



Mi Universidad

Infografía

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Nombre del tema: Lavado de manos

Parcial: 2do

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Hand washing in nursing

Wet your hands with water.
Place a sufficient amount of soap in the palm of your hand to cover the surface of your hands.



Rub your palms together. 5 consecutive times.



Rub the palms of the right hand against the back of the left hand, interlocking the fingers and vice versa. 5 consecutive time.



Rub your palms together, fingers interlocked. 5 consecutive time.



Rub the back of the fingers of one hand with the palm of the opposite hand, grasping the fingers. 5 consecutive time.



Rub your left thumb in a rotating motion, catching in the palm of your right hand, and vice versa. 5 consecutive time.



Rub the tips of the fingers of the right hand against the left hand, making a rotational movement and vice versa. 5 consecutive time.



Rinse your hands with a single-use towel. Use the towel to turn off the faucet.



