



Mi Universidad

BODY PARTS AND ADVICES FOR EACH ILLNESS

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9 GRAMMAR FOCUS

▶ Imperatives

Get some rest.

Drink lots of juice.

Take one pill every evening.

Don't stay up late.

Don't drink soda.

Don't work too hard.

GRAMMAR PLUS see page 143

Complete these sentences. Use the correct forms of the words in the box.

✓ call stay not go not drink
see take ✓ not worry not eat

- _____ Call _____ a dentist.
- _____ Don't worry _____ too much.
- _____ Take _____ a hot bath.
- _____ Don't go _____ to school.

- _____ Stay _____ in bed.
- _____ See _____ a doctor.
- _____ Don't drink _____ coffee.
- _____ Don't eat _____ any candy.

10 SPEAKING Good advice?

A Write two pieces of advice for each problem.



1. _____



2. _____



3. _____



4. _____

B **GROUP WORK** Act out the problems from part A. Your classmates give advice.

A: I don't feel well.

B: What's the matter?

A: My feet hurt.

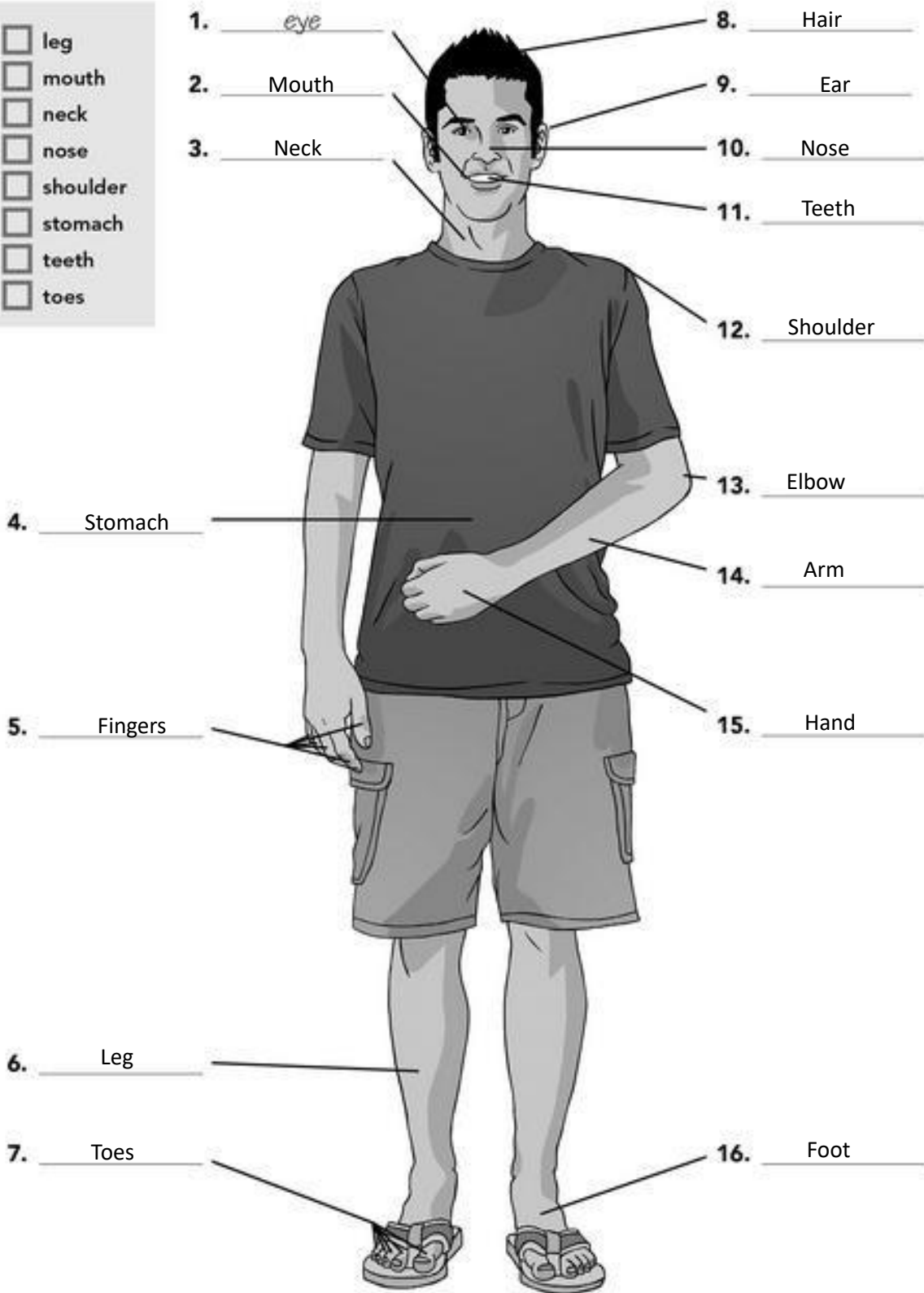
B: I have an idea. Take a hot bath. And don't . . .

11 INTERCHANGE 12 Problems, problems

Give advice for common problems. Go to Interchange 12 on page 126.

1 Label the parts of the body. Use the words in the box.

- | | |
|---|-----------------------------------|
| <input type="checkbox"/> arm | <input type="checkbox"/> leg |
| <input type="checkbox"/> ear | <input type="checkbox"/> mouth |
| <input type="checkbox"/> elbow | <input type="checkbox"/> neck |
| <input checked="" type="checkbox"/> eye | <input type="checkbox"/> nose |
| <input type="checkbox"/> fingers | <input type="checkbox"/> shoulder |
| <input type="checkbox"/> foot | <input type="checkbox"/> stomach |
| <input type="checkbox"/> hair | <input type="checkbox"/> teeth |
| <input type="checkbox"/> hand | <input type="checkbox"/> toes |



7 Write two pieces of advice for each problem.

- | | |
|--------------------------|---|
| 1. I have a sore throat. | <u>Don't go to work today. Drink some chamomile tea.</u> |
| 2. I have a toothache. | <u>Don't go to eat acidic foods. Drink some mint tea.</u> |
| 3. I have a cough. | <u>Don't go to drinking cold water. Drink a cough syrup.</u> |
| 4. I have a cold. | <u>Don't go to the snow or visit cold places. Drink cold medicine.</u> |
| 5. I have a stomachache. | <u>Don't go to eat spicy food. Drink a chamomile tea.</u> |
| 6. I have a headache. | <u>Don't go to work today. Drink an aspirin pill.</u> |
| 7. I have the flu. | <u>Don't go to work today. Using nasal spray.</u> |
| 8. I have a fever. | <u>Don't go to take hot showers or drink hot tea. Put on an ice pack.</u> |

8 Health survey

- A How healthy and happy are you?
Complete the survey.

How often do you . . . ?

	Often	Sometimes	Hardly ever	Never
get a headache	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get an earache	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
get a cold	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
get the flu	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get a stomachache	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
stay up late	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
feel sleepy	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
get a fever	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

- B Write four sentences about your health. Use the information from the survey in part A.

Examples:

I sometimes stay up late, but I hardly ever feel sleepy.

I hardly ever get a cold or the flu.

1. I sometimes get the flu, but I hardly ever get a fever.
2. I often stay up late, but I sometimes get a headache.
3. I hardly ever get an earache or cold.
4. I sometimes get a stomachache or get the flu.

Por último; Tú, que eres enfermero/a, actúa como si un familiar o amigo tuviera algún problema de salud y crea un diálogo entre tú y él/ella en donde le des consejos de qué debe hacer y qué medicamentos usar.

-Hello brother Fernando, what's wrong?

-Fernando: I have a lot of headache and stomachache.

-Look for the headache I recommend an aspirin pill every 6 hours and for stomachache I recommend a home remedy that is very effective drink a chamomile tea.

-Fernando: Thank you sister erika, another question, you who are a nurse my best friend has her a cold and that is causing her a lot of cough, do you know what is good for a cough?

-Yes, brother, I recommend that you drink Vick Pyrena's cough syrup.

-Fernando: Thank you sister erika.