

WORKBOOK

1 Write the names of the foods.

Fruit

- 1. lemons
- 2. bananas
- 3. oranges
- 4. apples

Vegetables

- 5. broccoli
- 6. potatoes
- 7. carrots
- 8. lettuce

Grains

- 9. bread
- 10. cereal
- 11. crackers
- 12. rice

Fats and oils

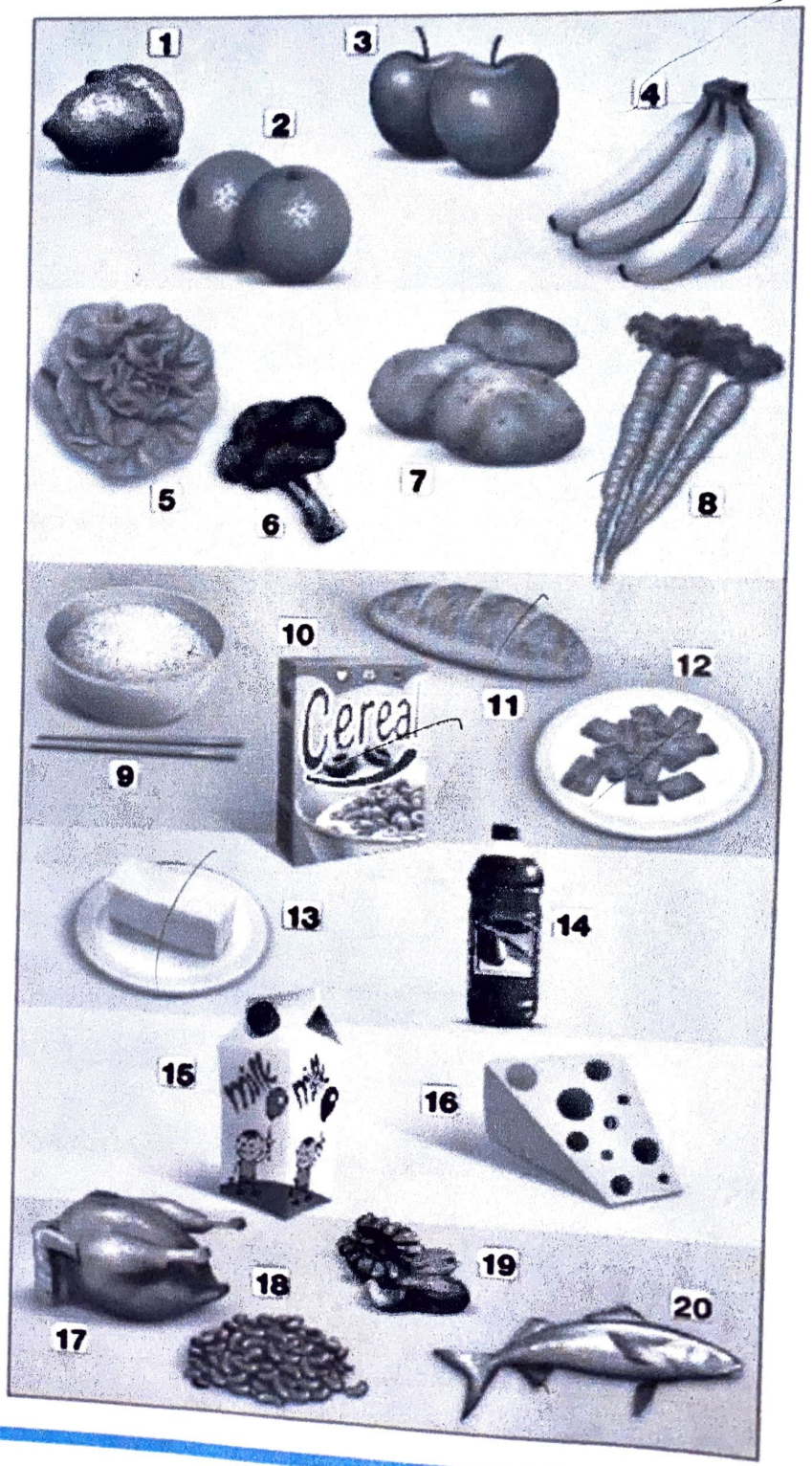
- 13. butter
- 14. oil

Dairy

- 15. milk
- 16. cheese

Meat and other proteins

- 17. chicken
- 18. beans
- 19. fish
- 20. nuts



2

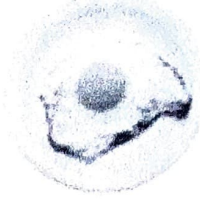
Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is a pasta.



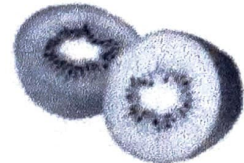
3. This is an egg.



4. This is an apple.



5. This is an ice cream.



6. This is a kiwi.

3

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like banana, apple oranges

3. vegetables

I like tomatoes, potatoes, broccoli, lettuce. I don't like carrots

4. meat and other proteins

I like chicken, beef, fish egg

5. dairy

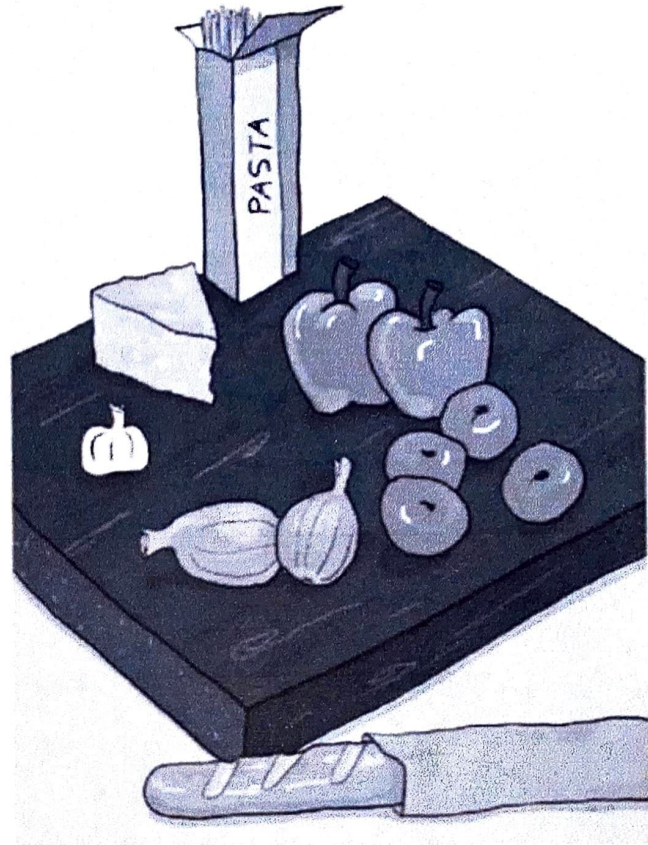
I like cheese, milk and yogurt

6. grains

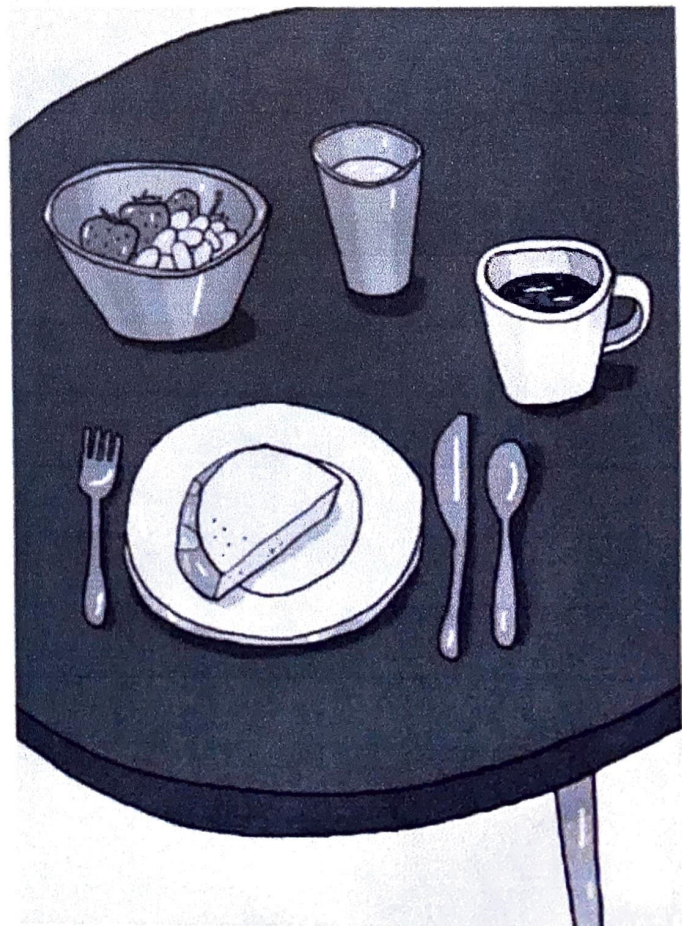
I like beans, nuts, rice

Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have some meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.

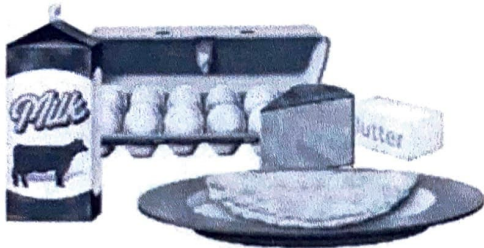


2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have some eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put some butter on it.
 A: Do you drink anything in the morning?
 B: I always have any juice and coffee. I don't put some sugar in my coffee, but I like any milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,

and cheese. You don't need

any lemons.



2. a chicken sandwich

You need some mayonnaise, chicken
and bread, you don't need
any yogurt



3. chicken soup

You need pasta, carrots
and pasta. You don't need
any nuts



4. a vegetable salad

You need tomatoes, broccoli
and potatoes
You don't need lettuce



5. a fruit salad

You need oranges, bananas, apples
and blueberries
You don't need any lemons



6. your favorite food

You need fish, tomatoes, lettuce
and lemons, you don't need
any broccoli

6

Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people in Mexico eat never pasta

3. In China, people put sugar in their tea. (hardly ever)

In China, people hardly put sugar in their tea

4. In England, people put milk in their tea. (usually)

Usually in England, people put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, sometimes people have fish for breakfast

6. Americans put cream in their coffee. (often)

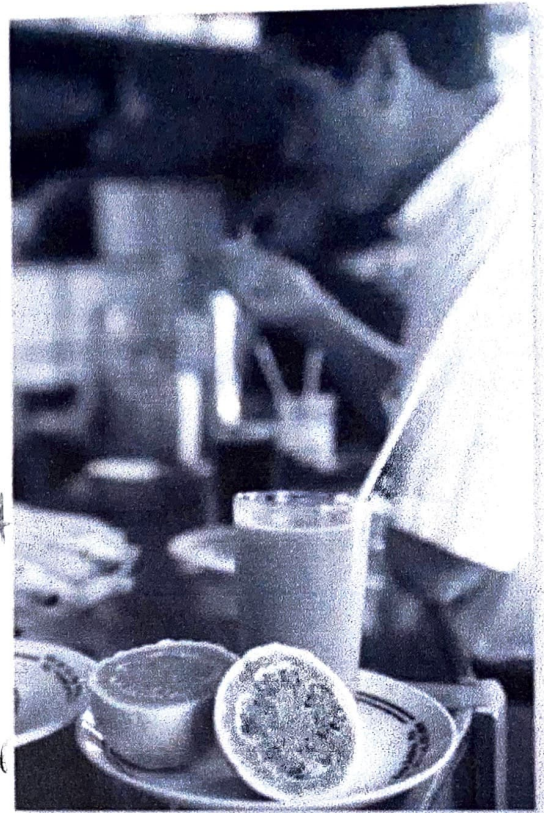
Americans put cream often in their coffee

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have salad for breakfast

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people in South Korea always eat pickled vegetables for breakfast



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. Mexico often make drinks with fruit

3. I hardly ever make drinks with fruit

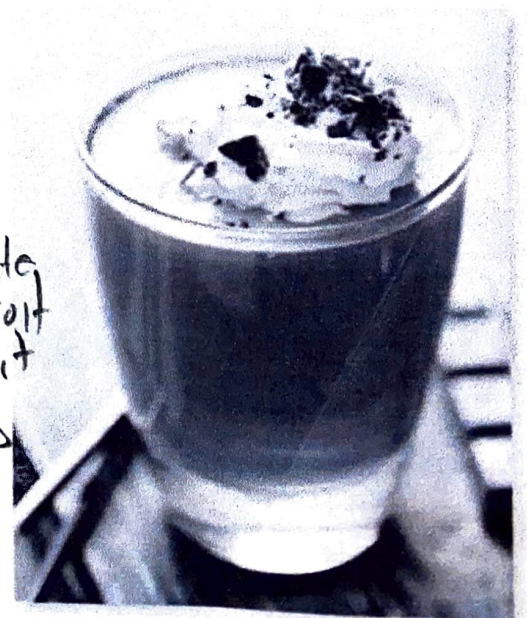
4. I sometimes make drinks with chocolate

5. Family often make drinks with fruit

6. I hardly ever make drinks with fruit

7. I sometimes make drinks with lemon

8. _____



7

Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

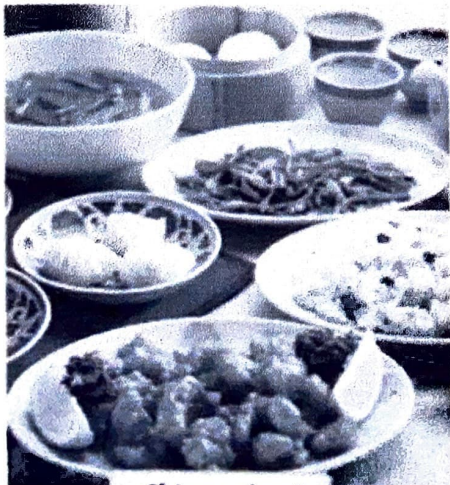
never hardly ever sometimes often usually always

1. cheese I hardly ever have cheese for dinner.
2. milk I sometimes have milk dinner
3. coffee I always drink coffee dinner
4. eggs I sometimes have eggs for dinner
5. beef I hardly ever have beef for dinner
6. rice I sometimes have rice for dinner
7. beans I hardly ever have beans for dinner
8. cereal I sometimes have cereal for dinner

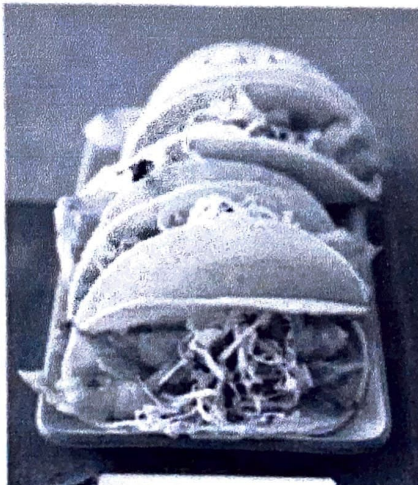
8

Answer the questions with your own information.

1. What's your favorite kind of food?
mole chicken
2. What's your favorite restaurant?
fito
3. What do you usually have at your favorite restaurant?
drink fruit
4. Do you ever cook?
yes
5. What's your favorite snack?
mexican food



Chinese food



Mexican food



Italian food