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9 GRAMMAR FOCUS

Imperatives

Get some rest.	**Don't stay** up late.
Drink lots of juice.	**Don't drink** soda.
Take one pill every evening.	**Don't work** too hard.

GRAMMAR PLUS

Complete these sentences. Use the correct forms of the words in the box.

✓call	stay	not go	not drink
see	take	✓not worry	not eat

1. Call a dentist.
2. Don't worry too much.
3. take a hot bath.
4. not go to school.
5. stay in bed.
6. see a doctor.
7. not dink coffee.
8. not eat any candy.

10 SPEAKING Good advice?

A Write two pieces of advice for each problem.

1.

2.

3.

4.

1 Label the parts of the body. Use the words in the box.

☐ arm	☐ leg
☐ ear	☐ mouth
☐ elbow	☐ neck
☑ eye	☐ nose
☐ fingers	☐ shoulder
☐ foot	☐ stomach
☐ hair	☐ teeth
☐ hand	☐ toes

1. eye
2. mouth
3. neck
4. stomach
5. fingers
6. leg
7. toes
8. hair
9. ear
10. nose
11. tooth
12. shoulder
13. elbow
14. arm
15. hand
16. foot

1. I have a sore throat. Don't go to work today. Drink some chamomile tea.
2. I have a toothache. place an ice pack on the affected area for 15 minutes
3. I have a cough. rest and take a cough syrup
4. I have a cold. stay hydrated like drinking water clear chicken broth or hot water
5. I have a stomachache. take antacids and antibiotics
6. I have a headache. rest and take aspirin such as paracetamol and hibuprofen
7. I have the flu. rest and take a paracetamol and hibuprofeno
8. I have a fever. place compresses on the parts of the body where the fever is most retained

8 Health survey

A How healthy and happy are you? Complete the survey.

How often do you . . . ?

	Often	Sometimes	Hardly ever	Never
get a headache	☐	☐	■	☐
get an earache	☐	☐	☐	■
get a cold	☐	☐	■	☐
get the flu	☐	☐	■	☐
get a stomachache	☐	■	☐	☐
stay up late	☐	■	☐	☐
feel sleepy	☐	■	☐	☐
get a fever	☐	☐	■	☐

B Write four sentences about your health. Use the information from the survey in part A.

Examples:

I sometimes stay up late, but I hardly ever feel sleepy.

I hardly ever get a cold or the flu.

1. due to stress sometimes i get a headache
2. a for enduring hunger i got a stomach ache
3. rarely the time i got sick with the flu
4. when i stay up late at night it makes me sleepy