

UNIVERSIDAD DEL SURESTE

ALUMNO: JUAN DANIEL VAZQUEZ JIMENEZ

DOCENTE: DRA PAULINA JUARES RODAS

MATERIA: NUTRICION

ACTIVIDAD

EJERCICIOS PARA PLATAFORMA

LICESIATURA EN MEDICINA HUMANA

TAPACHULA DE ORDOÑEZ A 17 DE NOVIEMBRE DEL 2022

Problemas Comunitarios de Matemática

- Situación tecnológica y socialización
- La tecnología es la base del trabajo
- Desarrollo del pensamiento
- Necesidad del lenguaje técnico
- La vida del niño
- Necesidad de aprender a aprender
- Necesidad de aprender a aprender
- Los niños aprenden de la experiencia cotidiana a través de la vida
- La tecnología involucra para estos niños
- Necesidad de aprender a aprender
- Necesidad de aprender a aprender

Desarrollar el pensamiento de vida la vida es aprender para el progreso y la vida mejorada

Desarrollar los primeros pasos de la tecnología el niño aprende sus conocimientos

• Existe una vinculación interdisciplinaria de la tecnología de manera que se desarrolle de un

• Preparar el Organismo de los niños de un

• Se consigue de la tecnología con paciencia en el niño

Problemas Comunitarios de Matemática

Sexo: 50
 Talla: 163
 Edad: 43

$655.49 \times 2.971 = 1946.40$
 $1.46 \times 32 = 46.72$
 $671.15 \times 2.971 = 1994.42$
 $1.46 \times 32 = 46.72$
 $685.81 \times 2.971 = 2027.44$
 $1.46 \times 32 = 46.72$
 $699.97 \times 2.971 = 2060.46$
 $1.46 \times 32 = 46.72$
 $714.13 \times 2.971 = 2093.48$
 $1.46 \times 32 = 46.72$
 $728.29 \times 2.971 = 2126.50$
 $1.46 \times 32 = 46.72$
 $742.45 \times 2.971 = 2159.52$
 $1.46 \times 32 = 46.72$
 $756.61 \times 2.971 = 2192.54$
 $1.46 \times 32 = 46.72$
 $770.77 \times 2.971 = 2225.56$
 $1.46 \times 32 = 46.72$
 $784.93 \times 2.971 = 2258.58$
 $1.46 \times 32 = 46.72$
 $799.09 \times 2.971 = 2291.60$
 $1.46 \times 32 = 46.72$
 $813.25 \times 2.971 = 2324.62$
 $1.46 \times 32 = 46.72$
 $827.41 \times 2.971 = 2357.64$
 $1.46 \times 32 = 46.72$
 $841.57 \times 2.971 = 2390.66$
 $1.46 \times 32 = 46.72$
 $855.73 \times 2.971 = 2423.68$
 $1.46 \times 32 = 46.72$
 $869.89 \times 2.971 = 2456.70$
 $1.46 \times 32 = 46.72$
 $884.05 \times 2.971 = 2489.72$
 $1.46 \times 32 = 46.72$
 $898.21 \times 2.971 = 2522.74$
 $1.46 \times 32 = 46.72$
 $912.37 \times 2.971 = 2555.76$
 $1.46 \times 32 = 46.72$
 $926.53 \times 2.971 = 2588.78$
 $1.46 \times 32 = 46.72$
 $940.69 \times 2.971 = 2621.80$
 $1.46 \times 32 = 46.72$
 $954.85 \times 2.971 = 2654.82$
 $1.46 \times 32 = 46.72$
 $969.01 \times 2.971 = 2687.84$
 $1.46 \times 32 = 46.72$
 $983.17 \times 2.971 = 2720.86$
 $1.46 \times 32 = 46.72$
 $997.33 \times 2.971 = 2753.88$
 $1.46 \times 32 = 46.72$
 $1011.49 \times 2.971 = 2786.90$
 $1.46 \times 32 = 46.72$
 $1025.65 \times 2.971 = 2819.92$
 $1.46 \times 32 = 46.72$
 $1039.81 \times 2.971 = 2852.94$
 $1.46 \times 32 = 46.72$
 $1053.97 \times 2.971 = 2885.96$
 $1.46 \times 32 = 46.72$
 $1068.13 \times 2.971 = 2918.98$
 $1.46 \times 32 = 46.72$
 $1082.29 \times 2.971 = 2952.00$
 $1.46 \times 32 = 46.72$
 $1096.45 \times 2.971 = 2985.02$
 $1.46 \times 32 = 46.72$
 $1110.61 \times 2.971 = 3018.04$
 $1.46 \times 32 = 46.72$
 $1124.77 \times 2.971 = 3051.06$
 $1.46 \times 32 = 46.72$
 $1138.93 \times 2.971 = 3084.08$
 $1.46 \times 32 = 46.72$
 $1153.09 \times 2.971 = 3117.10$
 $1.46 \times 32 = 46.72$
 $1167.25 \times 2.971 = 3150.12$
 $1.46 \times 32 = 46.72$
 $1181.41 \times 2.971 = 3183.14$
 $1.46 \times 32 = 46.72$
 $1195.57 \times 2.971 = 3216.16$
 $1.46 \times 32 = 46.72$
 $1209.73 \times 2.971 = 3249.18$
 $1.46 \times 32 = 46.72$
 $1223.89 \times 2.971 = 3282.20$
 $1.46 \times 32 = 46.72$
 $1238.05 \times 2.971 = 3315.22$
 $1.46 \times 32 = 46.72$
 $1252.21 \times 2.971 = 3348.24$
 $1.46 \times 32 = 46.72$
 $1266.37 \times 2.971 = 3381.26$
 $1.46 \times 32 = 46.72$
 $1280.53 \times 2.971 = 3414.28$
 $1.46 \times 32 = 46.72$
 $1294.69 \times 2.971 = 3447.30$
 $1.46 \times 32 = 46.72$
 $1308.85 \times 2.971 = 3480.32$
 $1.46 \times 32 = 46.72$
 $1323.01 \times 2.971 = 3513.34$
 $1.46 \times 32 = 46.72$
 $1337.17 \times 2.971 = 3546.36$
 $1.46 \times 32 = 46.72$
 $1351.33 \times 2.971 = 3579.38$
 $1.46 \times 32 = 46.72$
 $1365.49 \times 2.971 = 3612.40$
 $1.46 \times 32 = 46.72$
 $1379.65 \times 2.971 = 3645.42$
 $1.46 \times 32 = 46.72$
 $1393.81 \times 2.971 = 3678.44$
 $1.46 \times 32 = 46.72$
 $1407.97 \times 2.971 = 3711.46$
 $1.46 \times 32 = 46.72$
 $1422.13 \times 2.971 = 3744.48$
 $1.46 \times 32 = 46.72$
 $1436.29 \times 2.971 = 3777.50$
 $1.46 \times 32 = 46.72$
 $1450.45 \times 2.971 = 3810.52$
 $1.46 \times 32 = 46.72$
 $1464.61 \times 2.971 = 3843.54$
 $1.46 \times 32 = 46.72$
 $1478.77 \times 2.971 = 3876.56$
 $1.46 \times 32 = 46.72$
 $1492.93 \times 2.971 = 3909.58$
 $1.46 \times 32 = 46.72$
 $1507.09 \times 2.971 = 3942.60$
 $1.46 \times 32 = 46.72$
 $1521.25 \times 2.971 = 3975.62$
 $1.46 \times 32 = 46.72$
 $1535.41 \times 2.971 = 4008.64$
 $1.46 \times 32 = 46.72$
 $1549.57 \times 2.971 = 4041.66$
 $1.46 \times 32 = 46.72$
 $1563.73 \times 2.971 = 4074.68$
 $1.46 \times 32 = 46.72$
 $1577.89 \times 2.971 = 4107.70$
 $1.46 \times 32 = 46.72$
 $1592.05 \times 2.971 = 4140.72$
 $1.46 \times 32 = 46.72$
 $1606.21 \times 2.971 = 4173.74$
 $1.46 \times 32 = 46.72$
 $1620.37 \times 2.971 = 4206.76$
 $1.46 \times 32 = 46.72$
 $1634.53 \times 2.971 = 4239.78$
 $1.46 \times 32 = 46.72$
 $1648.69 \times 2.971 = 4272.80$
 $1.46 \times 32 = 46.72$
 $1662.85 \times 2.971 = 4305.82$
 $1.46 \times 32 = 46.72$
 $1677.01 \times 2.971 = 4338.84$
 $1.46 \times 32 = 46.72$
 $1691.17 \times 2.971 = 4371.86$
 $1.46 \times 32 = 46.72$
 $1705.33 \times 2.971 = 4404.88$
 $1.46 \times 32 = 46.72$
 $1719.49 \times 2.971 = 4437.90$
 $1.46 \times 32 = 46.72$
 $1733.65 \times 2.971 = 4470.92$
 $1.46 \times 32 = 46.72$
 $1747.81 \times 2.971 = 4503.94$
 $1.46 \times 32 = 46.72$
 $1761.97 \times 2.971 = 4536.96$
 $1.46 \times 32 = 46.72$
 $1776.13 \times 2.971 = 4569.98$
 $1.46 \times 32 = 46.72$
 $1790.29 \times 2.971 = 4603.00$
 $1.46 \times 32 = 46.72$
 $1804.45 \times 2.971 = 4636.02$
 $1.46 \times 32 = 46.72$
 $1818.61 \times 2.971 = 4669.04$
 $1.46 \times 32 = 46.72$
 $1832.77 \times 2.971 = 4702.06$
 $1.46 \times 32 = 46.72$
 $1846.93 \times 2.971 = 4735.08$
 $1.46 \times 32 = 46.72$
 $1861.09 \times 2.971 = 4768.10$
 $1.46 \times 32 = 46.72$
 $1875.25 \times 2.971 = 4801.12$
 $1.46 \times 32 = 46.72$
 $1889.41 \times 2.971 = 4834.14$
 $1.46 \times 32 = 46.72$
 $1903.57 \times 2.971 = 4867.16$
 $1.46 \times 32 = 46.72$
 $1917.73 \times 2.971 = 4900.18$
 $1.46 \times 32 = 46.72$
 $1931.89 \times 2.971 = 4933.20$
 $1.46 \times 32 = 46.72$
 $1946.05 \times 2.971 = 4966.22$
 $1.46 \times 32 = 46.72$
 $1960.21 \times 2.971 = 4999.24$
 $1.46 \times 32 = 46.72$
 $1974.37 \times 2.971 = 5032.26$
 $1.46 \times 32 = 46.72$
 $1988.53 \times 2.971 = 5065.28$
 $1.46 \times 32 = 46.72$
 $2002.69 \times 2.971 = 5098.30$
 $1.46 \times 32 = 46.72$
 $2016.85 \times 2.971 = 5131.32$
 $1.46 \times 32 = 46.72$
 $2031.01 \times 2.971 = 5164.34$
 $1.46 \times 32 = 46.72$
 $2045.17 \times 2.971 = 5197.36$
 $1.46 \times 32 = 46.72$
 $2059.33 \times 2.971 = 5230.38$
 $1.46 \times 32 = 46.72$
 $2073.49 \times 2.971 = 5263.40$
 $1.46 \times 32 = 46.72$
 $2087.65 \times 2.971 = 5296.42$
 $1.46 \times 32 = 46.72$
 $2101.81 \times 2.971 = 5329.44$
 $1.46 \times 32 = 46.72$
 $2115.97 \times 2.971 = 5362.46$
 $1.46 \times 32 = 46.72$
 $2130.13 \times 2.971 = 5395.48$
 $1.46 \times 32 = 46.72$
 $2144.29 \times 2.971 = 5428.50$
 $1.46 \times 32 = 46.72$
 $2158.45 \times 2.971 = 5461.52$
 $1.46 \times 32 = 46.72$
 $2172.61 \times 2.971 = 5494.54$
 $1.46 \times 32 = 46.72$
 $2186.77 \times 2.971 = 5527.56$
 $1.46 \times 32 = 46.72$
 $2200.93 \times 2.971 = 5560.58$
 $1.46 \times 32 = 46.72$
 $2215.09 \times 2.971 = 5593.60$
 $1.46 \times 32 = 46.72$
 $2229.25 \times 2.971 = 5626.62$
 $1.46 \times 32 = 46.72$
 $2243.41 \times 2.971 = 5659.64$
 $1.46 \times 32 = 46.72$
 $2257.57 \times 2.971 = 5692.66$
 $1.46 \times 32 = 46.72$
 $2271.73 \times 2.971 = 5725.68$
 $1.46 \times 32 = 46.72$
 $2285.89 \times 2.971 = 5758.70$
 $1.46 \times 32 = 46.72$
 $2300.05 \times 2.971 = 5791.72$
 $1.46 \times 32 = 46.72$
 $2314.21 \times 2.971 = 5824.74$
 $1.46 \times 32 = 46.72$
 $2328.37 \times 2.971 = 5857.76$
 $1.46 \times 32 = 46.72$
 $2342.53 \times 2.971 = 5890.78$
 $1.46 \times 32 = 46.72$
 $2356.69 \times 2.971 = 5923.80$
 $1.46 \times 32 = 46.72$
 $2370.85 \times 2.971 = 5956.82$
 $1.46 \times 32 = 46.72$
 $2385.01 \times 2.971 = 5989.84$
 $1.46 \times 32 = 46.72$
 $2399.17 \times 2.971 = 6022.86$
 $1.46 \times 32 = 46.72$
 $2413.33 \times 2.971 = 6055.88$
 $1.46 \times 32 = 46.72$
 $2427.49 \times 2.971 = 6088.90$
 $1.46 \times 32 = 46.72$
 $2441.65 \times 2.971 = 6121.92$
 $1.46 \times 32 = 46.72$
 $2455.81 \times 2.971 = 6154.94$
 $1.46 \times 32 = 46.72$
 $2469.97 \times 2.971 = 6187.96$
 $1.46 \times 32 = 46.72$
 $2484.13 \times 2.971 = 6220.98$
 $1.46 \times 32 = 46.72$
 $2498.29 \times 2.971 = 6254.00$
 $1.46 \times 32 = 46.72$
 $2512.45 \times 2.971 = 6287.02$
 $1.46 \times 32 = 46.72$
 $2526.61 \times 2.971 = 6320.04$
 $1.46 \times 32 = 46.72$
 $2540.77 \times 2.971 = 6353.06$
 $1.46 \times 32 = 46.72$
 $2554.93 \times 2.971 = 6386.08$
 $1.46 \times 32 = 46.72$
 $2569.09 \times 2.971 = 6419.10$
 $1.46 \times 32 = 46.72$
 $2583.25 \times 2.971 = 6452.12$
 $1.46 \times 32 = 46.72$
 $2597.41 \times 2.971 = 6485.14$
 $1.46 \times 32 = 46.72$
 $2611.57 \times 2.971 = 6518.16$
 $1.46 \times 32 = 46.72$
 $2625.73 \times 2.971 = 6551.18$
 $1.46 \times 32 = 46.72$
 $2639.89 \times 2.971 = 6584.20$
 $1.46 \times 32 = 46.72$
 $2654.05 \times 2.971 = 6617.22$
 $1.46 \times 32 = 46.72$
 $2668.21 \times 2.971 = 6650.24$
 $1.46 \times 32 = 46.72$
 $2682.37 \times 2.971 = 6683.26$
 $1.46 \times 32 = 46.72$
 $2696.53 \times 2.971 = 6716.28$
 $1.46 \times 32 = 46.72$
 $2710.69 \times 2.971 = 6749.30$
 $1.46 \times 32 = 46.72$
 $2724.85 \times 2.971 = 6782.32$
 $1.46 \times 32 = 46.72$
 $2739.01 \times 2.971 = 6815.34$
 $1.46 \times 32 = 46.72$
 $2753.17 \times 2.971 = 6848.36$
 $1.46 \times 32 = 46.72$
 $2767.33 \times 2.971 = 6881.38$
 $1.46 \times 32 = 46.72$
 $2781.49 \times 2.971 = 6914.40$
 $1.46 \times 32 = 46.72$
 $2795.65 \times 2.971 = 6947.42$
 $1.46 \times 32 = 46.72$
 $2809.81 \times 2.971 = 6980.44$
 $1.46 \times 32 = 46.72$
 $2823.97 \times 2.971 = 7013.46$
 $1.46 \times 32 = 46.72$
 $2838.13 \times 2.971 = 7046.48$
 $1.46 \times 32 = 46.72$
 $2852.29 \times 2.971 = 7079.50$
 $1.46 \times 32 = 46.72$
 $2866.45 \times 2.971 = 7112.52$
 $1.46 \times 32 = 46.72$
 $2880.61 \times 2.971 = 7145.54$
 $1.46 \times 32 = 46.72$
 $2894.77 \times 2.971 = 7178.56$
 $1.46 \times 32 = 46.72$
 $2908.93 \times 2.971 = 7211.58$
 $1.46 \times 32 = 46.72$
 $2923.09 \times 2.971 = 7244.60$
 $1.46 \times 32 = 46.72$
 $2937.25 \times 2.971 = 7277.62$
 $1.46 \times 32 = 46.72$
 $2951.41 \times 2.971 = 7310.64$
 $1.46 \times 32 = 46.72$
 $2965.57 \times 2.971 = 7343.66$
 $1.46 \times 32 = 46.72$
 $2979.73 \times 2.971 = 7376.68$
 $1.46 \times 32 = 46.72$
 $2993.89 \times 2.971 = 7409.70$
 $1.46 \times 32 = 46.72$
 $3008.05 \times 2.971 = 7442.72$
 $1.46 \times 32 = 46.72$
 $3022.21 \times 2.971 = 7475.74$
 $1.46 \times 32 = 46.72$
 $3036.37 \times 2.971 = 7508.76$
 $1.46 \times 32 = 46.72$
 $3050.53 \times 2.971 = 7541.78$
 $1.46 \times 32 = 46.72$
 $3064.69 \times 2.971 = 7574.80$
 $1.46 \times 32 = 46.72$
 $3078.85 \times 2.971 = 7607.82$
 $1.46 \times 32 = 46.72$
 $3093.01 \times 2.971 = 7640.84$
 $1.46 \times 32 = 46.72$
 $3107.17 \times 2.971 = 7673.86$
 $1.46 \times 32 = 46.72$
 $3121.33 \times 2.971 = 7706.88$
 $1.46 \times 32 = 46.72$
 $3135.49 \times 2.971 = 7739.90$
 $1.46 \times 32 = 46.72$
 $3149.65 \times 2.971 = 7772.92$
 $1.46 \times 32 = 46.72$
 $3163.81 \times 2.971 = 7805.94$
 $1.46 \times 32 = 46.72$
 $3177.97 \times 2.971 = 7838.96$
 $1.46 \times 32 = 46.72$
 $3192.13 \times 2.971 = 7871.98$
 $1.46 \times 32 = 46.72$
 $3206.29 \times 2.971 = 7905.00$
 $1.46 \times 32 = 46.72$
 $3220.45 \times 2.971 = 7938.02$
 $1.46 \times 32 = 46.72$
 $3234.61 \times 2.971 = 7971.04$
 $1.46 \times 32 = 46.72$
 $3248.77 \times 2.971 = 8004.06$
 $1.46 \times 32 = 46.72$
 $3262.93 \times 2.971 = 8037.08$
 $1.46 \times 32 = 46.72$
 $3277.09 \times 2.971 = 8070.10$
 $1.46 \times 32 = 46.72$
 $3291.25 \times 2.971 = 8103.12$
 $1.46 \times 32 = 46.72$
 $3305.41 \times 2.971 = 8136.14$
 $1.46 \times 32 = 46.72$
 $3319.57 \times 2.971 = 8169.16$
 $1.46 \times 32 = 46.72$
 $3333.73 \times 2.971 = 8202.18$
 $1.46 \times 32 = 46.72$
 $3347.89 \times 2.971 = 8235.20$
 $1.46 \times 32 = 46.72$
 $3362.05 \times 2.971 = 8268.22$
 $1.46 \times 32 = 46.72$
 $3376.21 \times 2.971 = 8301.24$
 $1.46 \times 32 = 46.72$
 $3390.37 \times 2.971 = 8334.26$
 $1.46 \times 32 = 46.72$
 $3404.53 \times 2.971 = 8367.28$
 $1.46 \times 32 = 46.72$
 $3418.69 \times 2.971 = 8400.30$
 $1.46 \times 32 = 46.72$
 $3432.85 \times 2.971 = 8433.32$
 $1.46 \times 32 = 46.72$
 $3447.01 \times 2.971 = 8466.34$
 $1.46 \times 32 = 46.72$
 $3461.17 \times 2.971 = 8499.36$
 $1.46 \times 32 = 46.72$
 $3475.33 \times 2.971 = 8532.38$
 $1.46 \times 32 = 46.72$
 $3489.49 \times 2.971 = 8565.40$
 $1.46 \times 32 = 46.72$
 $3503.65 \times 2.971 = 8598.42$
 $1.46 \times 32 = 46.72$
 $3517.81 \times 2.971 = 8631.44$
 $1.46 \times 32 = 46.72$
 $3531.97 \times 2.971 = 8664.46$
 $1.46 \times 32 = 46.72$
 $3546.13 \times 2.971 = 8697.48$
 $1.46 \times 32 = 46.72$
 $3560.29 \times 2.971 = 8730.50$
 $1.46 \times 32 = 46.72$
 $3574.45 \times 2.971 = 8763.52$
 $1.46 \times 32 = 46.72$
 3

FORMULAS MUTACION

✓ $H_{GEB} = 655.1 + 9.6 \text{ (PESO)} + 1.85 \text{ (TALLA CM)} - 4.68 \text{ (EDAD)}$

✓ $H_{GEB} = 66.5 + 13.75 \text{ (PESO)} + 5.08 \text{ (TALLA CM)} - 6.78 \text{ (EDAD)}$

- IMC
- DN (Desnutrición) - 35% ACT. FISICA
 - BP (Bajo peso) - 30%
 - N (Normal) - 30 (20%)
 - SBP (Sobrepeso) - 20%
 - OB (Obesidad) - 10%

ACTE ETA =

$GEB + ACTIVIDAD F + ETA = GET$

ACT. F. = MULTIPLICAR % POR GEB
 ETA = MULTIPLICAR % POR GEB.

mm
24/10/22

PESO / TALLA² } IMC FORM

Sexo: HOMBRE
 PESO: 47.7 KG
 TALLA: 1.65 MTS
 EDAD: 58 AÑOS

$66.5 + 13.75(47.7) + 5.08(165) - 6.78(58)$

$IMC = \frac{P}{T^2} \Rightarrow 17.5 = D$

$GEB = 1.067 \cdot 335$

GEB
 GET.

$AT = 350 \cdot 19$
 $ETA = 116 \cdot 733 = 1634.25$

Efecto Termogénesis de Alimentos