DOMÍNGUEZ CHIAPAS A 15 DE DICIEMBRE DEL 2023

HIPERTENSION ARTRERIAL POR MALOS HABITOS

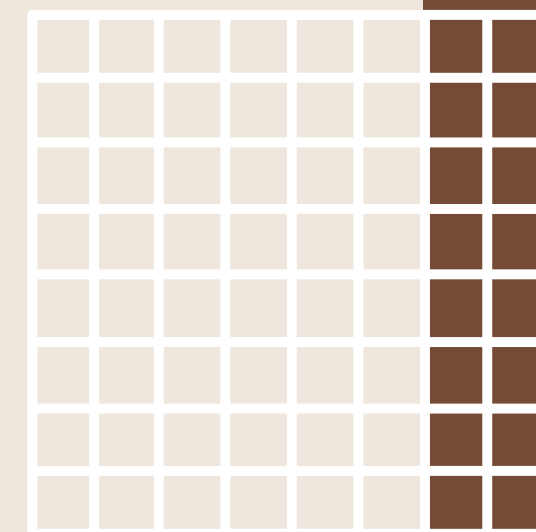
orlando Gamaliel Mendez Velazco





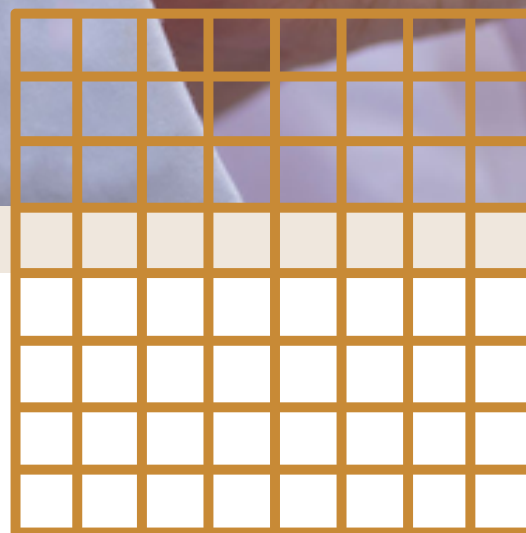
Hipertensión arterial

La hipertensión arterial es la condición que se presenta cuando la presión de la sangre que circula por las arterias es demasiado elevada



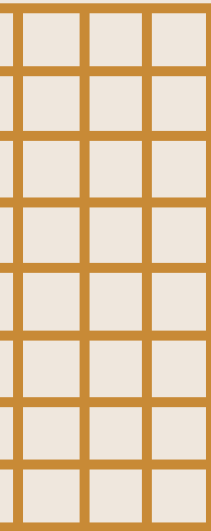
HTA Primaria

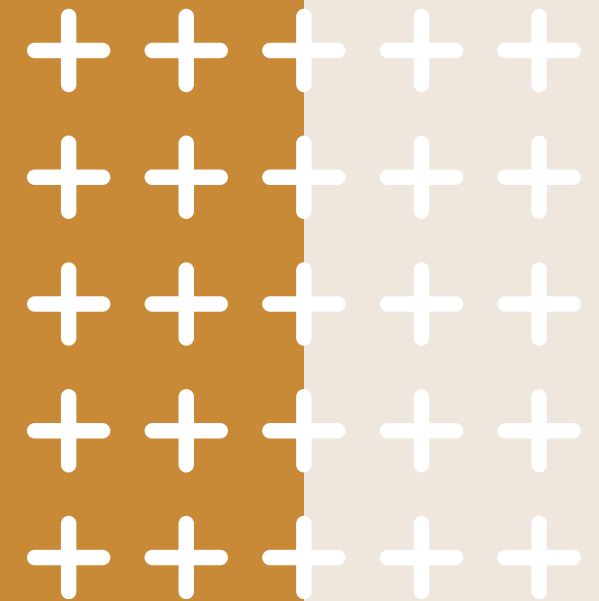
One of the Borcelle Senior Services commitments is the necessary and crucial medical screenings the senior citizens need to take routinely. As they age, they are prone to developing various health conditions.





6 Medical Screenings for Senior Citizens

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1. Eye Test
 2. Hearing Test
 3. Blood Pressure Check
 4. Vaccinations
 5. Cancer Screening
 6. Bone Density Scan



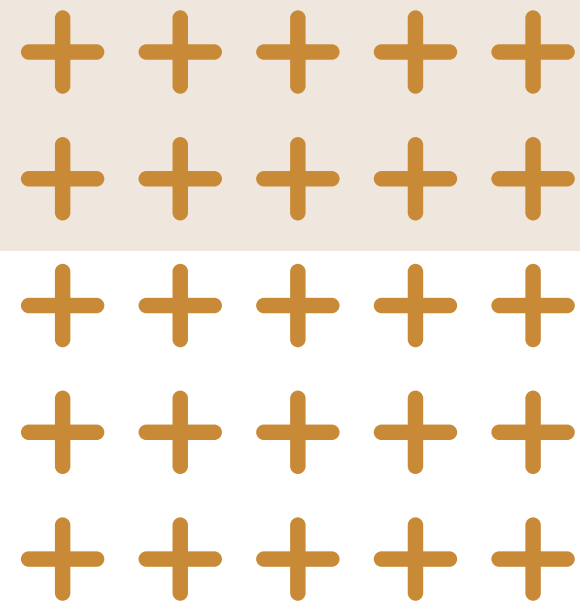
AMPA

- Older adults tend to have declined vision or eyesight
- Eyes test to identify the signs of cataracts and glaucoma
- Sometimes hearing tests may decide whether senior citizens need to wear hearing aids or not



Blood Pressure Check & Bone Density Scan

- High blood pressure (hypertension) may lead to further heart attacks, strokes, or other heart diseases
- A bone density scan can show the early signs of osteoporosis and fractures





MAPA

- Tetanus vaccine
- The recent COVID-19 vaccines
- Shingles vaccine
- Pneumonia vaccine
- Meningitis vaccine



Cancer Screenings



- Prostate Cancer
- Breast Cancer
- Colon (Rectal) Cancer

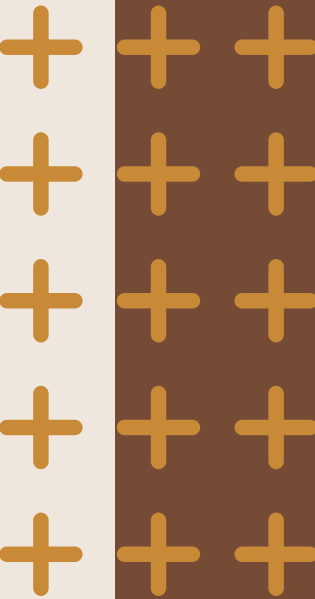
These actions only taken with
doctor's recommendation.



Conclusion



- Senior citizens need to go through essential health and medical screenings regularly, at least for a preventive action of health.
- Routine medical screenings may detect any causal health problems earlier, helping the older adults to get the appropriate care or treatment for their health.





Borcelle Senior Services

- **Fauget Western Senior Center**

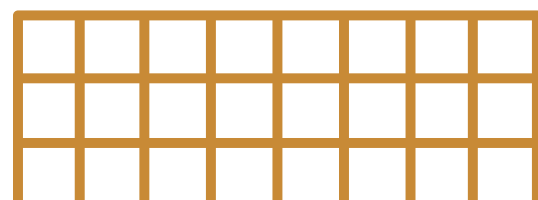
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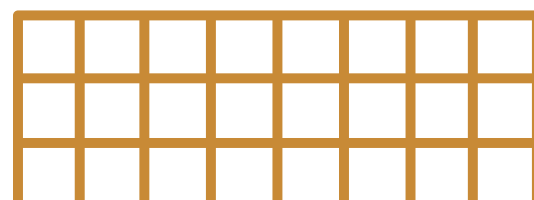
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