



Inglés III

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Tercer cuatrimestre

Licenciatura en enfermería

Comalapa chiapas a 13 de junio 2023

4 LISTENING Are you OK?

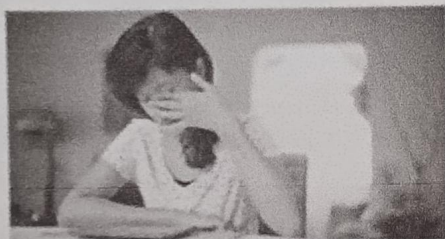
A Where do these people hurt? Guess. Write down the parts of the body.



1. Amber the arm



2. David the head



3. Alyssa the eyes



4. Nicholas the chin

B Listen to the conversations. Check your guesses.

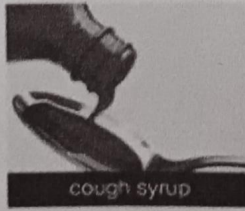
5 SNAPSHOT

Listen and practice.

Common Remedies



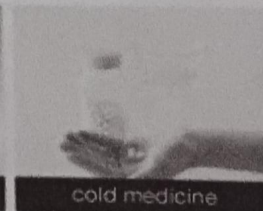
chamomile tea



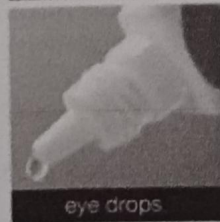
cough syrup



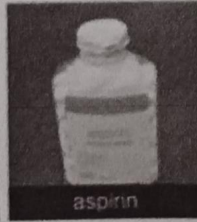
chicken soup



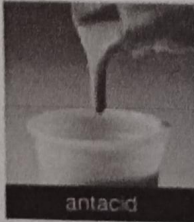
cold medicine



eye drops



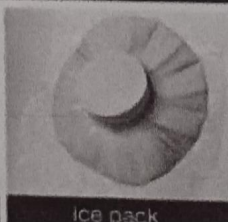
aspirin



antacid



nasal spray



ice pack

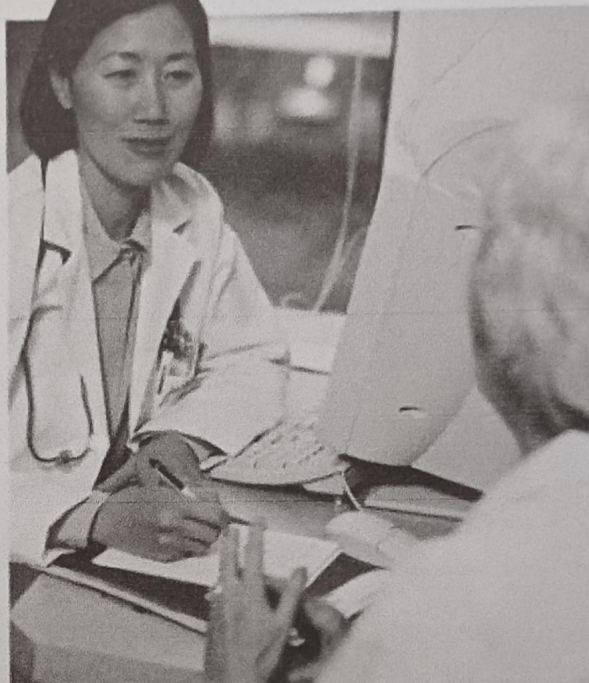
What medications or home remedies do you use when you're sick?

What remedies are good, in your opinion? What remedies aren't good?

6 CONVERSATION Try to relax.

▶ Listen and practice.

- Dr. Yun: Hello, Ms. Lake. How are you today?
 Ms. Lake: Not so good.
 Dr. Yun: What's wrong, exactly?
 Ms. Lake: I'm exhausted!
 Dr. Yun: Hmm. Why are you so tired?
 Ms. Lake: I don't know. I just can't sleep at night.
 Dr. Yun: OK. Let's take a look at you.



A few minutes later . . .

- Dr. Yun: I'm going to give you some pills. Take one pill every evening after dinner.
 Ms. Lake: OK.
 Dr. Yun: And don't drink coffee, tea, or soda.
 Ms. Lake: Anything else?
 Dr. Yun: Yes. Try to relax.
 Ms. Lake: All right. Thanks, Dr. Yun.

7 LISTENING I think I have a cold.

▶ Listen to Dr. Yun talk to four other patients. What does she give them? Check (✓) the correct medications.

	Cough syrup	Aspirin	Cold medicine	Eye drops	Nasal spray	Ice packs
1. Roberto	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Courtney	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Ryan	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Samantha	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

8 PRONUNCIATION Sentence intonation

▶ A Listen and practice. Notice the intonation in these sentences.

- | | |
|-------------------|-------------------------|
| Take these pills. | Don't take cough syrup. |
| Drink some tea. | Don't drink coffee. |
| Try to relax. | Don't work too hard. |

▶ B PAIRWORK Practice the conversation in Exercise 6 again. Pay attention to the sentence intonation.

9 GRAMMAR FOCUS

▶ Imperatives

- | | |
|------------------------------|----------------------|
| Get some rest. | Don't stay up late. |
| Drink lots of juice. | Don't drink soda. |
| Take one pill every evening. | Don't work too hard. |

GRAMMAR PLUS

Complete these sentences. Use the correct forms of the words in the box.

✓ call stay not go not drink
see take ✓ not worry not eat

- | | |
|--------------------------------------|-----------------------------------|
| 1. _____ Call _____ a dentist. | 5. _____ stay _____ in bed. |
| 2. _____ Don't worry _____ too much. | 6. _____ see _____ a doctor. |
| 3. _____ take _____ a hot bath. | 7. _____ not drink _____ coffee. |
| 4. _____ not go _____ to school. | 8. _____ not eat _____ any candy. |

10 SPEAKING Good advice?

A Write two pieces of advice for each problem.



1. Get some rest



2. Don't work too hard



3. Take one pill every evening



4. Don't stay up late

B GROUP WORK Act out the problems from part A. Your classmates give advice.

A: I don't feel well.

A: My feet hurt.

B: What's the matter?

B: I have an idea. Take a hot bath. And don't ...

11 INTERCHANGE 12 Problems, problems

Give advice for common problems. Go to Interchange 12 on page 126.

Unit 12

1 Have + noun; feel + adjective (page 79)

- ▶ For most health problems, use *a/an*: I have a cold. I have an earache. With *flu*, use *the*: I have the flu. (NOT: ~~have a flu.~~)

Complete the conversation. Use the sentences in the box.

I think I have a fever.
 Thanks.
 I feel awful, actually.
 Yes. I'm going to call my doctor in a few minutes.
 Yes, I do. And I have a stomachache, too.
 Hi, Chris. How are you?

- A: Hi, Chris. How are you?
 B: I'm terrific, thanks. How about you?
 A: I feel awful, actually!
 B: Oh, no! What's the matter?
 A: I think I have a fever.
 B: That's too bad. Do you have a headache?
 A: Yes, I do, and I have a stomachache, too.
 B: Are you going to see a doctor?
 A: Yes, I'm going to call my doctor in a few minutes.
 B: Well, feel better soon.
 A: Thank!

2 Imperatives (page 82)

- ▶ Use the base form of the verb in affirmative imperatives: **Go** home and rest, Pat.
- ▶ Use *don't* + base form of the verb in negative imperatives. The form doesn't change: **Don't go** to school today, Pat.

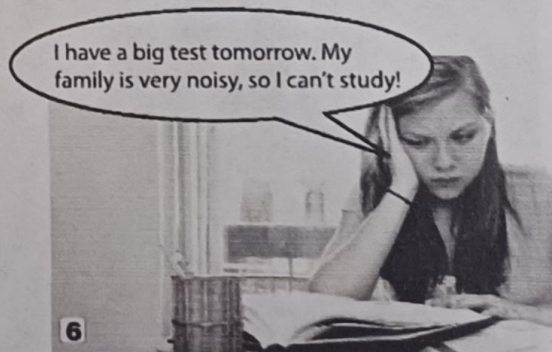
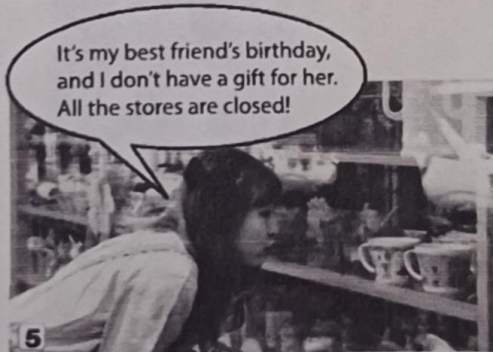
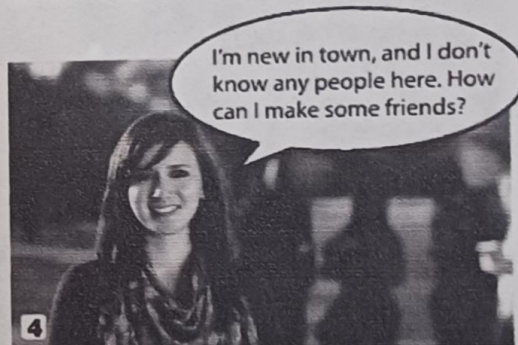
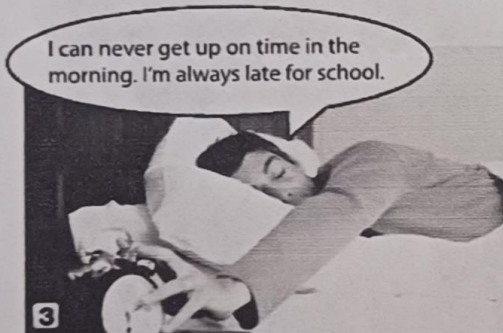
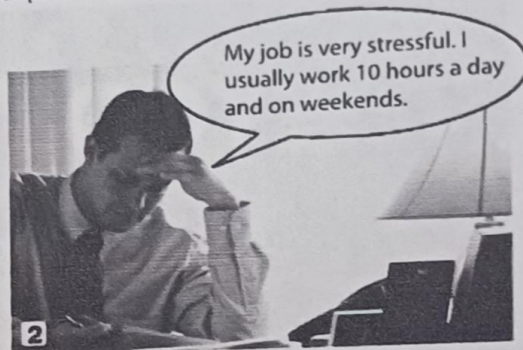
Read the situations. Give the people advice. Use the phrases in the box.

drink coffee in the afternoon
 eat any cold food
 exercise today or tomorrow
 take an antacid
 take two aspirins
 work too hard

- Dan can't sleep at night. Don't drink coffee in the afternoon
- Casey has a headache. take two aspirins
- Kristina works 12 hours a day. work too hard
- Michael has sore muscles. exercise today or tomorrow
- Min-ho has a toothache. eat any cold food
- Laila has an awful stomachache. Take an antacid

interchange 12 **HELPFUL ADVICE** ↻

A PAIR WORK Imagine you have these problems. Your partner gives advice.



A: I don't have any energy. . .
 B: Eat a good breakfast every day. Don't . . .

B CLASS ACTIVITY Think of a problem you have. Then tell the class. Your classmates give advice.

A: I don't understand this activity.
 B: Read the instructions again.
 C: Don't worry! Ask the teacher.

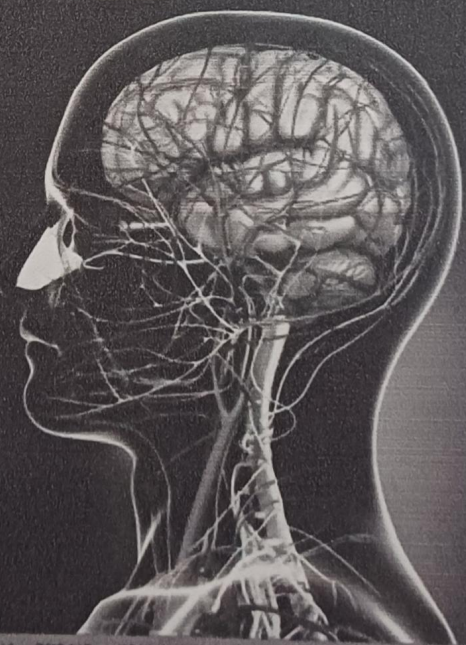
12 READING

A What does your body do to keep you alive? Take the quiz to find out!

DO YOU KNOW

YOUR BODY?

- The human heart beats about 200 times a minute.
 True False
- Your body loses about 40,000 tiny pieces of skin an hour.
 True False
- Your brain sends billions of signals every minute.
 True False
- Your brain stops working when you're asleep.
 True False
- 140 million cells in your eyes help to tell you what you can see.
 True False
- Brain cells do not live in the stomach.
 True False
- Women's hearts beat faster than men's hearts.
 True False
- Your brain makes electricity.
 True False
- Your natural smell changes as you age.
 True False
- Some bacteria (small living things) in your body help you live.
 True False



1 False 2 True 3 True 4 False 5 True 6 False 7 True 8 True 9 True 10 True

B Read and answer the quiz. Check your answers. Then answer the questions.

- What does your body lose every hour?
- What part of the body sends signals and makes electricity?
- What is one thing that changes as you age?
- What cells live in the stomach?
- What's another name for small living things?

water
 the human brain
 the view
 Parietal cells
 unicellular beings.

C GROUP WORK What information in the quiz is most surprising? What else do you know about the human body? Tell your classmates.

SELF-ASSESSMENT

How well can you do these things? Check (✓) the boxes.

I can ...	Very well	OK	A little
Talk about ways to celebrate holidays (Ex. 1)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Use future time expressions (Ex. 1, 2)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Understand conversations about problems (Ex. 3)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Talk about problems (Ex. 4)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Ask how people are and give advice (Ex. 4)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

1 SPEAKING Holiday customs

A Complete the questions with names of different holidays.

Are you going to ... ?

eat special food on

give gifts on

have a party on

play music on

wear special clothes on

Name

happy birthday
very christmas
my house
my room

B CLASS ACTIVITY Are your classmates going to do the things in part A? Go around the class and find out. Try to write a different person's name on each line.

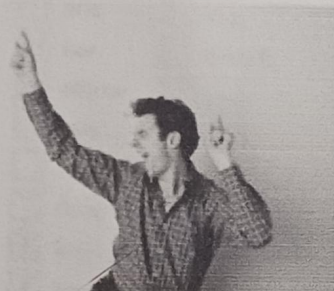
2 SPEAKING Future plans

Complete these questions with different time expressions. Add one more question. Then ask a partner the questions.

- How are you going to get home tonight ?
- What time are you going to go to bed right now ?
- Where are you going to go work ?
- What are you going to do play music ?
- Who are you going to eat dinner with alone ?
- _____ ?

3 LISTENING Everyone has problems.

Listen to six conversations. Number the pictures from 1 to 6.



This person can't dance very well.



This person has the flu.



This person needs some ketchup.



This person has a backache.



This person doesn't want to go to the dentist.



This person feels sad.

4 SPEAKING Thanks for the advice!

A Write a problem on a piece of paper. Then write advice for the problem on a different piece of paper.

I have a toothache.

Call your dentist.

B CLASS ACTIVITY Put the papers with problems and the papers with advice in two different boxes. Then take a new paper from each box. Go around the class and find the right advice for your problem.

A: I feel terrible.

B: What's the matter?

A: I have a toothache.

B: I can help. Drink some tea.

A: Er . . . I don't know. But thanks, anyway.

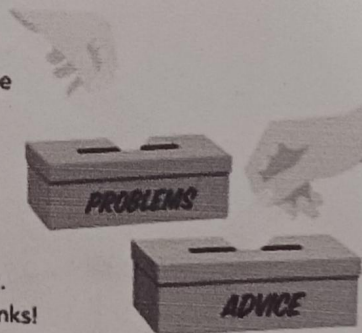
A: I feel awful.

C: Why? What's wrong?

A: I have a toothache.

C: I know! Call your dentist.

A: That's great advice. Thanks!



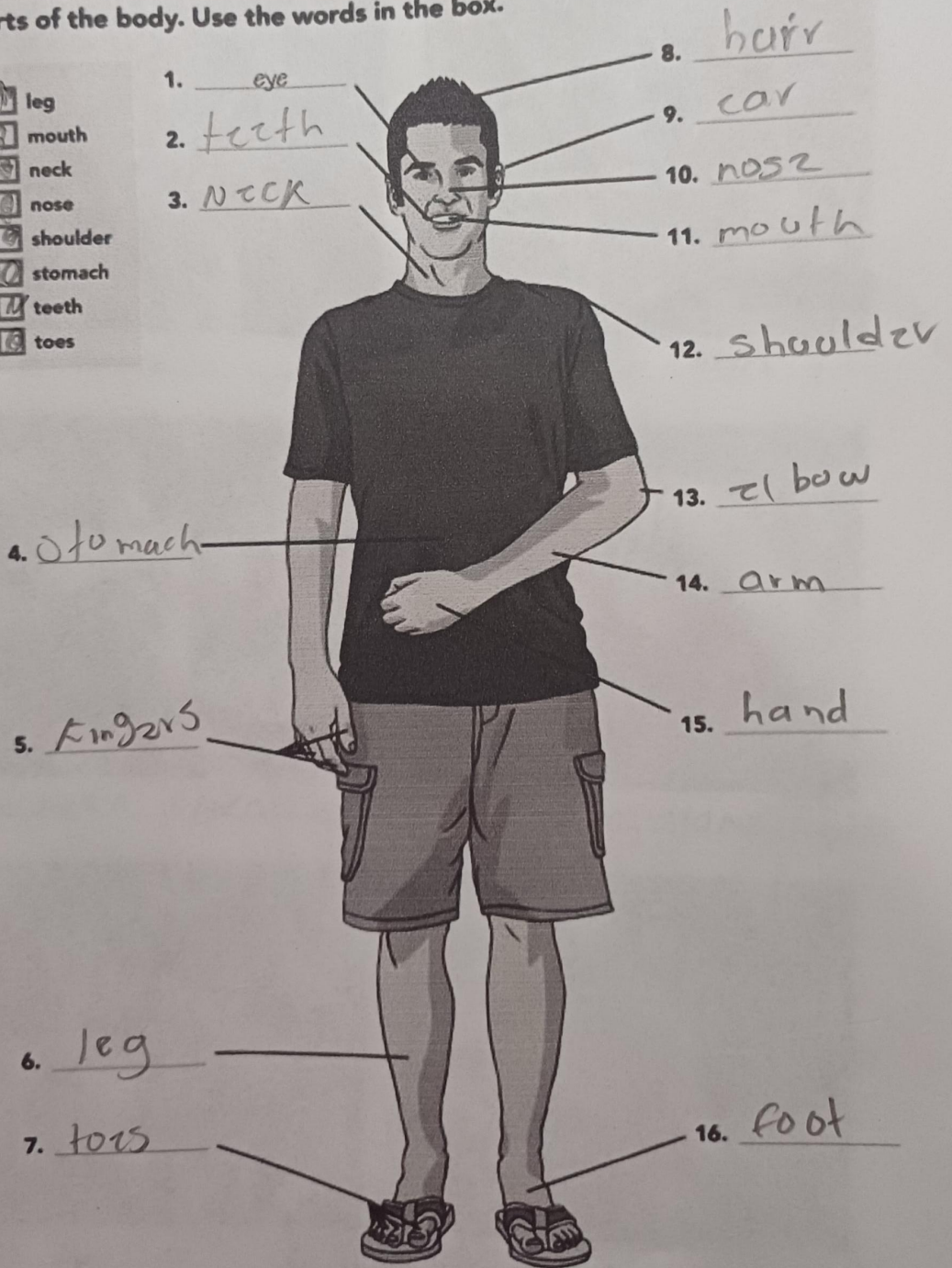
WHAT'S NEXT?

Look at your Self-assessment again. Do you need to review anything?

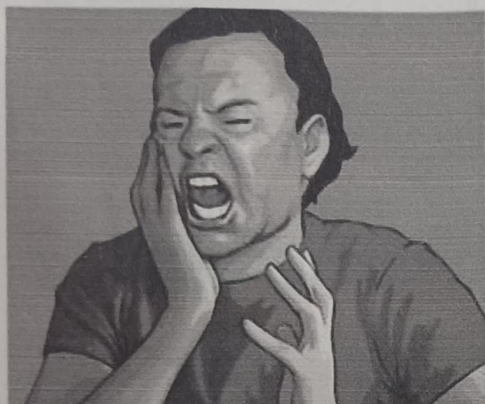
WORKBOOK

1 Label the parts of the body. Use the words in the box.

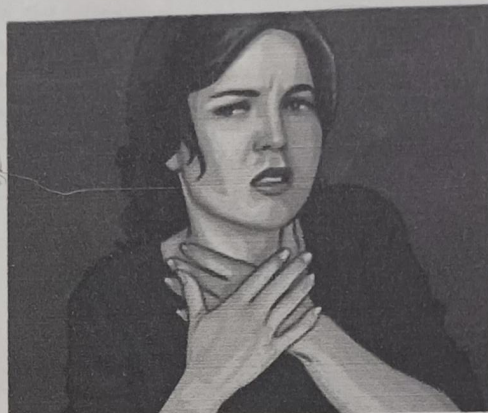
- | | |
|---|--|
| <input checked="" type="checkbox"/> arm | <input checked="" type="checkbox"/> leg |
| <input checked="" type="checkbox"/> ear | <input checked="" type="checkbox"/> mouth |
| <input checked="" type="checkbox"/> elbow | <input checked="" type="checkbox"/> neck |
| <input checked="" type="checkbox"/> eye | <input checked="" type="checkbox"/> nose |
| <input type="checkbox"/> fingers | <input checked="" type="checkbox"/> shoulder |
| <input checked="" type="checkbox"/> foot | <input checked="" type="checkbox"/> stomach |
| <input checked="" type="checkbox"/> hair | <input checked="" type="checkbox"/> teeth |
| <input checked="" type="checkbox"/> hand | <input checked="" type="checkbox"/> toes |



2 What's wrong with these people? Write sentences.



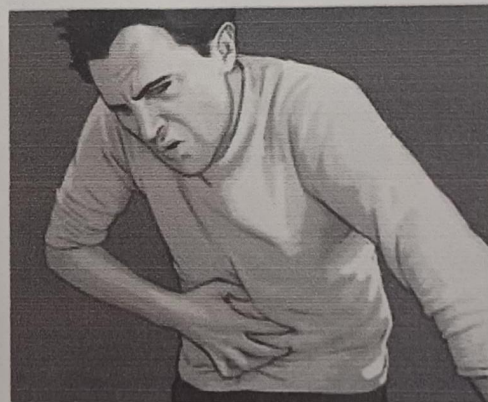
1. He has a toothache.



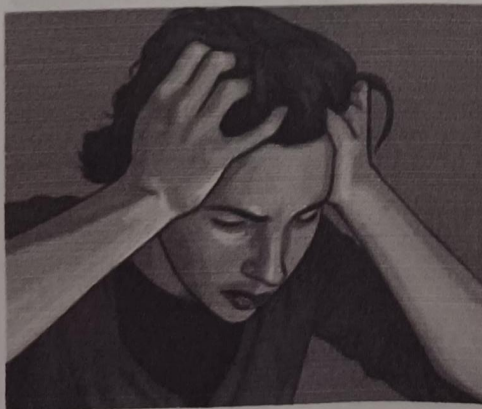
2. She has a neck pain



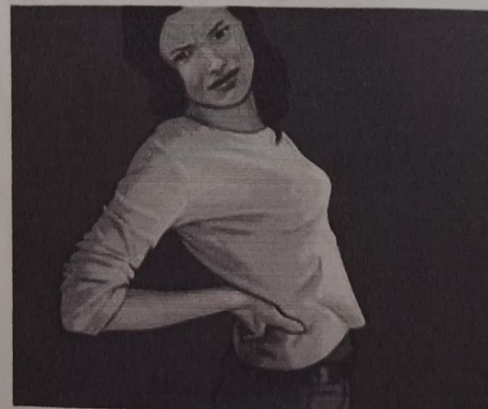
3. He has a earache



4. he has a stomachache



5. She has a headache



6. she has a back pain

3 Complete the conversations. Use the questions and sentences in the box.

- | | |
|--|--|
| <input type="checkbox"/> Great. See you later. | <input type="checkbox"/> OK. Get some rest. |
| <input type="checkbox"/> How do you feel today? | <input type="checkbox"/> So, are you going to go to the meeting this afternoon? |
| <input checked="" type="checkbox"/> I'm fine, thanks. How about you? | <input checked="" type="checkbox"/> That's too bad. Are you going to see a doctor? |
| <input type="checkbox"/> I'm glad to hear that. | <input checked="" type="checkbox"/> What's wrong? |

Tuesday morning

1. **Jake:** Hi, Camila. How are you?

Camila: I'm fine, thanks. How about you?

Jake: Not so good. Actually, I feel really awful.

Camila: What's wrong?

Jake: I think I have the flu.

Camila: That's too bad are you going to see a doctor?

Jake: No, I'm going to go home now.

Camila: OK. Get some rest

Jake: OK. Thanks.

Thursday morning

2. **Camila:** How do you feel today

Jake: I feel much better.

Camila: I'm glad to hear that

Jake: Thanks.

Camila: So, are you going to go to the meeting this afternoon?

Jake: Yes, I am.

Camila: Great, see you later



Tuesday morning



Thursday morning

4 Complete the sentences with the correct medications.

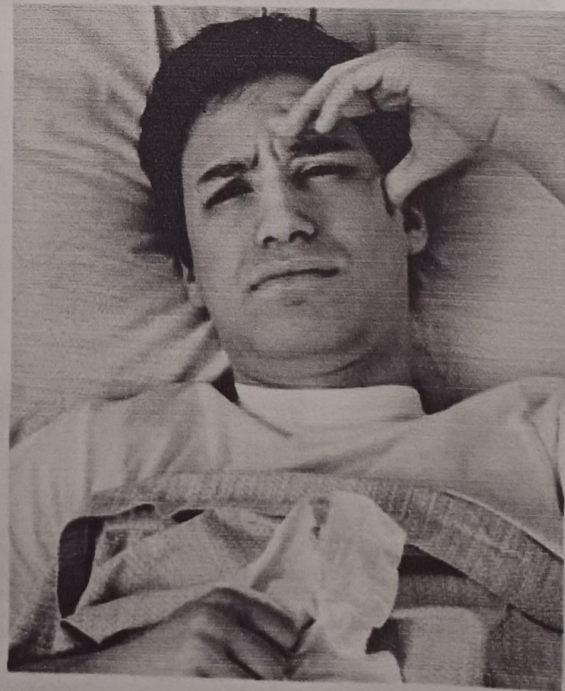
1. His nose is very congested. He needs some nasal spray.
2. I have a horrible cold, so I'm going to buy some cold pills.
3. Your eyes look red and tired. Get some drops paracetamol.
4. Alan has a stomachache, so he's going to get some uno antacid.
5. I have a terrible headache. I need some two aspirin.
6. Mandy's cough sounds awful. I'm going to give her some honey syrup.



5 Write each sentence a different way. Use the sentences in the box.

- | | |
|--|---|
| <input type="checkbox"/> My head feels terrible. | <input checked="" type="checkbox"/> I'm not happy. |
| <input type="checkbox"/> I have a stomachache. | <input type="checkbox"/> I'm sorry to hear that. |
| <input checked="" type="checkbox"/> What's wrong? | <input checked="" type="checkbox"/> I'm very tired. |
| <input checked="" type="checkbox"/> I'm glad to hear that. | <input checked="" type="checkbox"/> I have a sore throat. |

1. I feel sad.
I'm not happy.
2. What's the matter?
what's wrong
3. I'm exhausted.
i'm very tired
4. That's too bad.
i'm sorry to hear that
5. That's good.
i'm glad to hear that
6. I have a headache.
my head feels terrible
7. My stomach hurts.
i have a stomachache
8. My throat is sore.
i have a sore throat



6 Give these people advice. Use the phrases in the box.

- | | |
|---|---|
| <input checked="" type="checkbox"/> drink some water | <input checked="" type="checkbox"/> have a hot drink |
| <input type="checkbox"/> go home early | <input checked="" type="checkbox"/> lift heavy things |
| <input checked="" type="checkbox"/> go outside | <input checked="" type="checkbox"/> stay up late |
| <input checked="" type="checkbox"/> go to the grocery store | <input type="checkbox"/> work too hard |



1. Don't go outside.



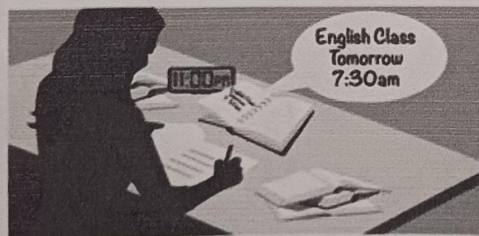
2. go home early



3. drink some water



4. go to the grocery store



5. stay up late



6. have a hot drink



7. Lift heavy things



8. work too hard

7 Write two pieces of advice for each problem.

1. I have a sore throat.
2. I have a toothache.
3. I have a cough.
4. I have a cold.
5. I have a stomachache.
6. I have a headache.
7. I have the flu.
8. I have a fever.

Don't go to work today. Drink some chamomile tea.
 Don't go to college today. Drink some tablet
 Don't go to work today. Drink some honey syrup
 Don't go to shopping today. stay in sleep all today
 Don't go to work today. Drink some tablet or paracetamol
 Don't go to college today. Drink some tablet of ibuprofen
 Don't go to work today. Drink some tablet or tabc. a
 Don't go to work today. Drink some tablet or paracetamol

8 Health survey

A How healthy and happy are you?
 Complete the survey.

How often do you . . . ?

	Often	Sometimes	Hardly ever	Never
get a headache	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get an earache	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
get a cold	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get the flu	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get a stomachache	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
stay up late	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
feel sleepy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get a fever	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

B Write four sentences about your health. Use the information from the survey in part A.

Examples:

I sometimes stay up late, but I hardly ever feel sleepy.

I hardly ever get a cold or the flu.

1. I sometimes get a headache
2. I hardly ever get but I hardly ever feel sleepy
3. I never get an earache
4. I often stay up late.