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**Nombre del trabajo: Unit Activity #1 - U1 3BEN**

**Materia: English**

**Grado: 3**

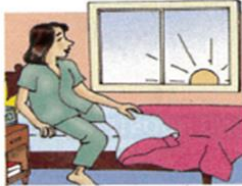
**Grupo: BEN01EMM0122-A**

ACTIVITIES

LISTENING

Daily activities at home

a)  3.1 Read and translate to Spanish (Lee y traduce al Español)



1. get up



2. get dressed



3. brush my teeth



4. comb / brush my hair



5. shave

Traducción: \_\_\_\_\_



6. put on makeup



7. eat breakfast



8. come home



9. make dinner



10. study

Traducción: \_\_\_\_\_



11. watch TV



12. get undressed



13. take a shower / a bath



14. go to bed

Traducción: \_\_\_\_\_

- |                           |                     |
|---------------------------|---------------------|
| 1. Levantarse             | 12. Desvestirse     |
| 2. Vestirse               | 13. Tomar una ducha |
| 3. Cepillarse los dientes | 14. Ir a dormir     |
| 4. Peinarse, cepillarse   |                     |
| 5. Rasurarse              |                     |
| 6. Maquillarse            |                     |
| 7. Desayunar              |                     |
| 8. Llegar a casa          |                     |
| 9. Preparar la cena       |                     |
| 10. Estudiar              |                     |
| 11. Ver la TV             |                     |

1. Gets, gets
2. Eats, eats
3. Shaves, puts
4. Watches
5. Goes, goes
6. Makes, makes
7. Takes, takes
8. Brushes

"I eat lunch at 12:00"

Meals breakfast lunch dinner
---------------------------------------

c) Complete the statements. Use the Simple Present tense. **Completa usando el presente simple**

1. Ed \_\_\_\_\_ up at 6:00 but his wife,  
Amy, <sup>get</sup> \_\_\_\_\_ up at 7:00.

2. Amy \_\_\_\_\_ breakfast at 7:30 a.m.,  
but Ed <sup>eat</sup> \_\_\_\_\_ breakfast at 6:30.

3. After breakfast, Ed \_\_\_\_\_, and Amy  
<sup>put</sup> \_\_\_\_\_ on makeup. <sup>shave</sup>

4. Ed and Amy \_\_\_\_\_ TV in the evening.  
<sup>watch</sup>

5. Amy \_\_\_\_\_ to bed at 10:00 p.m.,  
but Ed <sup>go</sup> \_\_\_\_\_ to bed at 11:00.

6. Amy \_\_\_\_\_ dinner on weekdays, and  
Ed <sup>make</sup> \_\_\_\_\_ dinner on weekends.

7. Ed \_\_\_\_\_ a shower in the morning,  
but Amy <sup>take</sup> \_\_\_\_\_ a bath.

8. They both \_\_\_\_\_ their teeth in the  
morning and the evening. <sup>brush</sup>

d) Write 7 sentences using the next vocabulary (**escribe 7 oraciones usando el vocabulario en listado**)

1. When did you get up?
2. I just have to get dressed in the morning
3. How many times I have to brush my teeth?
4. Just came in here to brush my hair
5. You only have to shave every other day
6. Then wake up earlier and go to bed later

7. Why don't You watch TV for a little while?

## Vocabulary

Exercise 2. Read and translate.



1. exercise



2. take a nap



3. listen to music



4. read



5. play soccer



6. check e-mail



7. go out for dinner



8. go to the movies



9. go dancing



10. visit friends

## Translation

1. Ejercitarse
2. Tomar una siesta
3. Escuchar música
4. Leer
5. Jugar fútbol

6. Checar el correo
7. Salir a cenar fuera
8. Salir a ver una película
9. Ir a bailar
10. Visitar a tus amigos

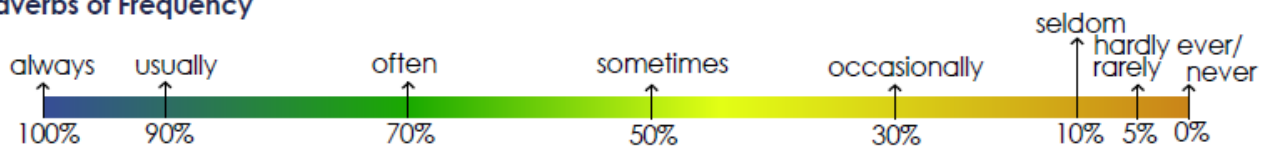
**Exercise 3. Write six questions using the vocabulary upside. Use “when” or “what time” and the Present Simple tense. (Escribe 6 oraciones usando el vocabulario de arriba y usando las preguntas “when” ó “what time”)**

Example: When do you visit friends?

1. When do yo listen to music?
2. What times does she go dancing?
3. What times do You read?
4. What times make up?
5. When do You a nap?
6. What times does he play soccer?

## A DAY OFF

### GRAMMAR Adverbs of Frequency



Adverbs of frequency go after “be” but before other verbs.

Example: I'm always tired on Sundays.

Example: I usually watch sport on TV.

**Always: Siempre**  
**Usually: Usualmente**  
**Often: Frecuentemente**  
**Sometimes: Algunas veces**  
**Occasionally: Ocasionalmente**  
**Seldom: Pocas veces**  
**Hardly ever / rarely: Raramente**  
**Never: Nunca**

**Exercise 1. Make sentences with these words. (Realiza las oraciones usando las palabras debajo)**

1. usually / o'clock / I / at / get up / seven
2. at / eat out / the weekend / sometimes / I
3. very / 'm / week / always / the / I / in / busy
4. on / I / Saturdays / usually / work / don't
5. get up / never / I / the weekend / early / at
6. tired / I / on / usually / 'm / Mondays

**Answer:**

1. Usually get up seven o'clock
2. I sometimes eat out at the weekend
3. I'm always very busy in they week
4. I usually don't work Saturday
5. I never get up eat weekend
6. I'm usually time on Monday

**Exercise 2. Select the correct adverb of frequency according to the sentences.**

1. I seldom visit my relatives, so I \_\_\_\_\_ see my uncle John.

- a) usually
- b) almost never
- c) almost always

2. I went to a restaurant last week, but I \_\_\_\_\_ eat at home.

- a) usually
- b) almost never

c) almost always

3. I'm never late for our English class. I'm \_\_\_\_\_ on time.

a) **often**

b) usually

c) always

4. She doesn't \_\_\_\_\_ finish work early because she is often busy.

a) never

b) **usually**

c) always

5. James goes to the beach only once a year. He \_\_\_\_\_ goes to the beach.

a) almost never

b) never

c) **sometimes**

6. It \_\_\_\_\_ snows where I live, so I never make a snowman.

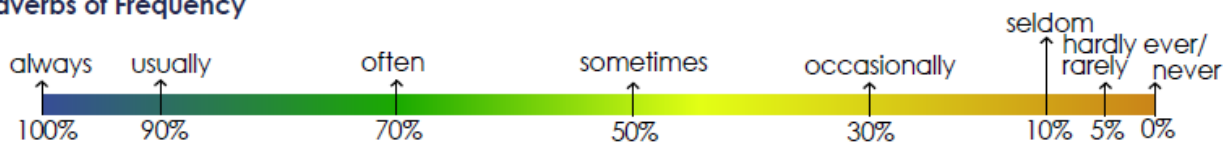
a) sometimes

b) **never**

c) always

## A DAY OFF

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**Exercise 3. Write six sentences using the adverbs of frequency. Realiza 6 oraciones usando los adverbios de frecuencia.**

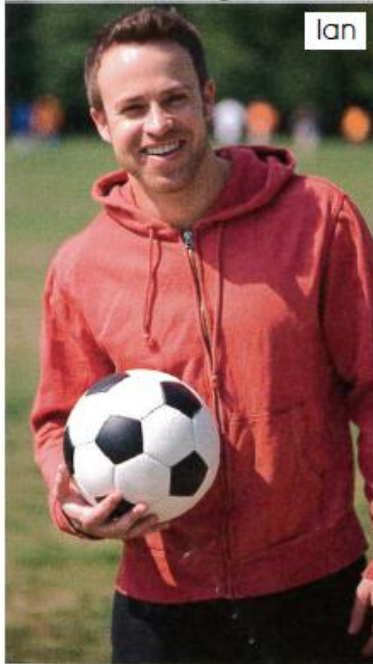
**Answer:**

1. I always eat at two o'clock
2. He often sings in this pub
3. She usually arrives late at work
4. They never do this kind of things
5. Sometimes I go to the gym on weekends
6. It hardly ever works

**Exercise 4. Read Ian and Becky's Sunday routines. And answer with true or false. Correct the wrong sentences. (Lee las rutinas dominicales de Ian y Becky, contesta si son verdaderas o falsas las oraciones y **corrige las oraciones que son falsas**)**



I always get up early on Sundays. I never have breakfast because I play football every Sunday morning. I get home at about half past twelve and then I have a big lunch. I don't usually go out in the afternoon, I usually watch sport on TV or read the paper. Then I sometimes sleep for an hour or two. And Becky and I have dinner together at the same restaurant every Sunday evening. Yes, I love my Sunday routine!



Ian

I'm always tired on Sundays because I work in a hotel every Saturday. So on Sunday mornings I always have breakfast in bed and I never get up before midday! And in the afternoon I usually phone my sister, Amy. She lives in San Francisco, in the USA. And in the evening Ian and I always have dinner at a restaurant called The Sunrise. It's not usually very busy on Sundays and the food there is fantastic!



Becky

### True or False and correct the wrong sentences.

- (F) 1. Ian always has breakfast on Sundays. I always get up early on Sundays
- (T) 2. He plays football on Sunday mornings. \_\_\_\_\_
- (F) 3. He gets home at about 1.30. I get Home at about half past twelve
- (T) 4. He doesn't usually go out in the afternoon. \_\_\_\_\_
- (F) 5. He always sleeps for an hour or two. Then I sometimes sleep for an hours or two