



LICENCIATURA EN MEDICINA
VETERINARIA Y ZOOTECNIA.

MATERIA: INGLES II

SEGUNDO CUATRIMESTRE

ING.: ARREOLA JIMENEZ ENRIQUE
EDUARDO.

TEMA: DO WE NEED ANY EGGS?

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FECHE DE ENTREGA: 10 DE MARZO DE 2023.

**Do we need
any eggs?**

FOOD GUIDELINES.

For good health,
eat a lot of grains,
vegetables, and
fruit. eat other
protein. Eat a little
fat and oils.

VEGETABLES.

- Lettuce. -Brocoli.
- Carrots.
- Tomatoes.
- Onions.
- Potatoes.

FRUIT.

- Blueberries. -Kiwis.
- Apples.
- Lemons.
- Bananas.
- Oranges.

**MEAT AND OTHER
PROTEINS.**

- Chicken. -Nuts.
- Fish.
- Eggs.
- Beans.
- Beef.

DAIRY.

- Chesse.
- Milk.
- Yogurt.

FAT AND OILS.

- Oil.
- Cream.
- Butter.

GRAINS.

- Cereal.
- Noodles.
- Bread.
- Rice.
- Pasta.

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